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Female Ejaculation and the G-spot Harper
Collins

In her new book, *Women, Sex, Power & Pleasure*, Evelyn Resh, a sexuality counselor and certified nurse-midwife, takes an innovative approach to helping

women create the lives – and sex lives – they want. With a funny and compassionate, yet tell-it-like-it-is style, she looks at the relationship between feeling powerful in life and accessing life's pleasures, and their combined effect on sexual desire. Resh introduces six essential qualities that women must have to live healthfully, stating that when these are out of balance women seem to exist in lives devoid of pleasure, self-

empowerment, and sex. These markers of emotional well-being are: • Self-confidence and self-esteem • Healthy Habits • Spiritual Satisfaction • Creativity • Self-assurance/re-assurance • Compassion and Empathy Once the six traits are laid out, Resh devotes the rest of the book to exploring how, when one or more of a woman's markers of emotional well-being are off kilter, their reasons for avoiding sex mount exponentially. She

looks at some of the most common excuses she's heard over her many years as a sexuality counselor – I Feel Nothing, It's All He Thinks About, I'm Too Busy!, I'm Too Fat to Have Sex – and outlines the specific imbalances that create this void of sexual desire and activity. With practical guidance, self-assessment questions, and stories from her practice and personal life, Resh explains to modern women how to regain their emotional wellness and live a powerful life that includes a steady relationship with pleasure and sexual satisfaction. This book is a must read for all women. From housewives to sophisticated urban corporate types, from new moms to post-menopausal women – this book will help any woman who feels estranged from her sexual energy and a sense of empowerment, and deprived of pleasure, or who views sex as just another thing to tick off her overwhelming to-do list.

Come as You Are Harmony

A new, practical workbook from the New York Times bestselling author of *Come As You Are* that allows you to apply the book's groundbreaking research and understanding of why and how women's

sexuality works to everyday life. In the twentieth century, women's sexuality was seen as "Men's Sexuality Lite": basically the same, but not quite as good. From genital response to sexual desire to orgasm, we just couldn't understand that complicated, inconsistent, crazy-making "lady business." That is, until Emily Nagoski changed the game with her New York Times bestseller, *Come As You Are*. Using groundbreaking science and research, she proved that the most important factor in creating and sustaining a sex life filled with confidence and joy is not what the parts are or how they're organized, but how you feel about them. Which means that things like stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it. And, that even if you don't yet feel that way, you are already sexually whole. Nagoski's book changed countless women's lives and approaches to sex, and now she offers the next step. The *Come As You Are* Workbook is a practical companion to this bestselling guide, filled with new activities, prompts, and thought-provoking examples to help you exercise and expand on the

knowledge you've learned. This collection of worksheets, journaling prompts, illustrations, and diagrams is a practical and engaging companion for anyone who wants to further their understanding of their own bodies and sex lives.

Lesbian Sex Secrets for Men Simon and Schuster

Hitting the right spot! We are here to help women lose the shame and find the fun! If you don't know how to please yourself, how can you possibly help a partner do the same? No two sexual responses are precisely the same, so in this book you'll find a huge variety of ways to find pleasure. *THE CLITICAL GUIDE TO FEMALE SELF-PLEASURE: How to Please Yourself So Your Partner Can Too* is a comprehensive look at all the aspects of female masturbation and orgasm, from methods and styles, to toys and homemade implements, to places and times, with warnings for safety and tips to improve your performance...on yourself. Ladies, if your partner doesn't treat you... we say treat yourself!

Woman Ten Speed Press

Sexuality and Its Disorders explores sexuality from an evolutionary perspective

using powerful, real-life case studies to help readers provide effective guidance around issues relating to sexuality. Drawing on his 30 years of clinical experience and research, author Mike Abrams provides a comprehensive, evidence-based, and clinically-oriented text with cutting-edge coverage throughout. Discussions include the physical and psychological development of sexual identity; the social aspects of sexual behavior; the many expressions of sexuality; cognitive behavior treatment of sexual problems; and more. The many perspectives of sexuality are examined with interviews and commentaries from major figures in the field—including David M. Buss, Helen Fisher, C. Sue Carter of Kinsey, Todd K. Shackelford, Ken Zucker, and Gordon Gallup—who discuss such topics as the origins of sexuality, the nature of love, the role of attachment, and the treatment of sexual problems.

