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# The Vaccine Friendly Plan Dr Pauls Safe And Effective Approach To Immunity And Health From Pregnancy Through Your Childs Teen Years

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Parent's Guide to Childhood Immunizations

Maternal Immunization

What Your Doctor May Not Tell You About(TM) Children's Vaccinations

Red Book 2021

The Vaccine-Friendly Plan

Red Book 2018

A Good Time to Be Born: How Science and Public Health Gave Children a Future

The Vaccine Book

Immunization in Practice

Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book  
Vaccines

Victory over Autism

INOCULATED

Vaccine Epidemic

Make an Informed Vaccine Decision for the Health of Your Child

Vaccines 2.0

Vaccine Free

Vaccines, Autoimmunity, and the Changing Nature of Childhood Illness

Super Nutrition for Babies, Revised Edition

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## **BURCH COLLINS**

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### Parent's Guide to Childhood Immunizations

Simon and Schuster  
An accessible and  
reassuring guide to  
childhood health and

immunity from a  
pediatrician who's both  
knowledgeable about the  
latest scientific research  
and respectful of a  
family's risk factors,  
health history, and  
concerns In The Vaccine-

Friendly Plan, Paul Thomas, M.D., presents his proven approach to building immunity: a new protocol that limits a child's exposure to aluminum, mercury, and other neurotoxins while building overall good health. Based on the results from his pediatric practice of more than eleven thousand children, as well as data from other credible and scientifically minded medical doctors, Dr. Paul's vaccine-friendly protocol gives readers • recommendations for a healthy pregnancy and

childbirth • vital information about what to expect at every well child visit from birth through adolescence • a slower, evidence-based vaccine schedule that calls for only one aluminum-containing shot at a time • important questions to ask about your child's first few weeks, first years, and beyond • advice about how to talk to health care providers when you have concerns • the risks associated with opting out of vaccinations • a practical approach to common illnesses

throughout the school years • simple tips and tricks for healthy eating and toxin-free living at any age The Vaccine-Friendly Plan presents a new standard for pediatric care, giving parents peace of mind in raising happy, healthy children. Praise for The Vaccine-Friendly Plan "Finally, a book about vaccines that respects parents! If you choose only one book to read on the topic, read The Vaccine-Friendly Plan. This impeccably researched, well-balanced book puts you in the

driver's seat and empowers you to make conscientious vaccine decisions for your family."—Peggy O'Mara, editor and publisher, Mothering Magazine "Sure to appeal to readers of all kinds as a friendly, no-nonsense book that cuts through the rhetoric surrounding vaccines. It offers validation to those who avoid some or all, while offering those who do want to vaccinate help on how to do so safely. This is a great book for anyone with children in their lives."—Natural

Mother "A valuable, science-supported guide to optimizing your child's health while you navigate through complex choices in a toxic, challenging world."—Martha Herbert, M.D., Ph.D., Harvard Medical School "An impressively researched guide, this important book is essential reading for parents. With clear and practical advice for shielding children from harmful toxins, it will compel us all to think differently about how to protect health."—Jay Gordon, M.D., FAAP

"Rather than a one-size-fits-all vaccine strategy, the authors suggest thoughtful, individualized decisions based on research and collaboration between parents and clinicians—a plan to optimize a child's immune system and minimize any risks."—Elizabeth Mumper, M.D., founder and CEO, The Rimland Center for Integrative Pediatrics "This well-written and thought-provoking book will encourage parents to think through

decisions—such as food choices and the timing of vaccines—that affect the well-being of their children. In a world where children’s immune systems are increasingly challenged, this is a timely addition to the literature.”—Harriet Lerner, Ph.D., bestselling author of *The Dance of Anger* and *The Mother Dance*

### **Maternal Immunization**

Ballantine Books

Over the past 50 years, rates of chronic illness, learning disabilities, and allergies in children have

exploded--1 in 6 children has a diagnosed learning disorder, 1 in 50 has autism, and 1 in 13 has severe food allergies. Instead of blaming genetics or increased awareness and diagnosis, author Thomas Cowan, MD, attributes these rising numbers to our current vaccination policy. In *Vaccines, Auto-Immunity, and the Assault on Childhood*, Cowan combines his years of experience as a medical practitioner with his research into the history and science of vaccines to

show how childhood illnesses, which help children to develop a robust immune system, are now eschewed by conventional medicine in favor of an increasing array of vaccinations that do more harm than good. Invoking philosopher Rudolph Steiner's vision of vaccines as inspired by "spirits of darkness," Cowan brings to light the various ways in which scientists and government officials work to promote a vaccine program that only increases suffering. Along the way he

questions commonly held views of cell biology, the role of water in the body, and the spatial and spiritual components of autism. Additionally, he provides hope of recovery in the form of a nontoxic course of treatment for those suffering chronic inflammation and other adverse immune responses to vaccines. Cowan's thoughtfully bold writing takes us on a journey into the history of illness, questioning the true origins of diseases such as polio, and asking important questions, such

as: why did paralytic polio make a sudden appearance in the US in the years between 1916-1918? The answers lie far beyond what conventional medicine would have us believe. Vaccines, Auto-Immunity, and the Assault on Childhood asks that we re-examine not only our modern health system but our relationship with the spiritual world. Only then will we find true health.  
**What Your Doctor May Not Tell You About(TM) Children's Vaccinations**  
Grand Central Publishing

