

# Tessa And Scott Our Journey From Childhood Dream To Gold

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## WALSH JOVANI

Joseph V Coniglio SKIN SIDE Down Seal Press  
 "Say Not What If" is a nearly 10,000 word story written as a long rhyming poem. It is about a man on death row, and has as its theme the concept that time is our most valuable commodity. As someone once said, "waste anything but time, because we really are promised no tomorrows." This theme is explored through the life of a man who sacrifices his marriage and everything else for his career. He realizes much too late the terrible consequences of this decision, and then desperately tries to regain those lost years by making a much worse choice. The resolution of this latter choice involves an additional examination of the concepts of accountability and responsibility, redemption, and the morality of the death penalty. The story has a better than average rating of 4/5 stars on Goodreads and Amazon. There are currently fifty-six ratings and forty-one written reviews on Goodreads at <http://www.goodreads.com/book/show/12788920-say-not-what-if>. Another thirteen ratings and reviews are on Amazon. Reviewers have described the story as "exceptional," "amazing," "incredibly

special," "borderline genius," "a lyrical masterpiece," "gripping and compelling," "thought provoking," and a "beautifully written piece of literature." Many enjoyed the story so much that they intend to share it with their family and friends. I have never seen a story written in this format. It has characters and dialogue just like a regular story, and is extremely easy to read and understand, regardless of whether you have a GED or a PHD. You should therefore not be concerned that the format makes the story hard to understand. Many reviewers had the same initial concern, but then pleasantly discovered that the story is very easy to follow. But you can further allay any such fears by reading the first few pages of the story on my website, [www.ascensionenterprise.com](http://www.ascensionenterprise.com). This story will tear at your soul. As many of the reviewers said, it only requires an hour or so to read, but will keep you thinking about its message long after you are finished. Time is quintessentially important and valuable. Who knows how much time anyone has? Would you trade ten or even five years of your life for a million dollars? The story can be purchased from many booksellers, including Amazon and Barnes & Noble. It can also be purchased for only 0.99 as an ebook for Kindle. Best wishes and good luck in all your reading endeavors.

*I Am Luca* Independent Publisher

Resilience is largely an exercise of mindset and mindfulness, of perspective and persistence, of ways of thinking and of will. Inside, you will find personal stories and their lessons that are intended to help anyone who is struggling with a personal test or dealing with loss.

*Breaking the Cycle of Defeat* Haus Publishing

At approximately 09.00hrs on the 15th June 1996, an unassuming white lorry was parked on Corporation Street in the city centre of Manchester, England; it contained over 3000 pounds of high explosive. At 11.15hrs the same day, Manchester witnessed the detonation of the largest device on the British mainland since the second World War ... The Irish Republican Army claimed responsibility for the attack. Based around actual events, LETTERBOX tells the story of Liam Connor, an ordinary boy brought up in Manchester by a seemingly ordinary family. He goes to the local school, loves football and has a best friend called Sean ... an ordinary life! Unbeknown to Liam, his father, Michael Connor, harbors a dark historic secret, following a life a lot less ordinary ... as a furtive, yet high ranking soldier within the IRA. As a result of extraordinary circumstances, Liam's innocent and carefree world is shattered when he is exposed to the truth about his family's heritage and then learns about the tragic death of his father at the hands of the SAS. Consumed with both hate and the need to seek retribution, Liam is taken to Ireland where he is intensively trained to become a highly skilled and efficient soldier within the Irish Republican Army ... He is 16 years old! Some years later, following the drug-induced death of his beloved sister, Liam is given the opportunity to exact his revenge on those he believed should truly be blamed for the tragedies in his life ... The British Government! Thus, on the 15th June 1996, it was Liam's responsibility to drive the bomb laden lorry into the unsuspecting city of Manchester and let the voice of the IRA be clearly heard ... And listened to!!

*Slim and None* Fantagraphics Books

One week is all we were supposed to share. One week as strangers. All the things you did differently irked me. I thought it meant we couldn't get along, that there was no chance we'd work out. But when it came time for me to leave, you know what I figured out? You were my echo. My call back. And damn it if I didn't find home in the end.

