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# The French Minimalist Capsule Wardrobe E Book Fall 2016

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Frenchwomen's Secrets for Timeless Beauty, Style, and Substance

A Guide to Elegance

The Ultimate Guide to French Style, Fashion and Beauty

Enjoy Modern Family Life More by Doing Less

French Chic Living: the Ultimate Guide to a Life of Elegance, Beauty and Style

How We Went from Sunday Best to Fast Fashion

Minimalist Parenting

How French Women Tidy Their Closet

A Visual Guide to Minimalism

Christian Dior

Capsule Wardrobe, Core Capsule

French Chic

The Chic Closet

Learn Your Colours

Capsule Wardrobe Essentials

The Ultimate Book of Outfit Formulas

A Simple System for Discovering Your Personal Style and Building Your Dream  
Wardrobe

Parisian Chic

Sewing Your Perfect Capsule Wardrobe

The Curated Closet

Love Yourself, Love Your Life

The Capsule Wardrobe

Affordable Clothes that Work for You! : Capsule Concept

La Bella Figura

Wardrobe Crisis

A Guide to Achieving Effortless Style, with Secrets from the Women Who Have It

The Capsule Wardrobe

Notes from a Blue Bike

Designer of Dreams

Your Hidden Food Allergies are Making You Fat

The Cool Factor

5 Key Pieces with Full-size Patterns That Can Be Tailored to Your Style

Working Wardrobe

Less

The Paradox of Choice

French Chic

Flaunting it : Your Ultimate Guide to Effortless Style

Capsule Wardrobe, Curated Closet: Capsule Wardrobe, Curated Closet (Personal Style, Your Guide, Effortless, French)

Style Made Simple

*The French Minimalist  
Capsule Wardrobe E  
Book Fall 2016*

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## **MCMAHON GAMBLE**

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### **Frenchwomen's Secrets for Timeless Beauty, Style, and Substance**

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A noted designer presents an easy, affordable approach to successful dressing for today's working woman by explaining her "capsule concept" through interviews with notable

American women

**A Guide to Elegance** Rizzoli Publications

For any woman who last saw forty on her speedometer comes a sparkling new primer for aging—the French way—with grace and style. Frenchwomen of a certain age (over forty) are captivating and complex. They appear younger than their years and remain stylish throughout their lives. They look at birthdays as a celebration of a life well-lived and perhaps a good reason to go

shopping before they dress to perfection for a celebration of another anniversaire. American-born journalist and blogger Tish Jett has lived among the French for years and has studied them and stalked them to learn their secrets. Exploring how their wardrobe, beauty, diet, and hair rituals evolve with time and how some aspects of their signature styles never change, Jett shows how Frenchwomen know their strengths, hide their weaknesses, and never talk about their fears, failures, or flaws. After all, in France, beauty, style, and charm have no expiration dates!

**The Ultimate Guide to French Style, Fashion and Beauty** Penguin

The decluttering craze meets a passion for sustainable living and interior design in this gorgeous new book for readers of

The Life-Changing Magic of Tidying Up This book promises an opportunity for self-reflection and lasting change, by getting to the bottom of why we've accumulated too much stuff in the first place, therefore allowing us to transform our lives. Professional decluttering and design team Cary and Kyle of New Minimalism will take you through every step, from assessing your emotional relationship to your stuff to decluttering your home to then turning it into a beautifully designed space that feels clean and tidy without feeling sparse or prescriptive. And all of this without filling up a landfill—you'll find resources and strategies to donate and reuse your stuff so you don't have to feel guilty about getting rid of it!

*Enjoy Modern Family Life More by Doing*

### Less Penguin

Presents a strategic approach to identifying, refining, and expressing personal style and building the ideal wardrobe to match it, with every day style and shopping strategies.

