

# Appalachian Trail Guide Books

Appalachian Trail Guide to New York-New Jersey  
 Backcountry Shelters, Lean-Tos, and Huts  
 Trail-Proven Advice for Hikes of Any Length  
 The Appalachian Trail  
 Celebrating America's Hiking Trail  
 Appalachian Trail Thru-Hike Planner  
 Lost on the Appalachian Trail  
 2021 the A.T. Guide  
 Appalachian Trail North Carolina-Georgia  
 Best Hikes of the Appalachian Trail: Mid-Atlantic  
 The Appalachian Trail  
 A Handbook for Hiking the Appalachian Trail  
 AWOL on the Appalachian Trail  
 One Man's Journey to Peace and Freedom on the Appalachian Trail  
 Stuff You Should Know  
 Appalachian Trail Guide to Southwest Virginia  
 The Florida Trail Guide  
 A Vintage Store, the Appalachian Trail, and a Cast of Unforgettable Characters  
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 Third Edition  
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 Appalachian Trail Guide to Central Virginia  
 How to Hike the Appalachian Trail: a Comprehensive Guide to Plan and Prepare for a Successful Thru-Hike  
 An Incomplete Compendium of Mostly Interesting Things  
 Hiking Strategies And Preparations For Appalachian Trail Guide Book  
 Appalachian Trail Guide to Massachusetts-Connecticut  
 2022 the A.T. Guide

*Appalachian Trail Guide Books*

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## BARRON AUGUST

[Appalachian Trail Guide to New York-New Jersey](#) Appalachian Trail Conference

The official guide for AT thru-hikers and section hikers

**Backcountry Shelters, Lean-Tos, and Huts** Appalachian Trail Conference

Appalachian Trail Central Virginia Guide Book Map Set

**Trail-Proven Advice for Hikes of Any Length** Appalachian Trail Conference

Since 2010, *The A.T. Guide*, a.k.a. "The Awol Guide," has been the guidebook of choice for hikes of any length on the Appalachian Trail. The book contains thousands of landmarks such as campsites, water sources, summits and gaps. The trail's elevation profile is included and every landmark is aligned to the profile. Hikers using this guide know where they are on the trail, what views, streams and campsites are ahead, and whether they'll be hiking uphill or downhill to get there. The A.T. Guide answers all of your questions about how to get rides, where to stay, and where to get supplies. There are 94 maps of towns on or near the trail showing where to find these services and detailed listings for businesses. *The A.T. Guide* is the most innovative trail guidebook ever developed.

**The Appalachian Trail** Rowman & Littlefield

*The Appalachian Trail Hiker* is a one-stop guide to preparing for and hiking the A.T. Although primarily geared to prepare and sustain the intrepid thru hiker, the book is also a must-have for anyone who wishes to experience the A.T., whether for an hour or for six months.

**Celebrating America's Hiking Trail** Amazon Publishing  
 Fourteenth Edition, 1998. Covers 174 miles from Kent, Connecticut, to Delaware Water Gap National Recreation Area on the New Jersey -- Pennsylvania line. Six four-color topographic maps with elevation profiles; scale, 1:36,000. 212 pages.  
*Appalachian Trail Thru-Hike Planner* 2021 the A.T. Guide  
 A Handbook for Hiking the Appalachian Trail Since 2010, *The A.T. Guide*, a.k.a. "The Awol Guide," has been the guidebook of choice for hikes of any length on the Appalachian Trail. The book contains thousands of landmarks such as campsites, water sources, summits and gaps. The trail's elevation profile is included and every landmark is aligned to the profile. Hikers using this guide know where they are on the trail, what views, streams and campsites are ahead, and whether they'll be hiking uphill or downhill to get there. The A.T. Guide answers all of your questions about how to get rides, where to stay, and where to get supplies. There are 94 maps of towns on or near the trail showing where to find these services and detailed listings for businesses. *The A.T.*

Guide is the most innovative trail guidebook ever

developed. *Appalachian Trail* A Comprehensive Guide to Thru-Hiking the Appalachian Trail