**The Egg Cookbook** Pearson UK

WHEN IT COMES TO LOVE, SOMETIMES IT TAKES THE HEAD YEARS TO DISCOVER WHAT THE HEART HAS ALWAYS KNOWN  
When Forbes Branson was a young man ready for something new. A senior in high school, he was the golden boy. Heir to a fortune, he knew what his life was going to be. But he wanted adventure first. A year to do what he wanted, where he wanted before college. An unexpected betrayal would change everything. Sophie Lipton was fifteen the first time she set foot on the Branson ranch. Dragged from one place to another, never having more than one pair of shoes or enough to eat, the moment she saw the wide open spaces, she felt she could breathe for the first time in her life. It was the home she always dreamed of. But her happiness came at a price. To stay in her new home, Sophie had to keep somebody else's lies. Lies that would eventually tear apart a family. And tear apart her friendship with Forbes. Coming home is never easy-especially after twelve years. Forbes isn't the same young man. He found his adventure-and more. Weary, he's ready to settle into a slower, calmer life. Working on his family's ranch and taking the job as Chief of Police sounds like a piece of cake after the things he had seen and done. Sophie isn't the quiet girl Forbes remembers. She's grown into a strong, confident woman. A woman used to being in charge. The Branson ranch is her territory now. If Forbes thinks he's going to waltz back in and

take over, he's going to find out fast that Sophie is no pushover. Twelve years ago, they shared one goodbye kiss. More sweet than passionate. Now, as adults it's a whole new game. The attraction between them is undeniable. Just as they begin to move forward, the past has other ideas. Secrets rarely stay buried forever. Lies. Betrayal. Maybe even murder. Before Forbes and Sophie can think about the future, they will need to deal with the past. Together.

[My Faith Walk: Overcoming Grief to Finding Joy in the Journey](#)  
Createspace Independent Pub

A duke pretending to be a butler and a very suspicious spinster realize that choosing love isn't as easy as one might think... "The loser must perform butler duties for the winner throughout the Season this spring." The Duke of Blackheart should never have accepted the wager. A foolish drunken night of games had led to an uncomfortable promise, but after considerable planning and a good deal of delegating, he'd found the charade almost too easy... Or so he'd thought, until Lord Greystone's spinster cousin arrives, lips pinched in disapproval, eyes filled with suspicion, with the potential to spoil everything. Miss Violet Faraday had come to London for one reason only—to assist in launching her niece into society. She did not come in hopes of landing a husband for herself, nor had she expected to come face to face with her tragic past. Most of all, she had not planned on becoming extraordinarily fascinated with Mr. Cockfield, her cousin's charming, arrogant, and ridiculously good-looking butler. He is a servant and she is a lady... anything beyond a mild flirtation can only lead to heartbreak...

*Kids Activity Book ( Activity Book for Preschool)*- Createspace Independent Publishing Platform

We've all been there. EVERYONE knows someone who has had their share of binge drinking, mood swings, or addiction that has stretched a relationship to its limits. Dr. Melissa Tate is a popular psychology consultant and licensed professional counselor who takes you on a personal journey of self-disclosure and transparency. Often described as an easy going, juggling-it-all, classy and professional single mom, you would be remiss to assume she has always had it all. Vicariously stuck on the emotional roller coaster of her loved ones' mental instability and self-medicating, addictive behaviors, she has had to literally and figuratively pick herself up from some raw and shocking situations. Through two failed marriages and a shattered sibling bond, she gives you a front row seat to her internal struggle as a blind passenger. A memoir-esque snapshot of these three relationships is used as a platform for broader, often under-discussed, therapeutic conversations about domestic violence and addiction in the family system. And she gets it. She knows how you feel and where you've been-not merely because she has read about it or counseled people through it-because she has lived it. In being transparent about her intimate experiences with broken relationships, Dr. Tate is able to provide a personal and professional insight for regaining your peace of mind amidst a wild ride.

