

# The Modern Bodyguard The Manual Of Close Protection

Crime Classification Manual  
 For Bodyguards on the Move  
 A Standard System for Investigating and Classifying Violent Crimes  
 An Owner's Manual to Your Creativity  
 The Choice Is Yours - The Definitive Self Protection Handbook  
 A Manual of Traditional Techniques, Volume I: Assessing Planetary Condition  
 Executive Bodyguard  
 Bodyguard Manual  
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 The Bodyguard  
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 The Modern Bodyguard  
 Mercenary Operations Manual  
 The Black Book of Persuasion  
 Bodyguard: Fugitive  
 Patriot Fire Team Equipment Guide  
 Self Defense for Men & Women from a Lifetime of Protecting Clients in Hostile Environments.  
 Fit to Fight  
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 Saudi Bodyguard  
 Proven Tactics and Dynamic Strategies for Protective Practices Success  
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 23 Principles That Move Your Will  
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 Close Protection Training Manual  
 Learn How to Defend Yourself and Protect Others

*The Modern Bodyguard The Manual Of Close Protection*

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## **BENJAMIN COLBY**

[Crime Classification Manual](#) Penguin UK

An innovative guide to applying the strategies of a bodyguard to create a Buddhist “security plan” for protecting ourselves from suffering • Presents the unique concept of the “bodyguard” and its protection tactics as a metaphor for explaining and implementing Buddhist teachings • Recasts the Four Noble Truths as the Four Noble Tactical Truths, the Eightfold Path as the Eight Tactics Plan, and the notion of Interbeing in the Buddhist world as the Tactics of Interdepending • Offers a new, modern understanding for the new generation of Buddhist practitioners intrigued by a more Western take on Buddhism Drawing from his extensive experience as a professional protection agent, Jeff Eisenberg uses the tactics and strategies that a bodyguard employs in protecting a client from a threat as a blueprint for creating a Buddhist “security plan.” This plan provides the practical tools to protect one’s self from the threat of suffering in our world. Using the metaphor of being the Buddha’s bodyguard to understand the Buddhist teachings, the book details how to protect our inner “Buddha nature” and secure our mental and emotional wellbeing. We all have the chance to train ourselves to be more proactive in our own safety and avoid becoming a victim. And if we are victimized, this training will prepare us to take appropriate actions that will aid in our ability to survive with much less injury and trauma. As the author affirms: “It is vital to realize that a physical altercation is the last thing that happens in a chain of events. And while we must never blame the victim, our safety is our responsibility. Many situations can be avoided, or their severity greatly lessened, if we pay attention during the chain of events that leads up to it and respond appropriately.” While this book is not about personal protection per se, it applies personal protection theory and specific tactics utilized by bodyguards to Buddhist practice, laying out strategies to protect our inner Buddha from attack. Thus the Four Noble Truths are applied to the concept of “threat” in the form of Four Noble Tactical Truths, the Eight Tactics Plan echoes the Eightfold Path, and the Tactics of Interdepending embrace the notion of Interbeing in the Buddhist world. With “paying attention” and mindfulness being key concepts of both a bodyguard’s profession and Buddhist practice, this pioneering book speaks to Buddhists and non-Buddhists alike.

[For Bodyguards on the Move](#) Penguin UK

This illustrated guide covers all aspects of self-defence and personal security in the street, car and home. In addition to providing explanations of the various combat and martial arts techniques, the author describes how to recognize an impending attack and how to deal with the attack.

[A Standard System for Investigating and Classifying Violent Crimes](#) Createspace Independent Publishing Platform

The explosive finale to the Bodyguard series takes Connor on a thrill-ride through Shanghai, where he comes face to face with his ultimate nemesis. After a mission goes tragically wrong, Connor Reeves returns in disgrace to Buddyguard HQ, only to find the covert facility has been attacked and his fellow recruits abducted. Summoned urgently to China, Connor arrives in Shanghai to discover he's the target for an assassination by Equilibrium, the clandestine organization that has plagued his life as a bodyguard. With a mark on his head, Connor goes on the run through an alien country and from an enemy he knows even less about. With the fast-paced action, high-stakes missions and gadgets that would make James Bond jealous, the BODYGUARD series is perfect for fans of CHERUB and ALEX RIDER.