Sexual Pleasure Hay House, Inc

In this headline-making book, Daniel Bergner turns everything we thought we knew about women's desire on its head. Drawing on extensive research and interviews with renowned behavioural

scientists, sexologists, psychologists and everyday women, Daniel Bergner asks: - Do women really crave intimacy and emotional connection? - Are women more disposed to sex with strangers or multiple partners than either science or society have ever let on? - And is 'the fairer sex' actually more sexually aggressive and anarchic than men?

How To Give Her Absolute Pleasure Simon & Schuster

A Happy Pocket Full of Money, first self-published in 2001, so impressed Rhonda Byrne, that she asked David Gikandi to become a consultant on The Secret. In A Happy Pocket Full of Money, Gikandi explains that true wealth is not about having buckets of cash, but rather understanding the value within. True wealth flows out of developing "wealth consciousness," that incorporates gratitude, a belief in abundance, and an ability to experience joy in life. He explores how recent discoveries in theoretical physics are relevant for the creation of personal wealth and shows readers how to create abundance by saving, giving, offering charity, and building happy relationships. A Happy

Pocket Full of Money features: --How to use an internal mantra to build wealth consciousness. --How to be conscious and deliberate about your thoughts and intentions. --How to decide, define, and set goals you can believe in. --How to act on your beliefs and overcome challenges. --How to incorporate gratitude, giving, and faith to experience abundance and joy in life. This inspirational book will change how you view and create money, wealth, and happiness in your life.

The Sexual Practices of Quodoushka Penguin

This lively hands-on guide is the first book to focus exclusively on all of the body's titillating hot spots, offering lovers a new realm of sexual exploration and experience. Sexologist Yvonne K. Fulbright gives readers of all sexual orientations a guided tour of the male and female body's wild attractions and explains how to maximize pleasure from head to toe. Individual chapters detail her hot spots, his hot spots, mind-blowing spots for both sexes, and positions and toys for ultimate stimulation. All four sections help readers find nature's hidden treasures, dispelling notions of what "can't" be done. A

plethora of sex tips, techniques, and tools that build intimacy and communication skills leads to even greater sexual and emotional satisfaction. The information is delivered thoroughly but not too thoroughly, encouraging lovers to engage in their own sensual how-to sessions.

The Book of Kink Enlightened Publishing A 2021 Foreword INDIES Award Winner in Romance and Finalist in Fantasy A 2022 Benjamin Franklin Award Runner-Up in Best New Voice: Fiction “The heat and romance of the desert, the push and the pull of Emel’s desperation, and the magic and humanity of a caustic jinni make Daughter of the Salt King an irresistible ride.” —Amy Harmon, New York Times bestselling author “This riveting debut novel will leave readers eagerly awaiting Thornton’s future works.” —Booklist A girl of the desert and a jinni born long ago by the sea, both enslaved to the Salt King—but with this capricious magic, only one can be set free. As a daughter of the Salt King, Emel ought to be among the most powerful women in the desert. Instead, she and her sisters have less freedom than even her father's slaves . . . for the Salt King uses his own daughters to

seduce visiting noblemen into becoming powerful allies by marriage. Escape from her father’s court seems impossible, and Emel dreams of a life where she can choose her fate. When members of a secret rebellion attack, Emel stumbles upon an alluring escape route: her father’s best-kept secret—a wish-granting jinni, Saalim. But in the land of the Salt King, wishes are never what they seem. Saalim’s magic is volatile. Emel could lose everything with a wish for her freedom as the rebellion intensifies around her. She soon finds herself playing a dangerous game that pits dreams against responsibility and love against the promise of freedom. As she finds herself drawn to the jinni for more than his magic, captivated by both him and the world he shows her outside her desert village, she has to decide if freedom is worth the loss of her family, her home and Saalim, the only man she’s ever loved. For readers who enjoy epic desert fantasies and forbidden romance like *The Forbidden Wish* by Jessica Khoury, *The Wrath & the Dawn* by Renée Ahdieh, and *Empire of Sand* by Tasha Suri.