The official guide to the 238 miles of the Appalachian Trail from its southern terminus on Springer Mountain in Georgia (about an hour north of Atlanta) to the eastern boundary of Great Smoky Mountains National Park on the North Carolina-Tennessee border. This guidebook comes with four five-color topographic maps printed on two sheets of waterproof, tear-resistant material, for the areas south of the park and National Geographic Maps' five-color topographic map of the park, with its side trails. The route traverses wilderness areas throughout the Chattahoochee-Oconee and Nantahala national forests, as well as the park, and includes the most rugged sections of the legendary footpath south of New Hampshire and Maine. All the waterproof, tear-proof maps have scales of about one inch to one mile. The book includes detailed trail descriptions as well as information on overnight sites, water sources, natural and cultural history of the areas, and directions to trailheads. Packaged in a resealable bag for convenience on the trail. No batteries, downloads, or service reception required.  
[Lost on the Appalachian Trail](#) Colorado Mountain Club  
 The bible of A.T. hiking for almost a half-century, updated every year

*2021 the A.T. Guide* Stackpole Books

Like a well-crafted stage play, *Just Passin'* Thru delivers one suspenseful scene after another. But in this historic setting — a store on the Appalachian Trail called Mountain Crossings — the characters who show up are no fictional creations. They are the real-life stars of the author's new life as a backpack-purging, canteen-selling, hostel-running, bandage-taping, lost-child finding, argument-settling, romance-fixing, chili-making man of many faces. Like any good drama, there are the good guys (and gals) and the weirdos, too. Some show up once (and that's enough), and some appear again and again. Some are friends, and some dangerous. But all are united by two things: the author's story-capturing talent, and whatever it is that lures them to attempt (or conquer) a 2,200-mile path that climbs and plummets from Georgia to Maine.

*Appalachian Trail North Carolina-Georgia* Appalachian Trail Conference

You're About To Discover The #1 Secret To Appalachian Trail With This Comprehensive Guide to Thru-Hiking the Appalachian Trail! Every year, hundreds of thousands of people attempt a thru-hiking trip of the Appalachian Trail. However, only about 10% of these people complete the trip; about 90% just give up and go home after hiking a few miles. If you can complete the trip successfully, you are definitely a rare breed. The key to completing the trip lies in proper preparation. It has little to do with strength or energy; and everything to do with mental,

physical, and financial preparation. Further, the best way to ensure you complete the hike is to seek advice from people who have actually been there and done that. In this book, I lay out some practical advice and tips drawn from my personal experiences hiking the Appalachian Trail. These tips will help you plan adequately so that you can successfully thru-hike the Appalachian Trail. Here's just a small preview of what you'll learn... History of the Appalachian Trail Registration, Licenses and Permits Budgeting, Gear, Packing, and Pre-Hike Fitness Transportation, Arrival, and Starting Point Shelter and Accommodation Ultra-light Nutrition and Feeding And much, much more! When you purchase the "Appalachian Trail" today, you'll save \$3 off the regular price and get it for a limited time discount of only \$9.99! This discount is only available for a limited time! No questions asked, money back guarantee! Go to the top of the page and click the orange "Add To Cart" button on the right to order now! Tags: appalachian trail, appalachian trail tumbler, appalachian trail guide, appalachian trail map, the appalachian trail, appalachian trail game, appalachian trail books, appalachian trail book, appalachian trail maps, appalachian trail shirt, appalachian trail running shirt, appalachian trail accessories, appalachian trail socks, appalachian trail backpack, appalachian trail jacket, appalachian trail sticker, appalachian trail gear, appalachian trail calendar 2018, appalachian trail dvd, appalachian trail tent, appalachian trail cup, appalachian trail guidebook, national geographic appalachian trail, appalachian trail coffee mug, appalachian trail calendar, appalachian trail hat, the appalachian trail guide, appalachian trail t shirt, appalachian trail mug, appalachian trail kids, appalachian trail map poster, appalachian trail hiking, appalachian trail guide book, appalachian trail poster, the appalachian trail game, appalachian trail patch, appalachian trail sign, the appalachian trail map, appalachian trail blanket, appalachian trail water bottle, appalachian trail pack, the appalachian trail book, appalachian trail guide 2017, appalachian trail decal, appalachian trail kit, appalachian trail series, appalachian trail knife, appalachian trail marker, awol appalachian trail, appalachian trail guide 2018, appalachian trail tshirt, appalachian trail board game, appalachian trail 2017, appalachian trail map puzzle, hiking appalachian trail, appalachian trail gps, appalachian trail trucker hat, appalachian trail clothing, appalachian trail necklace, appalachian trail shirt women, appalachian trail flag, appalachian trail ornament, georgia appalachian trail, appalachian trail video, appalachian trail audiobook, appalachian trail hoodie, appalachian trail map book, appalachian trail documentary, yeti appalachian trail, appalachian trail reader, appalachian trail puzzle, northbound appalachian trail, appalachian trail folding knife, appalachian trail coffee cups, mens appalachian trail shirt, appalachian trail handbook, appalachian trail art, appalachian trail map art,