[An Owner's Manual to Your Creativity](#) University of Chicago Press

Learn how to be streetwise and how to protect yourself in unarmed combat with this guide by martial arts expert Geoff Thompson. The author outlines the latest techniques in self-defence and interviews criminals, asking why and how they target certain people for attack.

[The Choice Is Yours - The Definitive Self Protection Handbook](#) Rebecca Weller

**POWERFUL WISDOM FROM THE ELDERS OF OUR COMMUNITIES** In this rich and multilayered collection of interviews, conversations, and intimate photographs, over 100 trailblazing women describe the ups, downs, and lessons learned while forging their unique paths. Collective Wisdom celebrates the stories of those who have been there and know the road—from an Olympic athlete and a NASA team member to award-winning artists, activists, writers, and filmmakers, from women in their fifties to centenarians. It is also a tribute to the importance of intergenerational connections between women, with interviews conducted by daughters, friends, mentors, and colleagues. Collective Wisdom creates a living, breathing sense of community—a space where all of us can gather, listen, share, and learn.

[A Manual of Traditional Techniques, Volume I: Assessing Planetary Condition](#) Createspace Independent Publishing Platform

Matt is six years old when he discovers that he is different from other children and other people. To most, Matt isn't considered a boy at all, but a beast, dirty and disgusting. But to El Patron, lord of a country called Opium, Matt is the guarantee of eternal life. El Patron loves Matt as he loves himself - for Matt is himself. They share the exact same DNA. As Matt struggles to understand his existence and what that existence truly means, he is threatened by a host of sinister and manipulating characters, from El Patron's power-hungry family to the brain-deadened eejits and mindless slaves that toil Opium's poppy fields. Surrounded by a dangerous army of bodyguards, escape is the only chance Matt has to survive. But even escape is no guarantee of freedom... because Matt is marked by his difference in ways that he doesn't even suspect.

[Executive Bodyguard](#) Artisan Books

A guide to revving up creative genius, providing tips and techniques for overcoming distractions and feelings of being blocked-up and overwhelmed to enable the spark of creative passion.

[Bodyguard Manual](#) John Wiley & Sons

Learn from an expert about the glamour, the guns, the hard-core nuts-and-bolts of the bodyguarding profession. Thompson offers strategies that prevent trouble from happening and methods to stop it instantly, including how to check for tampering on an auto, protect the home and office from intrusion, choose weapons for specific threats, assess the threats of high- and low-profile assignments and much more.

[Shorin-Ryu Karate Ace](#)

Shorin-ryu is the oldest existing karate style. From this martial style, suitable for everyone, and based on natural movements, modern Japanese karate is derived. In this book, Emanuel Giordano sensei, already author of the bestseller "The legend of the masters of Okinawan Karate-Biographies, curiosities and mysteries", examines the history, the technique and the applicative and moral principles of this style. In order to make it easier to understand, the book is full of images and diagrams. Inside there are also a glossary of terms in Uchinaaguchi, an interview with Maeshiro Morinobu sensei and the photo execution of the kata Nahihanchi, correlated by applications. This book is the first of a series related to Shorin-ryu.