[Growing Up in the 1960s](#) Futureword Publishing LLC

Becoming Jen is a hilariously truthful tale of one woman's journey from being newlywed to newly mommy. Using delicious recipes and awe-inspiring stories, she takes you on a journey through glorious Saturdays lounging in bed, to being woken up in the middle of the night by tiny ninjas. Whether you're about to become a parent, or you just want to laugh and discover some scrumptious recipes, this book will have you snorting water from your nose and wondering what story she'll tell next.

**My Journey Up Kilimanjaro at 300 Pounds** Tessa and Scott  
Our Journey from Childhood Dream to Gold

You've finally reached the pivotal moment in your life to get clean

and sober. I welcome you to join me as I share my quest for addiction recovery and sobriety. This book is hopeful and encouraging. It is a must read for the fellow addict that deserves a new chapter in life. I wrote this book with the burning desire and a passion for reaching out to fellow addicts as a resource for them to possibly utilize some of my experiences and methods for recovery and relapse prevention. The book encompasses my life journey from my early teen years into adulthood as an addict, which details some of the painful aspects that encouraged me to turn to substance abuse as a coping mechanism. This book also alludes to my experience with the recovery process which I share many of the self-researched and time-tested techniques that helped me cultivate my successful rehabilitation process. Addiction exerts a long and powerful influence on the brain that manifests in three distinct ways: craving for the object of addiction, loss of control over its use, and continuing involvement with it despite adverse consequences. While overcoming addiction is possible, the process is often long, slow, and complicated. The word "addiction" is derived from a Latin term for "enslaved by" or "bound to." Anyone who has struggled to overcome an addiction - or has tried to help someone else to do so - understands why, and ultimately, we can understand that addiction is a "dis-ease". From my experience, addiction is also a disease of isolation. The question of whether addiction is a disease or not has perplexed clinicians and scholars and researchers for decades. At one point, addiction was easily called the disease. At other points in time, there was considerable debate about how to classify these phenomena. I think it's best to talk about the disease of addiction. The word "addiction" is derived from a Latin term for "enslaved by" or "bound to." Anyone who has struggled to overcome an addiction - or has tried to help someone else to do so - understands why, and ultimately, we can understand that addiction is a "dis-ease". From my experience, addiction is also a disease of isolation. The question of whether addiction is a disease or not has perplexed clinicians and scholars and researchers for decades. At one point, addiction was easily called the disease. At other points in time, there was considerable debate about how to classify these phenomena. I think it's best to talk about the disease of addiction. My story is like so many others who chose to foolishly abuse alcohol and drugs...most of us were unaware that we had these addictions that are conveniently labeled as a "disease." However, the fact is that each one of us is a unique individual with our own story to tell. Usually, the suffering alcoholic/ addict hits a point called "rock bottom" in their lives where they choose to get better or turn for the worse. When this happens, life-changing events usually transpire to test the person's character and integrity. Hitting "rock bottom" was my personal alarm clock for realizing I had a serious substance abuse problem. There was a defining moment in my life that turned a page, sending me in a new direction. Making the transition from being actively addicted to being in recovery is a complex physical and psychological process. There is a lot to learn in recovery and we have to make a lot of changes internally and externally. Writing this book has given me a wholesome and hopeful perspective on life and the world we live in. I find that I spend more time embraced in bold prayer and meditation which grants me the influence to believe in miracles for others. I trust that there are great people in this world that contribute to making a significant difference, consequently making the world a better place for all of us to live in. Composing this book was my contribution to 'pay it forward' in a positive way. I am honored.

Two Walls and a Roof WestBow Press

From his start as an owner in the World Hockey Association at the age of 28 ("slim and none" was a Boston sportswriter's