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**Best Hikes of the Appalachian Trail: Mid-Atlantic** Menasha Ridge Press

Official guidebook and maps for the Appalachian Trail in New Hampshire and Vermont, including the White Mountains and Green Mountain National Forest.

The Appalachian Trail Flatiron Books

Appalachian Trail Guide to Central Virginia contains:

**A Handbook for Hiking the Appalachian Trail** Mariner Books  
Since 2010, The A.T. Guide, a.k.a. "The Awol Guide," has been the guidebook of choice for hikes of any length on the Appalachian Trail. The book contains thousands of landmarks such as campsites, water sources, summits and gaps. The trail's elevation profile is included and every landmark is aligned to the profile. Hikers using this guide know where they are on the trail, what views, streams and campsites are ahead, and whether they'll be hiking uphill or downhill to get there. The A.T. Guide answers all of your questions about how to get rides, where to stay, and where to get supplies. There are 100 maps of towns on or near the trail showing where to find these services and detailed listings for businesses. The A.T. Guide is the most innovative trail guidebook ever developed.

*AWOL on the Appalachian Trail* Appalachian Trail Conference  
Each year, nearly 2,000 men, women and, occasionally, children set out to hike the 2,174 miles of the Appalachian Trail from Georgia to Maine (or vice versa). Good preparation is often the key to whether they become part of the 20-25 percent who make it. For this adventure of a lifetime, the [i]Thru-Hike Planner[/i] will help you chart a course, work out a budget, choose gear, plan meals, get in shape and otherwise inspire. It comes with homework: charts and worksheets and checklists and forms, all designed to be ripped out and spread over the kitchen table and then stuck in your pack. Formerly the popular [i]Appalachian Trail Workbook for Planning Thru-hikes[/i], which went through six revisions between 1992 and 2003, this title underwent a total make-over in 2005, bringing together the up-to-date advice of recent hikers with the mileages and trends seen by the trail's managers. This 4th edition advances the mileages and shelters to 2009 status and includes new tips.

**One Man's Journey to Peace and Freedom on the Appalachian Trail** Appalachian Trail Conference

Now in its third edition in six years, our award-winning guidebook to the Florida National Scenic Trail provides comprehensive end-to-end coverage of more than 1,400 miles of hiking in Florida, a must-have for planning a long hike on the Florida Trail. Mileage charts, overview maps, and descriptions of significant waypoints