[Final Report of the National Commission on Terrorist Attacks Upon the United States](#) Penguin

This book provides a critical engagement with the idea of the ‘security society’ which has been the focus of so much attention in criminology and the social sciences more broadly. ‘Security’ has been argued to constitute a new mode of social ordering, displacing the ‘disciplinary society’ that Foucault saw as characteristic of the liberal era. He saw a ‘control society’ (or ‘risk society’) characteristic of Neo-Liberalism, in which the deviant behaviour of particular individuals, as less important than general attempts to offset risk and reduce harm. Dodsworth argues that much of this literature is extraordinarily present-ist in orientation, denying the long history of attempts to mitigate risk, prevent harm and manage security which have always been a part of the government of order. This book develops a ‘critical history’ of security: a thematic analysis of debates about security and

aspects of the security society which puts contemporary arguments and practices in dialogue with the texts and practices of the past. In doing so the book develops a cultural analysis of the meanings of security and the way these meanings have been articulated in particular practical contexts in order to understand how the promise of security has so effectively captured the imagination and channeled the effective engagement of people throughout the modern period.

*The Security Society* Springer

This book is an advanced, well-rounded and in-depth view about what it takes to be the best in the international arena, in a world where change is the only constant. It is endorsed by a wide range of industry experts. This well-researched book will take you to higher levels, enabling you to be among the best in the demanding world of the truly professional bodyguard, by giving you the tools to develop and measure yourself. Who would benefit from this unique and powerful book? 1. Everyone who is in or wants to be involved in the close protection industry 2. Everyone in the security industry worldwide including: - Police, military, and related agencies - Anti-terror and counter-terrorist units - Current Close Protection or bodyguarding organizations - Private security organizations and companies 3. High level corporate and all users of Close Protection or special security services 4. Specialist security trainers worldwide 5. Academic institutions that have security education departments 6. Security regulators and standards bodies This book is unique because it is one of the only works on the market based on scientific research principles and practical experience. Beyond the Bodyguard is endorsed by a wide range of industry experts.

Lessons, Inspiration, and Advice from Women over 50 Howexpert

The most comprehensive manual on the subject of Executive Protection. Over the past few years, its author, Peter Consterdine has run EP operations in such diverse geographies as Moscow, Beirut, Madrid, Kazakhstan, London, St. Petersburg, Algeria and the Far East. As the definitive training manual, *The Modern Bodyguard* covers all you need to know about the work of bodyguarding and includes over 100 photographs and more than 70 illustrations covering the most up-to-date techniques. Peter adopts a 'real world' approach to how the many drills and procedures should be applied in practice not just in theory. The subjects covered include: Personal Security, The CP Team, Terrorist Tactics, Threat and Threat Assessment, Location Security, Travel Security, Vehicle Security and Searching, Embus/Debus Procedures, Route Selection and Reconnaissance, Vehicle Escort Procedures, Anti-Ambush Drills, Walking Drills, Bomb Awareness and Recognition, Weapon Selection and Handling, Emergency First Aid, Unarmed Combat and Fitness Training, Surveillance and Running the Control Room

The Bodyguard Createspace Independent Publishing Platform

The working life of a bodyguard for the Saudi's and the unusual experiences he faced. Experiences of a bodyguard that worked with the upper echelons of the Saudi Arabian royal family and others. "Having known Mark Young for some time now, I have to say he is the most professional, diligent and knowledgeable security source I have ever worked with. His attributes as a high-level bodyguard/protection officer are unsurpassed . . . "SAUDI Bodyguard is a must read for all those fascinated by the world of intelligence and security operations. Mark Young is the man to tell this story." Jon King, Author: 'Princess Diana: The Hidden Evidence'. 'Cosmic Top Secret: The Unseen Agenda'. 'The Ascension Conspiracy: 2013'. "Mark Young has opened a door to a fascinating insight of greed and corruption in a world that most of us can only guess at." Albert Howard QGM Queens Gallantry Medal Provincial Police Award Gold Medal Citation High Sheriff of Greater London Certificate of Courage

*The Unconventional Close Protection Training Manual* HarperCollins Australia

The Nine Modern Day Muses (and a Bodyguard) are actually 10 powerful creativity principles in the guise of wise and playful Muses. This is the third edition of a popular book published in 2003 now updated expanded with new sections. These modern day Muses provide empowering, playful but practical tools and concepts, quotes and a dazzling experience of returning to, deepening or discovering ones creativity. The Muses are designed to bust through every block that stands in the way of a mortals' creative fulfillment in all aspects of their lives from business to parenting and from art to writing. Move through procrastination, overwhelm, perfectionism, self-sabotage, lack of focus to the joy of the creative process and its validation of our soul and spirit.

