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# Cost Containment And Efficiency In National Health Systems A Global Comparison

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Building Housing for the Low-income Elderly  
Improving Cost Effectiveness in Health Care  
Hospital Cost Containment Programs  
Quality and Cost Containment in Care of the  
Elderly  
Hearings Before the Committee on Finance,  
United States Senate, One Hundred Second  
Congress, Second Session  
Health Services Research Perspectives  
Selected Notes for Future Policy  
Submitted to the Program in Hospital  
Administration ... in Partial Fulfillment ... for the  
Degree of Master of Health Services  
Administration  
Fears, Opinions, and Facts  
Teaching Quality Assurance and Cost  
Containment in Health Care  
A Systematic Review and Assessment on  
Efficiency and Equity in Healthcare  
High-Risk Insurance Pool

Case Study of Sanjay Gandhi Post-Graduate  
Institute of Medical Sciences, Lucknow, India  
Lowering Costs and Improving Outcomes:  
Workshop Series Summary  
Cost Sharing as a Cost Containment Strategy  
A Bibliography  
January 1975 Through October 1983 : 349  
Citations in English from the Health Planning and  
Administration Database  
Successes/problems in Implementing HUD's Cost  
Containment Requirements : Briefing Report to  
the Chairman, Special Committee on Aging, U.S.  
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Health Care Cost Containment Strategies  
Hud's Cost Containment Program Could Be More  
Effective  
Summary of Testimony Presented on the  
President's Hospital Cost Containment Proposal,  
H.R. 2626  
Comments on Laurence Seidman's Paper  
The Medical Cost-containment Crisis  
The Hospital Cost Containment Act of 1977  
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Human Resources, United States Senate, Ninety-  
eighth Congress, Second Session, on Examining  
how Best to Create an Environment that Will  
Instill the Competitive Market Forces in the  
Health Care Delivery System and to Eliminate the  
Inefficiencies that Presently Exist There, June 21,  
1984

A Global Comparison  
Support Papers for a University Hospital Cost  
Containment Committee  
The Healthcare Imperative  
Unequal Treatment:  
A Cooperative Strategy to Promote Competition  
and Choice  
Case Histories of Energy Conservation Based on a  
National Survey of Select Hospitals  
Price Setting and Price Regulation in Health Care  
Hospital Cost Containment  
What are the Equity, Efficiency, Cost Containment  
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Assessing Health Care Reform  
Cost Containment and Physician Autonomy,  
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*Cost  
Containment  
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Efficiency In  
National  
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## **GAMBLE DRAVEN**

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**Building Housing for  
the Low-income  
Elderly** Cost  
Containment and  
Efficiency in National

Health SystemsA  
Global Comparison  
Canada, finland, brd,  
indien, storbritannien,  
usa this publication is a  
report on a meeting,  
dealing with: Economic  
efficiency in health  
care delivery, health  
care cost containment  
policies, the growth of  
health expenditure in  
finland 1960-1980,

measures to improve the economic efficiency of health care delivery in the federal republic of germany, research and policy measures concerned with improving economic efficiency in the health care delivery system in india, seeking greater efficiency in the british nhs, changing incentives for a more responsive and efficient health care system in usa, establishment of medical and paramedical profiles in belgium, management indicators and primary health care, hospital care budget control through utilisation rationing, and health, economics and social welfares.

Improving Cost Effectiveness in Health Care John Wiley & Sons

In response to a congressional request, GAO: (1) reviewed the effectiveness of the Department of Housing and Urban Development's (HUD) initiatives to control elderly housing program costs; (2) assessed whether additional opportunities existed for further cost control; and (3) identified the beneficiaries of the program. GAO found that: (1) HUD projects, under its cost-containment initiatives, were more modest and had 16-percent lower average unit costs than projects built before HUD implemented the initiatives; (2) HUD would have needed \$100 million more to fund the housing units in 1985 if it had not reduced its costs; (3) HUD could have further

reduced its costs by requiring that the supplemental cost-containment provisions be applied to all projects, selecting projects with the most modest designs, and increasing the number of less-costly efficiency units in projects; and (4) the majority of the program beneficiaries were individuals who were single and who had very low incomes.

*Hospital Cost*

*Containment Programs*

Taylor & Francis

This dissertation, "High-risk Insurance Pool: a Systematic Review and Assessment on Efficiency and Equity in Healthcare" by Mei-ni, Ng, 李美妮, was obtained from The University of Hong Kong (Pokfulam, Hong Kong) and is being sold pursuant to Creative Commons:

