

# Principles Of Chinese Medicine What It Is How It Works And What It Can Do For You Second Edition Discovering Holistic Health

Principles of Traditional Chinese Medicine  
 A Comprehensive Text  
 Manual of Chinese Herbal Medicine  
 Thorsons Principles of Chinese Medicine  
 Principles of Chinese Medicine  
 Diagnostics in Chinese Medicine  
 Diagnostics of Traditional Chinese Medicine  
 Principles and Practice of Phytotherapy  
 The Essential Guide to Understanding the Human Body  
 An Integrated Approach to Male Reproductive and Urological Health  
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 Principles of Chinese Herbal Medicine  
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## KASEY AMY

### Principles of Traditional Chinese Medicine Shambhala

Hematology in Traditional Chinese Medicine Cardiology instructs readers on the blood, complement and immune system from the western and Chinese medicine perspectives. The book focuses on the cardiovascular issues concerning blood and the immune system, provides laboratory values concerning blood and the cardiovascular system, and covers cardiovascular diseases from the Chinese medicine and western medicine perspectives. It compares the eight principles in traditional Chinese medicine with basic science perspectives in western medicine, analyzes laboratory blood testing for heart diseases, and discusses the use of blood results for diagnosing and monitoring. Balances basic theories in Chinese medicine with basic medical sciences on blood, immune system and cardiovascular diseases Provides laboratory tests and values necessary for the monitoring of blood quality, and other tests for monitoring cardiovascular

diseases in integrative Chinese medicine Prepares the practitioner to sit for the Niambi Wellness Integrative anatomy and patho-physiology in cardiology final online exam

### A Comprehensive Text Univ of California Press

The author regards that understanding Chinese medicine and solving the controversial theoretical issues in Chinese medicine should be from its basic theory, the philosophy of Taiji science, by which some fundamental problems of Chinese medicine can be explained and clarified thoroughly. The author corrects the mistakes of naming and sorting the six meridians and collaterals in The Inner Canon of Huangdi and The Treatise on Febrile Diseases in the past thousands of years and puts forward new naming and sorting methods. He introduces the concept of "Qian Kun" (the heaven and earth) into the human body and identifies the pathogenesis of the Sanyang and Sanyin meridians and collaterals in The Treatise on Febrile Diseases. The author puts forward the theory of the same origin of Yin and Yang and of "an original Yang". He points out that the so-called Yin and Yang viscera are actually the ups and downs of "an original Yang". He criticizes the laying emphasis on Yin and neglecting Yang and reversing the order of Yin and Yang in traditional Chinese medicine theory and practice. He parallels the six meridians and collaterals and puts forward a new pulse hypothesis. He uses cosmology to understand the body science of Chinese

medicine, which is unprecedented in the history of medicine and philosophy and, unique and insightful to read.

### Manual of Chinese Herbal Medicine Singing Dragon

This new edition of The Treatment of Pain with Chinese Herbs and Acupuncture gives a thorough and analytical review of the diagnosis and treatment options for pain, using acupuncture with Chinese herbal medicine. Based on the clinical experience of the author and supported by that of acupuncturists in Chinese universities, it offers a comprehensive and detailed set of treatments for a wide variety of pain symptoms and conditions, and includes detailed modifications of the treatments, to aid clinical practice. Although pain syndromes are often complicated, involving both psychological and physical difficulties, resulting in sometimes hesitation in deciding a correct treatment, there are still some short-cut ways to achieve a successful result. Therefore, the essential intentions of the authors are very clear: To demonstrate the practitioners how to differentiate the clinical situations and how to establish the corresponding treatments. To illustrate how to apply Chinese herbs logically and how to consist an acupuncture prescription reasonably and effectively. Features - Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional Chinese Medicine - Clear discussion of the principles of treatment,

acupuncture point selection and combination - Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions - Deals comprehensively with the commonest clinical presenting symptoms - Provides treatment plans and modifications to these plans, offering more options for the practitioner - Includes detailed and useful case histories New to this edition:

New chapter on treatment of pain in children Separate sections for the gynecologic conditions Includes Western-named conditions Red Flags for practitioners to indicate situations which are potentially life-threatening or dangerous Suggested treatments now include acupuncture as well as herbal treatments Following on from each treatment a prognosis is now provided

*Thorsons Principles of Chinese Medicine* Elsevier

Traditionally the study of Chinese herbal formulas has involved memorizing hundreds of classic formulas, and recognizing and summarizing the relevant treatment rules and formula-making strategies in order to create appropriate formulas for treatment. This new book by Yifan Yang, author of *Chinese Herbal Medicines: Comparisons and Characteristics* (which pioneered the comparative method of single herb study), introduces a new approach to formula study. The reader is shown how to use the basic treatment rules and composition strategies, abstracted from hundreds of formulas, in order to create individual formulas for treating a variety of syndromes. The method is clear and easy to understand, with a systematic approach and an emphasis on essential knowledge. Key features 19 common syndromes and 60 sub-syndromes are described and discussed in detail, illustrated with clear line drawings Chinese diagnosis of syndromes are related to the Western disease names Treatment principles and plans are given for each syndrome Principles of herb selection are introduced with recommendations and explanations of specific herbs in relation to each syndrome 166 classic formulas are given as examples Treatment strategies in complicated syndromes, treatment sequences, cautionary advice for herbs and combinations with Western drugs, dosage management in a variety of conditions and commonly used pairs of herbs are all discussed Detailed indexes and contents lists facilitate quick reference and searching within the text. Chinese Herbal Formulas: Treatment Principles and Composition Strategies is written by an experienced practitioner and lecturer of Chinese herbal medicine. It is the ideal companion to *Chinese Herbal Medicines: Comparisons and Characteristics*, by the same author.

*Principles of Chinese Medicine* CRC Press

Chinese herbal medicine has become an increasingly popular method of treatment for many health conditions. This guide introduces you to the essentials of Chinese medicine and explains how Chinese herbs can best be used

*Diagnosics in Chinese Medicine* World Scientific

De uitgave bespreekt de theorie van de traditionele Chinese geneeskunde en acupunctuur en beschrijft in detail de functie van de acupunctuurpunten en de behandelingsprincipes. Inhoud is gebaseerd op belangrijke referenties naar klassieke en moderne Chinese teksten en verklaart de toepassing van de theorie in een westerse praktijksetting.

*Diagnosics of Traditional Chinese Medicine* PMPH-USA

Each book offers an overview of a particular type of alternative medicine in a concise format that will not overwhelm readers new to the subject. Original.

**Principles and Practice of Phytotherapy** Springer Science & Business Media

Phytotherapy or herbal medicine is the most important therapy within Chinese medicine and is being used increasingly in the West. A *Materia Medica* for Chinese Medicine: plants, minerals and animal products describes 400 of the most important plants, minerals and animal substances used as treatments by Chinese medical practitioners. The items included have been selected according to their degree of clinical relevance. Each remedy is clearly described and illustrated on two facing pages, making this an easily accessible reference for both students and practitioners of Chinese herbal medicine. The clearly laid out text presents the following details for each herb or substance included: a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full-colour illustrations, generally two for each substance, showing the detailed characteristics of the item described A *Materia Medica* for Chinese Medicine has been written by two medically trained doctors who have worked as TCM therapists specializing in the use of Chinese herbs for more than 30 years. Based on their many years of teaching and practice, the book has been carefully compiled and designed to provide a concise and accurate practice-based reference for both students and practitioners.

**The Essential Guide to Understanding the Human Body** World Scientific

This textbook is designed specifically for Western students of Chinese medicine. The detailed

descriptions give readers a solid feeling for the subject. It guides the reader through the terms and techniques necessary to understand and perform TCM Cosmetology treatments. TCM cosmetology is a field that has been built from the past and will continue to develop in the future. We are sorry that the DVD content are not included.