assessment of Howard's chances when he was first awarded the New England Whalers franchise), to winning the Stanley Cup with the Pittsburgh Penguins and then on to Hollywood success, sports entrepreneur and film producer Howard Baldwin recounts his spirited and hugely entertaining life story. Howard Baldwin has lived his life according to his belief that the life best-lived is one in which we pursue our heart's desire. He never met a challenge he couldn't beat. Beginning with his move at the age of twenty-eight from an entry-level position in the ticket office of the Philadelphia Flyers to acquiring and building his own WHA franchise in New England, Howard has built an impressive reputation as a pioneer — and a maverick — in the world of professional hockey. As President of the WHA, Baldwin led the merger with the NHL, and then later became a key figure in the expansion of North American hockey into Russia. Topping his journey in hockey off with a stint as chairman of the Pittsburgh Penguins, he then moved successfully into the film industry, producing a number of outstanding films including the Academy-Award winning *Ray*. *Slim and None* is a story of perseverance, persistence, and ultimately, personal fulfilment. Baldwin and Milton have crafted an intimate portrait of a life within hockey spanning from the rebellious 1970s to the tumultuous 1990s and beyond into the exciting world of the movies.

Reflection House of Anansi

Preschoolers will have hours of fun with this activity-packed book. There are puzzles to complete, simple mathematics, find objects, alphabets and more. A great way for kids to learn while having fun.

Arcadia Publishing

Mechanic Leigh, recounts the tales of a precocious boy growing up in the 1960s. He is writing his memoirs - memories, as he calls them - with my help, the Ghost Writer. With a glib tongue and a sharp mind, Leigh embellishes his tales and creates a more acceptable world with himself, as the star. In doing so, he rewards us with belly laughs. He and his friends amuse themselves through escapades filled with mischief, defiance and hilarity - tonics to soothe the harsh realities of their desperately meager surroundings. His memoirs, sorry memories, fill us with a laugh a minute. As Leigh, living in his past, relates the stories, he engages me in the present. We banter, argue and laugh, crossing the time zones with seamless and boisterous ease. The dialogue is in script format and each episode is a standalone with a fine thread connecting and propelling the stories. Welcome to the mischievous world of Mechanic Leigh and discover a little of your youth - no matter where you grew up - in his past. I certainly did, Ghost Writer \*\*\*\*\* My turn now. This is I, ME and MYSELF, Mechanic Leigh himself. Heh! Heh! Heh! Please always ignore the Ghost Writer. He has a serious affliction. He is an adult! Yes, now you know my problem. Like all budding authors, I thought to gain inspiration, I needed to wear strange clothes, grow a beard, take long walks in the forests, climb mountains and sit at the Dalai Lama's feet. Well, they uprooted forests to build apartments and roads, and flattened hills to reclaim land from the sea. I'm too young to grow a beard, and look rather silly when I use charcoal to shade fake beard. As for the Dalai Lama, there are already too many authors crowding around his sandaled feet. Oh, yes, they said that to be a real author, I should also fight for the environment, fight for animal rights, fight poverty, fight the system, fight for peace and fight everyone. Too much fighting for my taste. Anyway, I was already fighting - for survival. So, I chose to be an un-real author, Leigh

Letters Home Createspace Independent Pub

When told "Luca, you're growing like a weed!", 2 year old Luca responds "I'm not a weed, I'm Luca". Journey with Luca as she discovers herself among all of her silly family's comparisons.

### Cocky Butler Paul Davies

The courageous story of how one American woman transcended normal. That is, she rediscovered the natural human state beneath the past trauma and conditioning of "life as we've always known it." Her transformational story is told through the inner, feminine view of a lifetime of Angel-ET visits, and numerous Kundalini-Koyopa episodes in the physical body. The nonhuman intelligence "spoke" in frequency, and informed her of humanity's evolutionary leap in consciousness at this definitive crossroads in time. She was shown that everyone is wired within to accept, integrate, and move forward with these shifts, but it is a choice. Through a unique practice of honesty and innocence, she was guided to tune into and translate the resonance which began "filling in" the bulk of what had been conditioned out of most of humanity - the feeling-knowing wisdom of the feminine. The more she adapted to her own signature frequency, the more she felt and understood the universal tones of nonhuman intelligence. It made for a challenging life of attempting to appear normal, even when each visit would wipe out her entire worldview. Ultimately, a critical fork-in-the-road decision needed to be made: Be true to herself and honest with her community about what she was experiencing and remembering; or squish back into the insane, tight masks and clothing of conditioning that we were taught to believe was "life." There is so much more. In the change of cycles, the Maya prophesied the Return of the Plumed Serpent. This story points to a 26,000 year old alignment - in both the cosmos and the human body. The Author states that words and concepts don't really matter in these high-vibratory states - because when they occur, you cannot think. It's more about adapting to high frequencies in the body, healing and releasing the past, practicing present-moment attention, and embracing wave after wave of body-mind-spirit upgrades. Through her lifetime of experiences and the resonant practices given through this field of Love, the author provides a roadmap for you to navigate this revolutionary contact within. Should you choose to grow up and out of the old matrix, this book has plenty of inspiration, pragmatic guidance, and encouragement.