Attribution 3.0 Hong Kong License. The content of this dissertation has not been altered in any way. We have altered the formatting in order to facilitate the ease of printing and reading of the dissertation. All rights not granted by the above license are retained by the author. Abstract: To enable high-risk individuals to have access to private health insurance, the Hong Kong government has announced the establishment of a high-risk pool reinsurance mechanism. Under the voluntary and government-regulated insurance program, "Health Protection Scheme," the high-risk pool will accept individuals with pre-existing medical

conditions or higher health risks. Critics have long expressed their concerns regarding the financial sustainability of Hong Kong's healthcare system due to its heavy reliance on government subsidies and publicly funded services. Patients with pre-existing conditions are denied coverage by the private insurance sector, and have to rely heavily on the overburdened public healthcare system. Following the United States, the Hong Kong government suggests that a high-risk pool proposal will offer a relatively simpler approach compared to other alternatives. However, little is known about its applicability in Hong Kong or potential problems. Therefore,

the objective of this study is to evaluate the effectiveness of high-risk pool in promoting healthcare efficiency, equity, and to make recommendations for the operations in Hong Kong. A systematic literature review was conducted on the MEDLINE database to study the overseas experience of high-risk insurance pools. Of the 52 articles included in the systematic review, the majority of the studies cover the operations in the United States. Results are analysed from the following eight perspectives. For efficiency, the studied areas include (1) fiscal sustainability, (2) adverse selection, (3) risk sharing and (4) cost containment. For equity, (5) insurance premium, (6) out-of-

pocket expense, (7) enrolment barrier and (8) program awareness of the high-risk pools are analysed. Results of the systematic review show the inadequacies of the high-risk pool mechanisms in all of the above studied areas. In the United States, while industry assessment and government subsidization intend to facilitate risk sharing for high-risk population, insufficient funding and the industry's deteriorated risk sharing capabilities undermine system efficiency. In addition, adverse selection and cost containment add to the already lengthy list of problems that high-risk pools have yet to address. Limited subsidies, high out-of-pocket payments, strict

eligibility rules, and insufficient program awareness remain the four major barriers to health equity for the uninsurable. While studies on the overseas healthcare system have revealed several inadequacies regarding the high-risk pool mechanism, these uncertainties have to be resolved before Hong Kong can move forward to improve its healthcare efficiency and equity. More thoughts should be given on how the risk sharing capability can be enhanced within the insurance industry. Without a clear definition or a standardized underwriting rule that clearly defines "high-risk," the high-risk pool could become a platform to practice adverse selection and

further deteriorate the already limited risk sharing among the population. For addressing the issue of cost containment, the DRG charging system and chronic disease management programs are pivotal components to be incorporated. The government should perform a concrete assessment to justify how the spending on high-risk pool can essentially promote a more equitable system in Hong Kong. By considering the impact on both private in Quality and Cost Containment in Care of the Elderly Jossey-Bass Incorporated Pub The objectives of this study are to describe experiences in price setting and how pricing has been used to attain better coverage, quality, financial

protection, and health outcomes. It builds on newly commissioned case studies and lessons learned in calculating prices, negotiating with providers, and monitoring changes. Recognising that no single model is applicable to all settings, the study aimed to generate best practices and identify areas for future research, particularly in low- and middle-income settings. The report and the case studies were jointly developed by the OECD and the WHO Centre for Health Development in Kobe (Japan). Hearings Before the Committee on Finance, United States Senate, One Hundred Second Congress, Second Session National

Academies Press  
Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In *Unequal Treatment*, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients'

and providers' attitudes, expectations, and behavior are analyzed. How to intervene? *Unequal Treatment* offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. *Unequal Treatment* will be vitally important to health care policymakers,

administrators, providers, educators, and students as well as advocates for people of color.

### **Health Services**

#### **Research**

**Perspectives** National Academies Press

Cost Containment and Efficiency in National Health SystemsA

Global ComparisonJohn Wiley & Sons

*Selected Notes for Future Policy*

HarperTorch

First published in 1998.

This volume (the second of a twin set grouping articles based on papers presented at seminars in Sigtuna, Sweden, during 1994 – 1996) deals with the largest spending programs of the welfare state – old age pensions and medical care, and their place within debates about the desirability and

affordability of modern social programs. The volume is divided into four parts. The first part deals with general welfare state issues, cross-cutting themes and characterizations of whole systems within such diverse disciplines as social law, sociology and economics. Part two deals with old age pension reform. The countries discussed have widely different geographical, cultural and historical backgrounds. Part three takes up a number of interesting topics under the heading of health care reform. Part four deals with a substantial issue located and the juncture of aging, affordability, pensions and especially health care: increased longevity (and

population aging) and the associated disability and frailty. What effect will these have on the future of modern welfare states?

**Submitted to the  
Program in Hospital  
Administration ... in  
Partial Fulfillment ...  
for the Degree of  
Master of Health  
Services**

**Administration** OECD  
Publishing

The United States has the highest per capita spending on health care of any industrialized nation but continually lags behind other nations in health care outcomes including life expectancy and infant mortality. National health expenditures are projected to exceed \$2.5 trillion in 2009. Given healthcare's direct impact on the

economy, there is a critical need to control health care spending. According to The Health Imperative: Lowering Costs and Improving Outcomes, the costs of health care have strained the federal budget, and negatively affected state governments, the private sector and individuals. Healthcare expenditures have restricted the ability of state and local governments to fund other priorities and have contributed to slowing growth in wages and jobs in the private sector. Moreover, the number of uninsured has risen from 45.7 million in 2007 to 46.3 million in 2008. The Health Imperative: Lowering Costs and Improving Outcomes identifies a number of factors

driving expenditure growth including scientific uncertainty, perverse economic and practice incentives, system fragmentation, lack of patient involvement, and under-investment in population health. Experts discussed key levers for catalyzing transformation of the delivery system. A few included streamlined health insurance regulation, administrative simplification and clarification and quality and consistency in treatment. The book is an excellent guide for policymakers at all levels of government, as well as private sector healthcare workers.