Provides a guide to childhood vaccines, detailing for each the disease it is intended to prevent, its side effects, and how it is made.  
*Red Book 2021* Ballantine Books  
The 20/20 Diet by Dr. Phil McGraw gives readers a perfect, 20/20 vision of what their lives and bodies will look like when they finally lose weight and keep it off forever.  
**The Vaccine-Friendly Plan** Wheatmark, Inc.  
The Unvaccinated Child is an unparalleled naturopathic treatment

guide for common childhood illnesses. Its style is reader friendly for parents without a medical background or for practitioners looking for treatment options to offer their patients. This is a practical must-have book for any parent whether their child has or has not been vaccinated.

Red Book 2018 Ballantine Books

Freshly revised and updated to include incredible full-color photography, *Super Nutrition for Babies, Revised Edition*, features

new recipes and the latest nutritional recommendations.

Nutrition and proper feeding are critical in a baby's formative first months and years.

However, many traditional feeding recommendations and convenience-focused baby foods are created based on convention, rather than fostering optimal health and nutrition for infants. Filled with sugar, preservatives, and chemically-refined ingredients, these conventional baby foods make children vulnerable

to illnesses and developmental difficulties now—and later in life. The revised version of *Super Nutrition for Babies* gives parents the latest science-verified nutritional recommendations for feeding their child. Based on the recommendations of nutrition pioneer Dr. Weston A. Price and traditional food principles, *Super Nutrition for Babies, Revised Edition* provides you with information on all aspects of nutrition and feeding, including when to introduce meat in a child's diet, healthier



alternatives to dairy and soy, and introducing solid foods. You'll also get a comprehensive tutorial on establishing a regular eating schedule, dealing with picky eating, and the best foods for every age and stage. *Super Nutrition for Babies, Revised Edition* is everything you need to give your baby the best nutrition to minimize illness, improve sleep, and optimize brain development.

*A Good Time to Be Born: How Science and Public Health Gave Children a Future* Simon and

Schuster  
The fight against child mortality that transformed parenting, doctoring, and the way we live. Only one hundred years ago, in even the world's wealthiest nations, children died in great numbers—of diarrhea, diphtheria, and measles, of scarlet fever and tuberculosis. Throughout history, culture has been shaped by these deaths; diaries and letters recorded them, and writers such as Louisa May Alcott, W. E. B. Du Bois, and Eugene

O'Neill wrote about and mourned them. Not even the powerful and the wealthy could escape: of Abraham and Mary Lincoln's four children, only one survived to adulthood, and the first billionaire in history, John D. Rockefeller, lost his beloved grandson to scarlet fever. For children of the poor, immigrants, enslaved people and their descendants, the chances of dying were far worse. The steady beating back of infant and child mortality is one of our greatest human

achievements.

Interweaving her own experiences as a medical student and doctor, Perri Klass pays tribute to groundbreaking women doctors like Rebecca Lee Crumpler, Mary Putnam Jacobi, and Josephine Baker, and to the nurses, public health advocates, and scientists who brought new approaches and scientific ideas about sanitation and vaccination to families. These scientists, healers, reformers, and parents rewrote the human experience so that—for

the first time in human memory—early death is now the exception rather than the rule, bringing about a fundamental transformation in society, culture, and family life.

*The Vaccine Book* Little, Brown Spark

The AAP's authoritative guide on preventing, recognizing, and treating more than 200 childhood infectious diseases.

Developed by the AAP's Committee on Infectious Diseases as well as the expertise of the CDC, the FDA, and hundreds of physician contributors.