Squirt School CamCat Publishing, LLC

"Required reading for every woman who longs to step into her power and live with pleasure and purpose." — Kris Carr, New York Times best-selling author Author, educator, and School of Womanly Arts founder Regena Thomashauer has been working with women for the past 25 years, and what began as just a few women in her living room has since grown into a global movement with thousands of graduates worldwide. In her New York Times bestseller *Pussy: A Reclamation*, she reveals what no one taught you about the source of your feminine power and how to use it. This power is the part of a woman that she has been taught to ignore, push down, and despise. Indeed, the word that most viscerally sums it up is "arguably the most powerful pejorative word in the English language." Like any expletive used effectively, the title of this book is meant to be a wake-up call. It is a reclamation, in a world that desperately requires the feminine. Readers learn the secret ingredient every woman is missing; how to crack the confidence code; why sex appeal is an inside job; what’s ahead on the next frontier of feminism—and how they can help make it happen; and much

more. By turns earthy and erudite, passionately argued and laugh-out-loud funny, *Pussy* delivers the tools and practices a woman requires to do and be whatever she wants in this life. It's a call for her to tune in, turn on, and not drop out—but live more richly, fully, and lusciously than she ever thought she could.

Women, Sex, Power, And Pleasure Harper Collins

American culture is more sexually liberal than ever. But compared to men, women's sexual pleasure has not grown: Up to 40 percent of American women experience the sexual malaise clinically known as low sexual desire. Between this low desire, muted pleasure, and experiencing sex in terms of labor rather than of lust, women by the millions are dissatisfied with their erotic lives. For too long, this deficit has been explained in terms of women's biology, stress, and age. In *The Pleasure Gap*, Katherine Rowland rejects the idea that women should settle for diminished pleasure; instead, she argues women should take inequality in the bedroom as seriously as we take it in the workplace and understand its causes and effects.

Drawing on extensive research and interviews with more than one hundred women and dozens of sexual health professionals, Rowland shows that the pleasure gap is neither medical malady nor psychological condition but rather a result of our culture's troubled relationship with women's sexual expression. This provocative exploration of modern sexuality makes a case for closing the gap for good.

The Pleasure Gap Createspace
Independent Publishing Platform
Has your sex life become dull and repetitive or even turned into a boring routine? Learn to spice it up with the addition of dirty talk! Both men and women love to hear what their partner wants to do for them, or what will be done to them before it's done. Hearing the words moaned, screamed, whispered, or growled heightens the sensations and can take the love making to a whole new level. However, dirty talking is not as "easy" as people make it seem. It's not just a matter of using every swear word the sailors taught you. There is an art and even a science to shocking the senses. Effectively dirty talking is a careful balancing act of

expressing desire, of smart communication between two different lovers, and letting yourself feel the emotion of the moment. In this guide, you will learn exactly how to talk dirty and how to do it right. You will discover what dirty talking is, the science of it, as well as the art of putting your own creative spin on the age-old hobby of talking your lover off. It takes you, step by step, from getting in the mood, during foreplay, during love making, to afterglow. You will know what to say and how to say it in every situation. And more importantly, you will be comfortable and sound confident when you talk dirty. In addition, you will get 157 dirty talk examples that are field tested and proven to work. You can use and analyze them in case you want to improve upon them. Both for-man and for-woman examples are included. The guide also shows you how these phrases can be adapted to different erotic role play scenarios and fantasies. Master the art of dirty talking and you will always be ready for a hot, wild, & exciting night!