### French Chic Living: the Ultimate Guide to a Life of Elegance, Beauty and Style

#### Sasquatch Books

Inspired by Paris, this lighthearted and deceptively wise contemporary memoir serves as a guidebook for women on the path to adulthood, sophistication, and style. Jennifer Scott's self-published success is now a beautifully packaged and fully illustrated gift book, perfect for any woman looking to lead a more fulfilling, passionate, and artful life. Paris may be the City of Light, but for many it is also the City of Transformation. When

Jennifer Scott arrived in Paris as an exchange student from California, she had little idea she would become an avid fan of French fashion, lifestyle, and sophistication. Used to a casual life back home, in Paris she was hosted by a woman she calls "Madame Chic," mistress of a grand apartment in the Sixteenth Arrondissement. Madame Chic mentors Jennifer in the art of living, with elegance and an impeccably French less-is-more philosophy. Three-course meals prepared by the well-dressed Madame Chic (her neat clothes covered by an apron, of course) lure Jennifer from her usual habit of frequent snacks, junk food, sweatpants, and TV. Additional time spent with "Madame Bohemienne," a charming single mother who passionately embraces Parisian joie de

vivre, introduces readers to another facet of behind-closed-doors Parisian life. While Francophiles will appreciate this memoir of a young woman's adventure abroad, others who may not know much about France will thrill to the surprisingly do-able (yet chic!) hair and makeup lessons, plus tips on how to create a capsule wardrobe with just ten useful core pieces. Each chapter of *Lessons from Madame Chic* reveals the valuable secrets Jennifer learned while under Madame Chic's tutelage—tips you can master no matter where you live or the size of your budget. Embracing the classically French aesthetic of quality over quantity, aspiring Parisiennes will learn the art of eating (deprive yourself not; snacking is not chic), fashion (buy the best you can afford), grooming (le

no-makeup look), among other tips. From entertaining to decor, you will gain insights on how to cultivate old-fashioned sophistication while living an active, modern life. *Lessons from Madame Chic* is the essential handbook for a woman that wants to look good, live well, and enjoy that Parisian je ne sais quoi in her own arrondissement. *How We Went from Sunday Best to Fast Fashion* Thomas Nelson  
Take charge of your finances and achieve financial independence – the Clever Girl way Join the ranks of thousands of smart and savvy women who have turned to money expert and author Bola Sokunbi for guidance on ditching debt, saving money, and building real wealth. Sokunbi, the force behind the hugely popular Clever Girl

Finance website, draws on her personal money mistakes and financial redemption to educate and empower a new generation of women on their journey to financial freedom. Lighthearted and accessible, *Clever Girl Finance* encourages women to talk about money and financial wellness and shows them how to navigate their own murky financial waters and come out afloat on the other side. Monitor your expenses, build a budget, and stick with it Make the most of a modest salary and still have money to spare Keep your credit in check and clean up credit card chaos Start and succeed at your side hustle Build a nest egg and invest in your future Transform your money mindset and be accountable for your financial well-being Feel the power of real-world

stories from other “clever girls” Put yourself on the path to financial success with the valuable lessons learned from *Clever Girl Finance*.

**Minimalist Parenting** Acropolis Books Incorporated

From four stunning and accomplished French women—a charming bestseller about how to slip into your inner cool and be a Parisienne. In short, frisky sections, these Parisian women give you their very original views on style, beauty, culture, attitude and men. The authors—Anne Berest, Audrey Diwan, Caroline de Maigret, and Sophie Mas—unmarried but attached, with children—have been friends for years. Talented bohemian iconoclasts with careers in the worlds of music, film, fashion and publishing, they are

untypically frank and outspoken as they debunk the myths about what it means to be a French woman today. Letting you in on their secrets and flaws, they also make fun of their complicated, often contradictory feelings and behavior. They admit to being snobs, a bit self-centered, unpredictable but not unreliable. Bossy and opinionated, they are also tender and romantic. You will be taken on a first date, to a party, to some favorite haunts in Paris, to the countryside, and to one of their dinners at home with recipes even you could do - but to be out with them is to be in for some mischief and surprises. They will tell you how to be mysterious and sensual, look natural, make your boyfriend jealous, and how they feel about children, weddings and going to

the gym. And they will share their address book in Paris for where to go: At the End of the Night, for A Birthday, for a Smart Date, A Hangover, for Vintage Finds and much more.