*Bodyguard Manual* Frontline Books

DEVELOPED UNDER THE SHADOWS of the Egyptian temples, Hellenistic astrology is an ancient form of divination inherited from Mesopotamian wisdom traditions. Distilled in Græco-Roman antiquity, and refined in the fires of philosophy and astronomy, it forms the bedrock of traditional western astrology (while also bearing profound similarities to Jyotish or Vedic astrology). Drawing on a body of Greek texts that have remained largely untranslated for almost two-thousand years, Demetra George brings the contemporary practice of astrology back to its ancient roots. Scholar, translator, and practitioner, her work reveals the potent cosmological veins that bear the lifeblood of traditional astrology. Ancient Astrology in Theory and Practice is, in essence, a training manual for the study and practice of Hellenistic astrology. In two volumes, it provides the complete foundations and detailed dynamics of ancient chart-reading techniques. Each volume and each technique is richly illustrated with diagrams, example charts, and practical exercises. Volume 1: Assessing Planetary Condition In ancient cosmology, the planetary divinities symbolised the hierarchy of forces that shape our lives in the sublunary world. Not all planets are created equal in a given nativity, however, and so the first step of the practicing astrologer is to assess the condition of each planet in a chart in order to determine its effectiveness (or lack thereof) in the native's life. To this end, this volume provides a series of rigorous methods for evaluating the condition of each planet in a birth chart through the lenses of classification (sect, gender, benefic/malefic), signs and rulerships (residences, reception, exaltation, trigons, bounds), the solar phase cycle (speed, direction, visibility, phase, phasis), lunar considerations (course, phases, bonding, nodes, bending, eclipses, prenatal lunation), and aspects (configurations, witnessing, testimony, bonification, maltreatment, adherence, overcoming, rays). Finally, it brings all of these factors together in a powerful synthesis that unlocks the layers of a chart with unrivaled precision.

**The Modern Bodyguard** Cosimo, Inc.

I wrote this book to teach people with no background in the protection industry how to not only be

their own bodyguard but how to learn new skills so that they may eventually protect other people professionally. If you want to learn the business and become a Private Security or Close Protection Operator, you must learn a series of skill sets. How you gain any skill set can vary from person to person. Some people acquire the skills in the military, police or even after years of hands-on martial arts training. You do not have to become a Green Beret, Navy SEAL or CIA Contractor to acquire a series of proficient skill sets on survival, combatives or shooting. All you have to do to acquire some new skills in personal protection is to have the desire to learn and then apply what you have learned safely and with a high level of proficiency. I will pass on small pearls of wisdom throughout this book. The gems that I pass on to you have been passed on to me in many different ways throughout my life. Each jewel will be a new skill or a direction to learn. The more that you learn, the more you will understand. Any person with the passion for learning will pick up these new skills and instantly apply them. The more that you read about close protection, the more you will learn from this book. The more that you physically do, the more ingrained your skills will become into daily operational procedures. Even if you learn just one new thing from this book that saves your life, or someone else's, then it was worth learning that skill. Stay flexible in your thinking and keep an open mind as you read this book. The more you learn about yourself, the more you will want to know and apply your new skills towards your everyday life. Eventually you will be able to tie all of the pearls from this book together and become operationally proficient and stay safe in many different scenarios.

**Mercenary Operations Manual** Greenhill Books/Lionel Leventhal

Secret Techniques of the Elite Forces is a must-have for anyone interested in the covert world of elite forces; it will provide the key to understanding what makes the specialist soldier so very [special].