Untrue Harper Collins

Did you know that the clitoris has 8000 nerve endings, twice as many as the

penis? Here is everything you've wondered about the female orgasm and how to make it happen. A witty, well-researched and revealing guide to giving your lover an orgasm every time. More than just foreplay, Ian Kerner argues that oral sex is the key to a great sex life for both partners. Short sections cover philosophy, technique, step-by-step instructions and detailed anatomical information, essential to both beginners and experienced lovers. 'It's time to close the sex gap and create a level playing field in the exchange of pleasure, and cunnilingus is far more than just a means for achieving this noble end; it's the cornerstone of a new sexual paradigm, one that exuberantly extols a shared experience of pleasure, intimacy, respect and contentment. It's also one of the greatest gifts of love a man can bestow upon a woman.' Ian Kerner

Holy Trinity, Perfect Community Hunter House

Sexual fantasies. Everyone has them, but no one knows what they mean. People are curious about and often confused by the things that arouse them, yet they are often too ashamed to reveal their most

private fantasies to their partners or even their therapists. In this fascinating and provocative book, Dr. Michael J. Bader offers a groundbreaking new theory of sexual desire, one that will liberate men and women and enable them to better understand their sexual preferences. Drawing on his twenty-five years as a psychotherapist and psychoanalyst, Dr. Bader demonstrates that rather than being programmed by biology or society, sexual fantasies and preferences are really psychological antidotes to unconscious dangers. Armed with this novel theory, men and women will no longer need to feel ashamed about what arouses them or confused about what arouses others. Dr. Bader sensitively tells the stories of his patients and explains the meaning of their sexual fantasies. In terms refreshingly free of jargon, he reveals how his profound new theory can be used to decipher a wide variety of sexual fantasies and behavior, ranging from ordinary preferences about positions in bed to flamboyant scenarios worthy of the Marquis de Sade. And yet, Dr. Bader's exciting new theory transcends the realm of individual psychology. Readers will come away with a radically

new understanding of such issues as sexual chemistry and boredom, cybersex, pornography, and the differences in how men and women get excited. Both erudite and accessible, *Arousal: The Secret Logic of Sexual Fantasies* is an important landmark in the literature of sexuality. [What Do Women Want?](#) Springer
How to get your Fifty Shades on... For anyone who's felt...inspired...after reading *Fifty Shades of Grey*, *The Book of Kink* both entertains and enlightens, showing you the who, what, where, why, and how of kinky sex. People everywhere are into kinky sex. For some, it's a way to spice up a withered sex life; for others, it's a way of life. No matter how or why we do it, kinky sex is as old as Adam and Eve and as commonplace as your next-door neighbor. For example, did you know: Japan organized the largest orgy ever caught on tape, featuring 500 participants? A Berlin hotel offers different rooms dedicated to kinky sex, including one with a coffin? Those who are into having sex with an armpit have a fetish called axillism? There is a university dedicated entirely to love and sex called the Loveology University? *The Book of Kink* is an entertaining and

enlightening look into all things beyond the pale when it comes to sex. Exploring everything from equipment, sex classes, sex parties, and porn to the who, what, where, when, why, and how of kink, it delves into fetishes, turn-ons, role-playing, and how the Internet has put a new spin on kinkiness. It is an X-rated romp through cultural and social history and contemporary mores. Whether you're appalled to learn that people actually do this or are relieved to find out that you're not the only one, you'll never see sex the same way again.

She Comes First Mango Garden Press Transform Yourself from "Passion Victim" to Passionista! In the smash hit *She Comes First*, Ian Kerner singlehandedly waged battle against male sexual "ill-cliteracy," and women everywhere benefited from his "viva la vulva" philosophy of female pleasure. Now, in *Passionista*, it's time to learn all about what turns men on—and makes them stay on. In this point-by-point, "blow-by-blow" guide, Kerner makes giving as much fun as receiving as he covers every angle of male sexuality, unlocks the secrets of satisfaction, and offers knowledgeable answers to the questions

every woman wonders about. His advice is the closest you'll ever come to waking up in a guy's skin and knowing what truly makes him sexually tick. Written in the same witty, insightful, and utterly readable voice that has made *She Comes First* and *Be Honest—You're Not That Into Him* Either so popular, *Passionista* is the empowered woman's guide to enjoying sex to the fullest—and ensuring that he does the same.