*How French Women Tidy Their Closet*  
Independently Published

Who makes your clothes? This used to be an easy question to answer it was the seamstress next door, or the tailor on the high street—or you made them yourself. Today, we rarely know the origins of the clothes hanging in our closets. The local shoemaker, dressmaker, and milliner are long gone, replaced a globalized fashion industry worth \$1.5 trillion a year. In *Wardrobe Crisis*, fashion journalist Clare Press explores the history and ethics behind what we wear. Putting her insider status



to good use, Press examines the entire fashion ecosystem, from sweatshops to haute couture, unearthing the roots of today's buy-and-discard culture. She traces the origins of icons like Chanel, Dior, and Hermès; charts the rise and fall of the department store; and follows the thread that led us from Marie Antoinette to Carrie Bradshaw. *Wardrobe Crisis* is a witty and persuasive argument for a fashion revolution that will empower you to feel good about your wardrobe again.

**A Visual Guide to Minimalism** Harper Collins

Discover how YOU can dress like the world's chicest women. Did you know that french women look on average 7 years younger than british women? Have you ever wondered "how do they do it?". Imagine if you knew the style secrets of

a parisian woman. Imagine if you could dress french chic and look gorgeous everyday. Effortlessly. We all know. Putting together the right outfit can be such a hassle. The truth is, french women look so gorgeous because of their own style secrets. In french fashion there are so many little known tips and tricks that drastically improve the way you look. Dressing elegantly like a french woman has its own rules. Once you learn them, putting together amazing french chic outfits will be easy. But don't worry. Being chic doesn't mean dressing in a boring and dull way. That is not the essence of french chic. This book is a guide to create your own unique fashion signature. "French chic is more than fashion, it's a style of living. It's the french style." In this book you'll learn

exactly how to dress and look french chic. You will find 21 easy-to-follow french style lessons that will teach you all the secrets of the chicest parisian women. Every lesson you'll read is geared towards a particular area of fashion and beauty. You'll discover how easy it is to look gorgeous and, most important, feel confident and beautiful. Some French Chic Lessons You'll Discover In The Book: 9 Fashion Items You Must Add To Your Wardrobe How To Pair Your Outfit The Right Way 8 Fashion Errors To Avoid (Most People Don't Know Them) How To Dress According To Your Unique Body Shape French Chic's Best Colors And Fabrics Skincare And Make-up Advice How To Get Dressed Parisian Chic What Things Are French Chic And What Aren't French Style's Guide To

Choose The Best Lingerie How To Choose Footwear And Accessories And much, much more Stop dreaming about being fashion. Buy this book today and start living french chic. Scroll up to the top and click BUY NOW!

[Christian Dior](#) Artisan Books

Read *The Peaceful Life* to find out how you can begin to your enjoy yourself more, with many fun and easy tips on calming your thoughts, simplifying your schedule, living in a serene way and learning how to set up your home life to support your wellbeing. Many of us feel overwhelmed and frazzled by all that we have to do in a day, and health issues can arise from this, such as heart palpitations, weight gain from stress, and unhelpful 'numbing out' activities such as shopping and snacking. In The

Peaceful Life you will find out how to slow down yet still get things done. No longer will your days go by in a blur, and you will become more efficient in an effortless way. Bring the joy back into your life. Find out how you can use self-care to improve the quality of your life, and learn how to free up time for relaxation by eliminating timewasters that take space in your day and offer nothing in return. Now, more than ever, we need to take care of ourselves so we can take care of our loved ones. The world can be a dark and scary place. The Peaceful Life will help you insulate yourself and your family by inspiring you to create your own haven of calm, both at home, and inside your mind. The Peaceful Life contains: Practical ideas to bring more peace into your day

Inspiration to simplify and beautify your home Easy ways to embrace a more feminine and restorative way of being Ideas that cost little to nothing, and can be put into place quickly and with little effort Download The Peaceful Life today and feel yourself instantly relax as you start reading its soothing words. Perfect for fans of Marie Kondo, Francine Jay, Courtney Carver, Jennifer L. Scott and Shannon Ables!

*Capsule Wardrobe, Core Capsule* Rizzoli Publications

La Bella Figura is a lifestyle guide for the woman who aspires to live a European-style life filled with simple pleasures and wants to look good while she does it. It is about making your life richer with less, not more, just like European women do. Who Should Read This Book: \* Do you

feel overwhelmed and yearn for a life where you spend the majority of your time, money and energy toward what you think really matters? \* Have you ever looked in your closet and felt overwhelmed by the sheer number of clothing items you own and yet still feel as if you have nothing to wear? \* Do you want to elevate everything in your world to an art form -- from the way you dress to how you eat and spend your leisure time? La Bella Figura shows how you can bring all the simple pleasures of a European lifestyle into your home and life no matter what your budget or where you live.