The Black Book of Persuasion St. Martin's Paperbacks

When it comes to writing weapons, most authors shoot from the hip--and miss. The Writer's Guide to Weapons will help you hit your target every time. Firearms and knives have starring roles in a wide range of genres--crime, thriller, war, mystery, Western, and more. Unfortunately, many depictions of weapons in novels and film are pure fiction. Knowing the difference between a shotshell and a slug, a pistol and a revolver, or a switchblade and a butterfly knife is essential for imbuing your story with authenticity--and gaining popularity with discerning readers. Inside you'll find: • An in-depth look at the basics of firearms and knives: how they work, why they work, what they look like, and how to depict them accurately in your stories. • The biggest weapons myths in fiction, TV, and film. • A surefire guide for choosing the correct weapon for your characters, no matter their skill level, strength, or background. • A review of major gun and knife laws, weapons safety tips, and common police tactics. • "The Hit List," showcasing the most popular weapons for spies, detectives, gunslingers, gangsters, military characters, and more. • Examples highlighting inaccurate vs. accurate weapons depictions. • An insightful foreword by David Morrell, the award-winning creator of Rambo. Equal parts accessible, humorous, and practical, *The Writer's Guide to Weapons* is the one resource you need to incorporate firearms and knives into your fiction like a seasoned professional.

**Bodyguard: Fugitive** Summersdale Publishers LTD - ROW

B+W INTERIOR EDITION WRITTEN FOR OPERATORS, BY OPERATORS Written by an experienced operator, with contributions from other highly regarded Executive Protection Officers SUITABLE FOR EPOs AND EP STUDENTS ALIKE The Bodyguard Manual is designed to assist the experienced operator and students alike: it is currently issued to many students attending Executive Protection courses around the world. DESIGNED FOR YOUR GO-BAG Carried by experienced operators, the Bodyguard Manual is designed for quick reference when planning and executing tasks. Including templates, crib cards, kit lists, procedures, guides and diagrams, the Bodyguard Manual is the ideal tool to augment the professional Executive Protection Officer when planning and conducting protection assignments. READER REVIEWS An excellent quick reference for new and experienced alike. Concise and full of detail, vehicle drills particularly well presented. Would recommend to anybody about to join the circuit or do their CP or HECP course. You can never learn too much from those who have been before you. This is a must have essential piece of kit for any security professional operating in the industry. A well laid out format which has been structured and written with a no nonsense view. It lays out in simple terms what you require to operate as well as listing the top-tips that can only be discovered by operating in the industry for a number of years. This book is an excellent piece of equipment which will be part of my security kit for many years to come. A big thanks must go to the author for supplying those of us operating in the industry with an excellent reference manual. Ok, the book does exactly what it's designed to do, it's basically a quick reference for CP operators both new to the world of CP or experienced, a lot of us don't work CP all the time and it's handy to have when you need to double check something. Exactly as described, a no nonsense guide. Extremely good tips, essential checklists. To someone like myself with limited knowledge of this industry it is excellent reference material.

*Patriot Fire Team Equipment Guide* Penguin

It has, improbably, been called uncommonly lucid, even riveting by *The New York Times*, and it was a finalist for the 2004 National Book Awards nonfiction honor. It is a literally chilling read, especially in its minute-by-minute description of the events of the morning of 9/11 inside the Twin Towers. It is *The 9/11 Commission Report*, which was, before its publication, perhaps one of the most anticipated government reports of all time, and has been since an unlikely bestseller. The official statement by the National Commission on Terrorist Attacks Upon the United States--which was instituted in late 2002 and chaired by former New Jersey Governor Thomas Kean--it details what went wrong on that day (such as intelligence failures), what went right (the heroic response of emergency services and self-organizing civilians), and how to avert similar future attacks. Highlighting evidence from the day, from airport surveillance footage of the terrorists to phone calls from the doomed flights, and offering details that have otherwise gone unheard, this is an astonishing firsthand document of contemporary history. While controversial in parts--it has been criticized for failing to include testimony from key individuals, and it completely omits any mention of the mysterious collapse of WTC 7--it is nevertheless an essential record of one of the most transformational events of modern times.

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