### Immunization in Practice

Skyhorse

Public health officials state that vaccines are safe and effective, but the truth is far more complicated. Vaccination is a serious medical intervention that always carries the potential to injure and cause death as well as to prevent disease. Coercive vaccination policies deprive people of free and informed consent—the hallmark of ethical medicine. Americans are increasingly concerned about vaccine safety and

the right to make individual, informed choices together with their healthcare practitioners. Vaccine Epidemic focuses on the searing debate surrounding individual and parental vaccination choice in the United States. Habakus, Holland, and Rosenberg edit and introduce a diverse array of interrelated topics concerning the explosive vaccine controversy, including the ethics of vaccination mandates, corrupting conflicts of interest in the national

vaccine program, and personal narratives of parents, children, and soldiers who have suffered vaccine injury. Newly updated with additional chapters focusing on institutional scientific misconduct, mandates for healthcare workers, concerns about HPV vaccine development, and the story behind the Supreme Court's recent vaccine decision, Vaccine Epidemic remains the essential handbook for the vaccination choice movement and required

reading for all people contemplating vaccination for themselves and their children. *Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book* The Vaccine-Friendly Plan n November of 2013, Simpson University biology professor, Dr. Brian Hooker got a call from Dr. William Thompson, a senior scientist at the Centers for Disease Control and Prevention (CDC) working in vaccine safety. Their conversations would lead

to explosive revelations that top officials at the CDC engaged in a systematic cover-up of data showing that earlier administration of the MMR vaccine caused increased rates of autism in children, particularly African-American males. Thompson would eventually turn over thousands of the documents to US Congressman William Poesy. Science teacher and author, Kent Heckenlively, was granted access to this unprecedented trove of

documents and uses them, as well as groundbreaking interviews with any of the key players in this debate, to tell the story of how vaccines have become a thirty-year disaster since passage of the 1986 National Childhood Vaccine Injury Act which gave pharmaceutical companies complete immunity for damages caused by their products. Vaccines Waterfront Press This practical guide contains seven modules targeted at district and health facility staff. It

intends to meet the demands to improve immunization services so as to reach more infants in a sustainable way, building upon the experiences of polio eradication. It includes materials adapted from polio on planning, monitoring and use of data to improve the service, that can be used at any level. Revising the manual has been a team exercise. There are contributions from a large number of experts, organizations and institutions. This new

edition has seven modules. Several new vaccines that have become more readily available and used in recent years have been added. Also the section on integration with other health interventions has been expanded as exciting opportunities and experiences have become evident in the years following the previous edition. Module 1: Target diseases and vaccines  
Module 2: The vaccine cold chain  
Module 3: Ensuring safe injections  
Module 4: Microplanning

for reaching every community  
Module 5: Managing an immunization session  
Module 6: Monitoring and surveillance  
Module 7: Partnering with communities.  
*Victory over Autism*  
Government Printing Office  
"If anyone you know is struggling with addiction—or if you think you might have a problem—you want to read this book."—GARTH STEIN, bestselling author of *The Art of Racing in the Rain* "a proven,

comprehensive program that compassionately guides the reader to a place of resolution"—DAVID PERLMUTTER, MD, #1 New York Times bestselling author of *Grain Brain*, and, *Brain Maker* "a massive achievement and a giant step forward for addiction medicine"—ANNIE GRACE, author of *This Naked Mind* Drug overdose is now the leading cause of death for Americans under fifty. Even as opiate addiction skyrockets, more people than ever before are

hooked on alcohol, sedatives, cigarettes, and even screens. The face and prevalence of addiction has changed and evolved, but our solutions to addiction are stuck in the past. We've been treating addiction as a black or white issue, a disease you either suffer from or will never suffer from. The problem with this model is that it doesn't account for the incredible forces working against all of us, pushing all of us toward addiction: stress, undernourishment, sleep-deprivation, vitamin

D deficiency, and isolation, not to mention a flawed medical system and corrupt pharmaceutical companies doling out prescriptions at every turn. The truth: Addiction is a disease that, like many others, exists on a spectrum. We are more vulnerable to becoming addicted to substances at certain points in our lives and based on the evidence provided in *The Addiction Spectrum*, most effective at kicking addiction when we take a holistic approach. With

the help of the 13-point plan and individual protocols detailed in this book, you have the power to change your destiny. No one understands this more than Dr. Paul Thomas, who recovered from alcohol addiction early in his career and founded one of the most effective rehabilitation centers for teens and young adults in his hometown of Portland, OR. Named one of the top family doctors and one of the top pediatricians in the country, Dr. Paul is also board-certified in

both integrative medicine and addiction medicine. This unique combination of specialties is intentional: Dr. Paul has devoted his entire life and career to saving lives. Using the best conventional medicine alongside the new science of alternative health, Dr. Paul has treated thousands of patients with the life-saving solutions provided in *The Addiction Spectrum*. Addiction is a compendium of often devastating circumstances that have gone unchecked by

society for far too long. This book is a positive light and guide to overcoming not only addiction but the challenges and obstacles that affect us all. *INOCULATED* Simon and Schuster  
The AAP's authoritative guide on preventing, recognizing, and treating more than 200 childhood infectious diseases. Developed by the AAP's Committee on Infectious Diseases as well as the expertise of the CDC, the FDA, and hundreds of physician contributors.