along the trail let you sit and plan a day hike or a short backpacking trip as well. 356 pages, 106 maps. Wholesale discount available. Contact us through [watulapress.com](http://watulapress.com)  
**Stuff You Should Know** Appalachian Trail Conference  
Join Kyle and his little dog "Katana" as they take you along for every step of their 2,185 mile adventure hiking the entire Appalachian Trail. Confront the terrain, severe weather, injury, dangerous wildlife and questionable characters as you grow and learn as Kyle did from start to finish of this epic adventure. Make some friends for life, learn the finer points of long distance hiking, and realize that what you take within your backpack is not nearly as important as what you bring within yourself... This exciting and often times humorous narrative does more than simply tell the story of Kyle and Katana's adventures on trail. You will be inspired, while learning what it takes mentally and physically to accomplish an undertaking such as hiking thousands of miles through mountainous wilderness while braving countless obstacles all determined to make you quit. Nobody said it was easy, but if you can make it to the end, your life will be changed forever. What are you waiting for? Adventure is calling... For more content from the Author, as well as to follow his past, present, and future adventures; check out the following pages! Website/Blog: [BoundlessRoamad.com](http://BoundlessRoamad.com) Instagram: [@\\_roamad](https://www.instagram.com/_roamad) Facebook: [facebook.com/kyle.rohrig.7](https://www.facebook.com/kyle.rohrig.7) Youtube: [youtube.com/c/NomadWisdom](https://www.youtube.com/c/NomadWisdom)

**Appalachian Trail Guide to Southwest Virginia** Appalachian Trail Conference

God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, *A Walk in the Woods* will add a whole new audience to the legions of Bill Bryson fans.

The Florida Trail Guide Createspace Independent Publishing Platform

Everything you need to know to complete your thru-hike. The AT is a life changing experience and an amazing accomplishment. Half of the battle is proper preparation. This book is everything I wish I would have known before setting off on my thru-hike. Complete with personal tips and experiences. Learn how to

budget wisely, save money and not waste cash. Know how to allocate 6 months of your time and plan your exit. Master your gear with a massive guide on everything from your spork to your tent. Understand clothing, layering and materials. Hear about what life is really like on the trail. Know which direction to go, when and why. Familiarize yourself with a state by state breakdown of the trail. Learn how to mentally prepare an optimistic framework for the "I-wanna-quit-days". Understand the physical demands and methods to prevent injury. Prepare yourself for the nutritional needs with food ideas and favorite meal plans. Know the REAL dangers on the AT. "Female Needs" section from AT record-holder Heather 'Anish' Anderson. And a whole lot more...

*A Vintage Store, the Appalachian Trail, and a Cast of Unforgettable Characters* Rizzoli Publications

The champion of Appalachian Trail guides for thru-hiking for two decades! With professionally crafted elevation profiles, almost 50 updated maps, and redesigned tables for more at-a-glance information on-trail. Still the only such guide written by volunteers for which all the proceeds are returned to the Trail by these two nonprofits! The Appalachian Trail Conservancy and the Appalachian Long Distance Hikers Association collaborate each year on a guide especially designed for potential thru-hikers who want the basic information for a five- to six-month trek in the woods, at a reasonable price, but also want the adventure of finding out the extras for themselves. A favorite of section-hikers, too. With fact-checking research by more than three dozen thru-hiker volunteers in 14 states, backed by the first-hand information of the trail's volunteer and staff maintainers and managers and extensive information from the 2016 A.T. Data Book. Equipment-makers' toll-free numbers, post office hours, much more included. Appalachian Trail Guide to New Hampshire-Vermont Appalachian Mountain Club

For day-hikers and backpackers alike, AMC's White Mountain Guide has remained the most trusted and indispensable resource for 115 years. This 31st edition has been fully updated and revised. Included in this boxed set are six pull-out topographic maps, updated to reflect the latest trail openings, closings, and reroutings.

*Downhill to Fine Wine and Accommodations: Georgia, North Carolina and Tennessee* Appalachian Trail Conference

This is the official guide to the 281 miles of the Appalachian Trail in Maine, from the summit of Mt. Katahdin in Baxter State Park south and west to the New Hampshire border. This trail guide is a planning guide with rich historical background on the lands. The seven, four-color, topographic maps-at 1:62,500 scale with modified shaded relief-included detailed trail-route descriptions on the backs, with elevation profiles.

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