**Fears, Opinions, and Facts** Jossey-Bass Incorporated  
 Pub Abstract: In many U.S.

public programs, the government contracts with private firms to deliver in-kind benefits to recipients. These public-private partnerships generate agency problems that could drive up costs and lower program efficiency, but cost containment regulations may discourage firm participation and reduce access among eligible households. We examine these trade-offs in the context of California's Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), which provides vouchers to low-income pregnant women and children under five to obtain free food packages from private vendors, and has complex rules about eligible products.

We use variation from a 2012 cost containment reform, which resulted in a 55 percent drop in the number of small vendors, and examine how local access to small vendors affects WIC take-up among pregnant women. We find that within-ZIP-code access to small vendors raises the likelihood of WIC take-up among first-time mothers, and that this effect is stronger for foreign-born than U.S.-born women and exists even for mothers who also have access to a larger WIC vendor. Our findings suggest that small vendors are uniquely effective at lowering barriers to take-up among subgroups of women with high program learning costs, and that cost containment

reforms, which frequently target these vendors, may have unintended consequences of inequitably reducing program access

**Teaching Quality Assurance and Cost Containment in**

**Health Care** Health Administration Press  
Written by a local health economics expert, each of the eight chapters in this timely handbook and ready reference describes the national healthcare system of a different industrialized country. In each case, the 4-5 specific policies with the highest impact on that respective country over the past 20-30 years are identified. In addition, the economic characteristics of each policy are described and, where possible, its

success evaluated, discussing the current policy agenda. A final chapter summarizes and synthesizes the major points of the analysis. While the main focus is on economics, this guide is written in non-technical language for an audience of health policy decision makers or students of health policy, making it an invaluable contribution to the current debate surrounding the control of rising healthcare-related costs in the developed world.

A Systematic Review and Assessment on Efficiency and Equity in Healthcare National Academies Press

This book establishes a framework for assessing health care reform proposals and their implementation. It helps clarify

objectives, identifies issues to be addressed in proposals, distinguishes between short- and long-term expectations and achievements, and directs attention to important but sometimes neglected questions about the organization and provision of health care services. In addition, the volume presents a discussion and analysis of issues essential to achieving fundamental goals of health care reform: to maintain and improve health and well-being, to make basic health coverage universal, and to encourage the efficient use of limited resources. The book is a useful resource for anyone developing or assessing options for reform.

High-Risk Insurance

Pool BiblioGov

Tertiary care hospitals are labour and cost-intensive. All the resources are scarce therefore cost containment/cost effectiveness with efficiency of hospital services are the prime concern. Financial crunch, indiscipline, absenteeism, labour union problems, pilferages, etc are THE main bottlenecks with the regularly employed hospital staff. The only alternative seems to be to go in for outsourcing of one or combination of all resources to achieve effectiveness and efficiency. In view of above, the 696-bedded tertiary care hospital located at Lucknow, India, introduced the concept of outsourcing of hospital services one by one and achieved

the desired results and accomplishing the objectives of the Institute. An analysis of financial data (expenditure to be incurred in hospital services) for 3-4 years in case the hospital owned the labour/material/medicine, etc. involved in in-patient care was compared with similar type of financial analysis drawn from outsourcing services already existing in the hospital. The results have shown that the cost was contained to the tune of 28 per cent (direct) and 52.4 per cent (indirect) in case of man outsourcing, 58.38 per cent (direct) and 72.25 per cent (indirect) in case of man and materials outsourcing, and approx. 33 per cent (direct) in case of

machine was outsourced. Machines such as MRI, Ultrasound etc on lease have also given reasonably good results in terms of revenue generation and uninterrupted services.

Routledge

Analyzes the initial efforts and experiences of the Diagnostic-Related Group-based prospective payment systems introduced in 1983 as an attempt to contain health-care cost for the elderly. Sections cover the context, the effect on individuals and on institutions, and prospective problems and require

**Case Study of Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow, India**

Since 1977, the hsa in

west central ohio has been a significant factor in containing hospital costs in ten community hospitals serving approximately 400,000 people. Hsa efforts have contributed to: Substantial reductions in hospital operating costs estimated at over 4 million dollars. Sizeable reductions in the area's acute care hospital bed complement of over 8% (140 Beds eliminated). These economies, which have been realized at all of the area hospitals at a time when the area's population has increased by 6% from 1970 to 1980.

**Lowering Costs and Improving Outcomes: Workshop Series Summary**

Cost Sharing as a Cost

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*Implementing HUD's*  
*Cost Containment*  
*Requirements :*  
*Briefing Report to the*  
*Chairman, Special*  
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