*Vaccine Epidemic* Chelsea Green Publishing  
Journalist Jennifer Margulis questions the information parents are given by the medical community and the consumer culture, addressing the relationship between the money-making business of pregnancy and the early childcare advice parents are given. *Make an Informed Vaccine Decision for the Health of Your Child* Simon and Schuster  
To preserve public vaccine policy, Dr. Paul

Thomas was disbarred and discredited—discover how he was punished for pursuing the truth for his patients. On December 3, 2020, the Oregon Medical Board issued an emergency order to suspend the license of renowned physician Paul Thomas, MD. The ostensible reason was that Dr. Thomas posed a threat to public health by failing to vaccinate his pediatric patients according to the CDC's schedule. However, the order came just days after Thomas published a peer-

reviewed study indicating that his unvaccinated patients were the healthiest children in his practice. The medical board ignored this data despite having requested Thomas to produce peer-reviewed evidence to support his alternative approach. "Dr. Paul" started out practicing medicine the way he was trained to, which meant vaccinating according to the CDC's routine childhood vaccine schedule. But then he went on a journey of awakening, becoming

what he calls "vaccine risk aware," and arrived at a place where no longer in good conscience could he continue "business as usual" with this one-size-fits-all approach. He left a private group practice to open his own clinic with the foundational principles of individualized care and respect for the right to informed consent. He wrote the Vaccine-Friendly Plan with Jennifer Margulis, PhD, to help parents navigate the decision-making process. Then the accusations from the medical board started



coming. The War on Informed Consent exposes how the medical board suspended Dr. Thomas's license on false pretexts, illuminating how the true reason for the order was that, by practicing informed consent, he posed a threat to public vaccine policy, which is itself the true threat to public health.

**Vaccines 2.0** Public Health Foundation  
Dr Richard Halvorsen brings together the latest medical knowledge on all modern child vaccines

(age 0-15yrs), as well as the diseases they aim to protect against, including the 'flu virus. The guide includes what is known about the link between vaccination, autism and other auto-immune diseases, and what parents can do. Dr Richard Halvorsen has added clinical information from his practice as a general practitioner for almost three decades where it is useful to parents, as well as a quick reference. Includes: autism, 'flu, smallpox, diphtheria, tuberculosis,

polio, tetanus, mumps, measles, rubella, whooping cough, meningitis C, pneumococcus, hib, swine flu, the '6-in-1' vaccine, MMR, HPV, rotavirus, hepatitis B, meningitis B. *Vaccine Free* St. Martin's Press

The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the

disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines' side effects Expanded discussions of combination vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations  
The Vaccine Book

provides exactly the information parents want and need as they make their way through the vaccination maze.  
*Vaccines, Autoimmunity, and the Changing Nature of Childhood Illness*  
Harper Collins  
The Vaccine-Friendly Plan  
Ballantine Books  
**Super Nutrition for Babies, Revised Edition**  
World Health Organization  
Children are recovering from autism, as are their families. Children are recovering from autism, and yet the general public is largely unaware that

this is even possible, let alone happening at astounding rates. While traditional medicine continues to be stymied on the causes and potential remedies, other physicians and proactive parents have partnered to become a progressive force for change. In *Victory over Autism*, Mary Romaniec takes the reader through the personal stages parents will experience when their child is first diagnosed with autism, and shows how to become part of the next generation of

proactive parents who are making a difference in the well-being of their children and families. Romaniec explores the stages of grief associated with the diagnosis, followed by an examination of the winning attributes parents should and will possess or adopt as they strive toward the goal of better health and full recovery for their child. Victory over Autism includes personal accounts of overcoming the autism odds, looking out for all family members, and addressing

marriage issues, and explores ways of getting the parent into the mindset that a victory over autism is a realizable goal. Vaccines Simon and Schuster  
The Public Health Foundation (PHF) in partnership with the Centers for Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or "The Pink Book" E-Book. This

resource provides the most current, comprehensive, and credible information on vaccine-preventable diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. "The Pink Book E-Book" allows you, your staff, and others to have quick access to features such as keyword search and

chapter links. Online schedules and sources can also be accessed directly through e-readers with internet access. Current, credible, and comprehensive, “The Pink Book E-Book” contains information on each vaccine-preventable disease and delivers immunization providers with the latest information on: Principles of vaccination General recommendations on immunization Vaccine safety Child/adult immunization schedules

International vaccines/Foreign language terms Vaccination data and statistics The E-Book format contains all of the information and updates that are in the print version, including: · New vaccine administration chapter · New recommendations regarding selection of storage units and temperature monitoring tools · New recommendations for vaccine transport ·

Updated information on available influenza vaccine products · Use of Tdap in pregnancy · Use of Tdap in persons 65 years of age or older · Use of PCV13 and PPSV23 in adults with immunocompromising conditions · New licensure information for varicella-zoster immune globulin Contact [bookstore@phf.org](mailto:bookstore@phf.org) for more information. For more news and specials on immunization and vaccines visit the Pink Book's Facebook fan page

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