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practiced for approximately 10,000 hours up to that point. Everything You Need To Know About The 10,000 hours' rule ... It's the ability to see the distance between where you are now and where you want to be, and trusting that if you take the right actions, you can close that gap. The 10,000 hour rule shows us what can happen when we constantly seek improvement and trust the process. It might not give us the full picture of the road to mastery or show us how unpredictable it can be, but it does show us the universal starting point: a deep, enduring commitment. Is the 10,000 Hour Rule Wrong? - *Fabulous Magazine* Malcolm Gladwell identified this

10,000 hour maxim in his book, *Outliers*. The rule has to do with attaining Big Time Success. The rule has to do with attaining Big Time Success. Based on Anders Ericsson's analysis of people who reached the top of their fields, Gladwell claims that any of us can reach greatness by practicing tasks relevant to our chosen field for a total of 10,000 hours. How the 10,000 hour rule benefits us - Education ... Basically, this book *reveals* that people don't gain success through talent and hard work alone; rather they have other, often hidden, advantages. These can be cultural, social, financial, and circumstantial. It also suggests that talent + advantages + 10000 hours of practice =

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