**French Chic** Doubleday

De-clutter your closet, maximize your fashion choices, and reinvent your own personal style. Cluttered closets create

cluttered lives. Too often we are left rummaging around an overflowing wardrobe, ironically at a loss for what to wear. However, owning a capsule wardrobe, which consists of a limited amount of clothing, will—believe it or not—set you free! The Capsule Wardrobe introduces thirty wardrobe essentials—tops, bottoms, footwear, and accessories—that will create the ultimate mix-and-match wardrobe for the working woman. Professional stylist Wendy Mak instructs readers on how to use different pieces together to achieve one thousand different unique looks from work to weekend. Learn to: • Curate and build a true mix-and-match wardrobe • Create unique everyday looks specific to body type • Pick the right pieces to stretch your fashion dollar

- Transition from the office to after dark in a flash
- Reduce fashion mistakes and impulse buying
- And more! With detailed descriptions and illustrations of each of the thirty pieces, plus a list of all one thousand outfits in a handy table, The Capsule Wardrobe will revitalize the way you use your closet, make dressing easy and worry-free, and help you reinvent your personal style.

**The Chic Closet** Prima Lifestyles  
 DISCOVER THE SECRET TO FRENCH  
 STYLE FASHION AND BEAUTY "Simplicity  
 is the key note of all elegance" - COCO  
 CHANEL When you think of Paris and  
 France, what's the first thing that comes  
 to mind? Of course, you'll have the city's  
 eternal landmark, the cafes, the  
 cobblestone streets, and the fashion.  
 The French style itself isn't just in the

clothes they wear. It's an entire lifestyle.  
 One that other women can certainly  
 benefit from. Your step-by-step guide  
 This book is a guide to create your own  
 unique fashion signature. You'll discover  
 how easy it is to look gorgeous and,  
 most important, feel confident and  
 beautiful. We'll uncover the secrets of  
 French style fashion and fashion. In this  
 book, you will learn: What Defines  
 French Style and Beauty Living a Chic  
 Lifestyle Parisian Chic 101 Building a  
 Personal Look Fabrics and Colors for  
 Achieving Low-key Elegance Parisian  
 Hair and Make-Up Tips Choosing the  
 Final Pieces for Your Wardrobe + FREE  
 BONUS CHAPTER (How to Shop: The  
 French Way) Much more... Are you ready  
 to revamp your style and your closet for  
 an effortlessly fashionable look? This

book is regularly \$2.99, but right now for a limited time you can download it for only \$0.99! Download your copy today! Scroll up to the top and click BUY NOW! Tags: french chic living, french chic style, french style, french dressing, french fashion, parisian, parisian chic, parisian style, french beauty, style and beauty, fashion guide, minimalist living, style secrets, capsule wardrobe, style, fashion, beauty, lifestyle, clothing, wardrobe, capsule wardrobe  
*Learn Your Colours* Sophie Claire  
 From journalist, fashionista, and clothing resale expert Elizabeth L. Cline, “the Michael Pollan of fashion,”\* comes the definitive guide to building an ethical, sustainable wardrobe you'll love. Clothing is one of the most personal expressions of who we are. In her

landmark investigation *Overdressed: The Shockingly High Cost of Cheap Fashion*, Elizabeth L. Cline first revealed fast fashion’s hidden toll on the environment, garment workers, and even our own satisfaction with our clothes. The *Conscious Closet* shows exactly what we can do about it. Whether your goal is to build an effortless capsule wardrobe, keep up with trends without harming the environment, buy better quality, seek out ethical brands, or all of the above, *The Conscious Closet* is packed with the vital tools you need. Elizabeth delves into fresh research on fashion’s impacts and shows how we can leverage our everyday fashion choices to change the world through style. Inspired by her own revelatory journey getting off the fast-fashion treadmill, Elizabeth shares

exactly how to build a more ethical wardrobe, starting with a mindful closet clean-out and donating, swapping, or selling the clothes you don't love to make way for the closet of your dreams. *The Conscious Closet* is not just a style guide. It is a call to action to transform one of the most polluting industries on earth—fashion—into a force for good. Readers will learn where our clothes are made and how they're made, before connecting to a global and impassioned community of stylish fashion revolutionaries. In *The Conscious Closet*, Elizabeth shows us how we can start to truly love and understand our clothes again—without sacrificing the environment, our morals, or our style in the process. \*Michelle Goldberg, Newsweek/The Daily Beast