*Mektar* Createspace Independent Publishing Platform

Tessa and Scott Our Journey from Childhood Dream to Gold House of Anansi

Short Tales Illustrating Why the Pun Is Mightier Than the "Sword Of" Createspace Independent Pub

Art Hilmo was a teenage boy in Norway when the Nazis invaded and began to take the Jewish families to concentration camps. Knowing their lives were at stake, Art's family decided they would risk everything to help these poor Jewish people.

**You Decide** Amazon.com

Waltzing Australia was born out of a dream-and a journey. After walking away from her corporate career, Cynthia Clampitt headed to Australia, to start over, to write, and to test the limits of what she could do. Waltzing Australia recounts that joyous adventure. It is a story about change and about making dreams

come true. But more than that, it is about Australia: the history, legends and art, both European and Aboriginal; the beauty, the challenge, the people, the land. From Sydney to Perth, Tasmania to Darwin, tropics to desert, city to wilderness, Clampitt carries the reader along on an exhilarating grand tour of a fascinating country. With a writing style reminiscent of Annie Dillard, she captures the essence of the land Down Under and invites others to fall in love with Australia.

*Hudson Valley Wine: A History of Taste & Terroir* Booksurge Publishing

The Earth is at a crossroads. Adrian Miller, one-time ruler of the modern world, reviled by many, is presumed dead. But in truth, he is quite lost, trapped on an alien world. Now finding himself with a second chance, he takes the opportunity to try and reconcile with his past, build a new future. But it soon becomes apparent that far more than his conscience is at stake if he can't. Henry Forman, beloved hero and brilliant engineer, has his new life with the woman he loves ripped swiftly out from under him before it begins. A crisis of unprecedented scale emerges. He must rise to face this challenge, as there aren't many others who will. And yet, he doubts that he can do enough to make a difference this time. Both must race against the clock if they are to rediscover who they really are, and save all of humanity from a terrible fate. Destiny may have stitched their lives in place, but strings can sometimes unravel.

**Tessa and Scott** Createspace Independent Pub

This is the story of an Irish family from Cork Ireland. It documents how they survived in the 50's and 60's and will take you on a roller coaster ride of every emotion, sometimes all on the same page. Here you will read of an inspiring mother, always encouraging her six children to laugh at life, and believe in tomorrow. She did this inspiring while battling a domineering old grandmother, and an alcoholic husband, as her children drank tea from their jam jars, and read by a candle. Its a book filled with humor, drama, and dreams that come true, culminating in the author meeting his American dream. It's said the book is like, Irish Stew for the Soul. You will feel uplifted when you finish reading a book that seems to be everyone's story.

Preside Or Lead? House of Anansi

Although it's the birthplace of American wine, Hudson Valley vintages have yet to meet with the renown of those produced by the neighboring Finger Lakes and Long Island. In the 1600s, French Huguenots arrived in the area and used their French winemaking skills to found vineyards. Benmarl is cultivating astounding varietals from a vineyard that has continuously grown grapes since 1772. Recently launched cooperative winemaking organizations have made strides in the region, and scientists at Cornell University have worked to determine the tastiest varietals and hybrids that will flourish in the challenging Hudson Valley terroir. Hudson Valley wines are at last garnering critical acclaim in mainstream national publications and restaurants. Tessa Edick and Kathleen Willcox uncover the hundreds of years, unrelenting pride, determination and ingenuity behind Hudson Valley wines.

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