Arousal SAGE Publications

Are you ready to fully embrace your sensual and erotic self? For centuries, women have been taught their sexuality was something to be ashamed of and their sexual pleasure was controlled. This wasn't always the case. Eons ago, a woman's sexuality was celebrated: Aphrodite in Greek mythology, Qetesh from Egypt, the Hindu Goddess Kunti, just to name a few. With this groundbreaking book, you will find the courage to leave fears behind, communicate your wants and desires, and set your own boundaries. You CAN unlock your sexuality and reclaim your right as a woman to enjoy sensual pleasures without being judged. If you want to experience every part of your

sexual pleasure without shame and frustration, this book is for you. You will find your power to free yourself from society's antiquated and conflicting expectations of being a sexual woman. Within this book you will discover: How sex education programs in public schools continues to fail young women Your most important erogenous zone (hint: it isn't what you think) The amazing hidden secret to your lifeforce Reject shame and give yourself the power to R.E.C.L.A.I.M. your sexuality Breaking down myths about the big "O" once and for all Overcome excessive dryness with the G.L.I.D.E. technique How to find your eroticism and why it's essential to desire Why sex can and should be J.U.I.C.Y. How to give yourself permission for pleasure Awakening the G.O.D.D.E.S.S. inside of you How to take control of your sexual pleasure And much more... After reading this book, you will understand and know how to embrace your sexual pleasure. Slow Sex One More Chapter Researchers have spent the last decade trying to develop a 'pink pill' for women to function like Viagra does for men. So where is it? Well, for reasons this book

makes crystal clear, that pill will never exist - but as a result of the research that's gone into it, scientists in the last few years have learned more about how women's sexuality works than we ever thought possible, and this book explains it all.

Activate the Female Orgasm System

Canongate Books

The exercises in this book -- to be done both with and without a partner -- increase the sensual awareness of touch and encourage individuals to focus on their own desire, as well as looking for ways to please their partner. They can be performed by people of any sexual orientation, at any level of experience, and lead naturally to greater passion, sensitivity, and pleasure. This edition has been rewritten for greater clarity and includes the latest information on contraceptives, male and female desire, talking sexy, and oral sex as well as achieving mutual orgasm, including

advanced lovemaking techniques such as shifting focus, peaking, and plateauing.

Extended Massive Orgasm Hampton Roads Publishing

The classic guide to fully enjoying the pleasures of self-love, full of warmth, intelligence, and informative line drawings—from a renowned sex educator featured on Netflix's the goop lab with Gwyneth Paltrow Confronting one of our last and most deeply rooted taboos—masturbation—noted sex expert and pro-sex feminist Betty Dodson, Ph.D., takes the shame out of self-love by creating a straightforward and appealing guidebook that reveals masturbation as a satisfying, vital form of sexual expression. Dr. Dodson demonstrates how anyone can learn to make love alone with feelings of guilt or loneliness, and explains why masturbation is sexually and spiritually fulfilling for both men and women. Not only is it the safest sex, but sharing masturbation can also be a sensual treat for couples who want to learn more about

each other's sexual responses. Sex for One demonstrates that self-loving is not just for times in-between lovers or for social misfits. Masturbation is the joyful and ongoing love affair that each of us has with ourselves throughout childhood, adulthood, and the golden years of old age.

Management of Sexual Dysfunction in Men and Women Hachette UK

One of our bestselling and most respected cultural critics, Naomi Wolf, acclaimed author of *The Beauty Myth* and *The End of America*, brings us an astonishing work of cutting-edge science and cultural history that radically reframes how we understand the vagina—and, consequently, how we understand women. A “New Biography,” *Vagina* is at once serious, provocative, and immensely entertaining—a radical and endlessly fascinating exploration of the gateway to female consciousness from a remarkable writer and thinker at the forefront of the new feminism.

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