**An Integrated Approach to Male Reproductive and Urological Health** Greenleaf Book Group Established by the Western Han dynasty more than 2,000 years ago, Traditional Chinese Medicine (TCM) is currently finding increased acceptance. A General Introduction to Traditional Chinese Medicine explores the thinking behind TCM, its philosophy-based theory, and its cutting-edge uses in today's clinical practice. The book covers: Establishment and characteristics of TCM's theory Establishment and development of TCM's clinical system. Basic features of TCM TCM's philosophical bases: primordial qi, yin-yang and Five Elements TCM's medical model, method, and architecture Organized to make information easily accessible, each chapter contains: Goals & Requirements and Key Contents to enable readers to understand the core and the outline of the chapter Endnotes for readers to learn some cultural and historical information peculiar to China Glossary for readers to understand more specific information about TCM and Chinese culture Complete with chapter outlines and ancillary material, this carefully designed guide brings a time-tested practice back to the future.

*Principles and Practice of Phytotherapy, Modern Herbal Medicine, 2* Principles of Chinese MedicineA Modern Interpretation

This book offers an overview of Chinese medicine terminology translation, defining the central concepts in Chinese traditional medicine, providing simplified Chinese characters, Mandarin Pronunciation in pinyin, citations for 110 of the most key concepts in traditional Chinese medicine and culture. Covering definitions of terms relating to visceral manifestation, meridians, etiology, pathogenesis, and treatment principles in traditional medicine, it offers a selection of English versions of each term in addition to a standard of English version, drawing on the translation history of traditional Chinese medicine. It provides a useful resource to understand the fundamental terms of traditional Chinese medicine and culture in Chinese and English, and their relevance to cross-cultural discourse.

*Principles of Chinese Herbal Medicine* PMPH-USA

This is the original Chinese edition of the Ben cao gang mu. Compiled in the second half of the sixteenth century by a team led by the physician Li Shizhen (1518-1593) on the basis of previously published books and contemporary knowledge, the Ben cao gang mu is considered the largest encyclopedia of natural history in a long tradition of Chinese materia medica works. Its description of almost 1,900 pharmaceutically used natural and man-made substances marks the apex of the development of premodern Chinese pharmaceutical knowledge.

*Principles of Dialectical Differential Diagnosis and Treatment of Traditional Chinese Medicine* Springer Nature

The principles and practice of diagnostics are key to administering effective treatment in traditional Chinese medicine. The ability to recognise and diagnose symptoms and complaints correctly is fundamental to deciding on appropriate remedies, and this book provides a comprehensive introduction to all the principles that students and practitioners need to know. The authors outline the key methods used in diagnosis, and describe the eight basic categories of ailment and disease: yin and yang, exterior and interior, cold and heat, and deficiency and excess. They provide detailed instructions on how to identify and rebalance the relative strengths of pathogens and Qi in the body, and how to differentiate between syndromes that might look the same, using traditional Chinese medicine methods. The book concludes with useful forms for completion in taking a diagnosis. Combining practical instruction with detailed theory, this authoritative textbook, compiled by the China Beijing International Acupuncture Training Center (CBIATC), under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai, is an excellent reference for students and practitioners at all levels.