*Capsule Wardrobe Essentials* Harper Collins

You are juggling a thousand things: houses, husbands, kids, carpool, cleaning, cooking, laundry. You take care of EVERYONE and everything else first. As a result, your appearance and your style suffers. Through *Style Made Simple*, I'll walk you through the most difficult challenges one step at a time. You'll know that you're not alone.

*The Ultimate Book of Outfit Formulas*  
John Wiley & Sons

*Living the Simply Luxurious Life*  
*Making Your Everyday Extraordinary*  
*and Discovering Your Best Self*

*A Simple System for Discovering Your Personal Style and Building Your Dream*

*Wardrobe* Rizzoli Publications

NEW YORK TIMES BESTSELLER Celebrity

model Inès de la Fressange shares the well-kept secrets of how Parisian women maintain effortless glamour and a timeless allure. Inès de la Fressange—France’s icon of chic—shares her personal tips for living with style and charm, gleaned from decades in the fashion industry. She offers specific pointers on how to dress like a Parisian, including how to mix affordable basics with high-fashion touches, and how to accessorize. Her step-by-step do’s and don’ts are accompanied by fashion photography, and the book is personalized with her charming drawings. Inès also shares how to bring Parisian chic into your home, and how to insert your signature style into any space—even the office. The ultrachic volume is wrapped with a three-quarter-

height removable jacket and features offset aquarelle paper and a ribbon page marker. Complete with her favorite addresses for finding the ultimate fashion and decorating items, this is a must-have for any woman who wants to add a touch of Paris to her own style. *Parisian Chic* CreateSpace Style NOT Fashion explains how to discover your personal style. Why most women only wear 20% of their clothes 80% of the time and how to avoid that trap. This little book is stocked with valuable tips including: how to buy designer clothing for a pittance on eBay, what colours suit you and which to avoid, to how to build a working capsule wardrobe, what to spend the big money on, and how to look rich when you are not there, yet. And most importantly why



it is not always stylish to wear the latest trends. Style NOT Fashion also covers the most important thing you wear everyday; your face and hair. After reading this book you will not want to buy fast fashion for a quick fix any more. You will want to build a wardrobe that works for you, makes you look fabulous and will make getting dressed a breeze. Read this book before you go shopping to avoid costly mistakes.

*Sewing Your Perfect Capsule Wardrobe*  
Simon and Schuster

“An excellent idea for a book. . . . Next time I spend more than \$40 on an article of clothing, I’ll run it by Linett first.”

—The New York Times Book Review In a culture where trends are born and die every minute, maintaining style and effortlessness at every age requires that

little extra something—the cool factor. Being “cool” isn’t about chasing trends or defying age but about following a few key guidelines. Yes, the cool factor is a skill that can be learned! In this photo-packed guide, Andrea Linett, a famed personal stylist and founding creative director of Lucky magazine, offers easy-to-implement, actionable tips that will change the way women dress. The tips are modeled by real-life style icons like Kim Gordon of Sonic Youth and Christene Barberich, founder of Refinery29, as Andrea highlights the ingenious ways in which they skillfully pile on layers, or dress up denim for work or a party. The book is organized into chapters that include wardrobe classics, denim, leather, suits, dressing up, and accessories, and features style hacks

that turn an outfit into a masterpiece (choosing shoes that instantly slim you, combining tough and feminine pieces, and accessorizing a day-to-night look). Packed with useful lists and examples, this guide is the would-be stylish woman's best friend.

[The Curated Closet](#) Createspace  
Independent Publishing Platform  
Every American woman wants to find

that perfect balance between practical low effort and a stylish wardrobe. Some women can pull this off so effortlessly as some struggle their whole lives. The French are famous for their style while keeping it so simple and straightforward. These are not trends, the things in this book are style tips that can be applied today and will change the way you look at fashion and your attitude to it forever.

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