**Thorsons Principles of Acupuncture** Thorsons Pub

This manual of diagnosis and therapy is brilliantly organized for study and reference. It might even be called the "Merck Manual" of Chinese herbal medicine, for it makes the principles and practices of this traditional healing art highly accessible with its concise and lucid compendia. The book covers: • Important basic concepts of traditional Chinese medicine, such as yin and yang, the five elements, qi, jing, and shen • Causes of disease • Classification of symptoms • Methods of diagnosis • Approaches to treatment with herbal medicine • Preventive measures • Symptoms of common illnesses • Therapeutic classifications of many common herbs and prescriptions • 342

formulas for common compound drugs • Case studies from the Chinese medical literature

illustrating the application of the principles discussed in the book

*Essentials of Chinese Medicine* New Age Books

With increased demands on medical health care due to societal developments, the sole dependence on modern medicine or Western medicine is clearly insufficient. Traditional Chinese medicine, once derided by many in the west, is now firmly in the global limelight due to its numerous advantages in preventing and treating diseases. Chinese medicine achieves its curative effects by making use of natural therapies such as animal and plant parts, which are of interest to many doctors and patients who are in favor of rectifying the entire state of the body. For over two thousand years, Chinese medicinal formulas have been extensively used in China as the main technique to prevent and treat. The accordance of formula and disease pattern is the most specific, objective, stable, and recurrently effective aspect of treatment based on pattern differentiation, which will be introduced in this book as a reliable analytical method. In this book, the fundamental concepts of Chinese medicine, methods of conducting pattern differentiation and composing principles of formulas, and integration of indispensable courses of Chinese medicine, such as basic theories, diagnostic methods, Chinese medicinals, formulas, treatment principles, internal medicine, and warm diseases will be discussed, opening a door for novices who are interested to learn more about Chinese medicine. Through self-study of this book in a relatively short duration, it is our hope that the reader will be familiar with and preliminarily apply the basic theories of Chinese medicine and formulas in practice. This not only serves to prevent and treat diseases, but more importantly, contributes to the spread of traditional Chinese medicine.

**Understanding Its Principles and Practices** Singing Dragon

Presents an introduction to the principles of Traditional Chinese Medicine and the 'energetics' of foods. This book offers readers with tools for integrating principles of Chinese dietetics into their daily lives.

*A General Introduction to Traditional Chinese Medicine* Walter de Gruyter GmbH & Co KG

The authoritative and comprehensive modern textbook on western herbal medicine - now in its second edition This long-awaited second edition of *Principles and Practice of Phytotherapy* covers all major aspects of herbal medicine from fundamental concepts, traditional use and scientific research through to safety, effective dosage and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing and research, the textbook is both practical and evidence based. The focus, always, is on the importance of tailoring the treatment to the individual case. New insights are given into the herbal management of approximately 100 modern ailments, including some of the most challenging medical conditions, such as asthma, inflammatory bowel disease and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout, with more than 10,000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare professionals - pharmacists, doctors, nurses - with an interest in herbal therapeutics. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart.

*The Ben Cao Gang Mu* Redwing Book Company

Derived from ancient Chinese philosophy, Traditional Chinese Medicine is considered to be difficult to understand. This book provides an overview of Traditional Chinese Medicine by illustrating the topics of visceral manifestation, etiology and pathology in a clear manner to readers. Clinical treatments are included to serve as references for practice. This book is well-suited for both researchers and practitioners.

Singing Dragon

This book will tell you how acupuncture is used to restore health and energy.

*Thorsons Principles of Chinese Herbal Medicine* Singing Dragon

Acupuncture, Chinese herbs, qigong, tui na massage and diet therapy have been used by the Chinese for over 2000 years, and they are still the treatments of choice for millions of people throughout the East. Now, Westerners are becoming aware of the many benefits of these potent therapies and the popularity of Chinese medicine is spreading rapidly. Covering everything from the basic theory of Chinese medicine to how to find a practitioner, the book provides a definitive

introductory guide to this ancient system. It includes explanations of each of the five therapies and their unique benefits as well as patients' first-hand experiences. With advice on choosing the right

treatment, and comprehensive sections on useful addresses and further reading, the book provides everything readers need to know about Chinese medicine at an introductory level. A practical handbook that provides all of the essential information, this book is the perfect

introduction for anyone who wants to find out more about Chinese medicine, whether as a treatment option or for general interest.

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