
Mushroom Growing Guide Format

Tips on Growing Oyster Mushroom from Scratch
Growing Mushrooms Indoor
An Easy Growing Method For Gourmet And Medicinal Mushrooms
Growing Mushrooms
The Grower's Guide to Psilocybin Mushroom: A Beginner's Handbook for Easy Indoor and Outdoor Cultivation
A Practical Guide to Growing Mushrooms at Home
Magic Mushroom Cultivation. Easy Growers Guide Book
Indoor Mushroom Growing
Growing Mushrooms at Home for Food, Medicine, and Soil
The Beginner's Guide to Mushrooms
The Ultimate Guide To Cultivation And Safe Use Of Mushrooms: Psilocybin Mushroom Growing
Psilocybin Mushrooms for Beginners
Psilocybin, Magic Mushroom Grower's Guide
Psilocybin Mushrooms
A 100% Guide for Beginners. Benefits of Mushroom Grower's Kit
The Beginner's Guide on Growing Mushrooms Indoors: (Mushroom Growing, How to Grow Mushrooms)
Psilocybin Growing Bible
The Complete Beginners Guide to Indoor Cultivation
A Handbook for Psilocybin Enthusiasts
Psilocybin Mushroom Handbook
Growing Gourmet and Medicinal Mushrooms
Urban Mushroom Psilocybin Cultivation: A Beginner's Step by Step Guide to Cultivating and Growing Magic Mushrooms Indoor and Outdoor at Home
How to Grow Psilocybin Mushrooms
Lucrative Mushroom Cultivation Business
Easy Indoor & Outdoor Cultivation
A Practical Guide to Growing Mushrooms at Home
Healing Mushrooms
Self Guide to Mushroom Farming for Profit: From Cultivation to Harvest, Business Plan Template on how to Make Money Out of Mushroom
The Definitive Guide to Growing and Using Magic Mushrooms
Prefect Guide and Growing Shiitake Mushroom Growing and It Recipes for Meal Plan
Entangled Life
Simple and Advanced Techniques for Growing Shiitake, Oyster, Lion's Mane, and Maitake Mushrooms at Home
The Big Book Of Growing Mushrooms
Organic Mushroom Farming and Mycoremediation
Mushroom Cultivation
How to Grow Mushrooms in Your Garden
The Psilocybin Mushroom Bible
How to Grow Magic Mushrooms

GRANT SKINNER

Tips on Growing Oyster Mushroom from Scratch Ed Rosenthal

Shiitake, oyster, porcini, chanterelle... whether you like your mushrooms wild or tamed, you'll find plenty to eat in this pocket-size book on fabulous fungi, with recipes such as Mushroom Quesadillas, Cream of Mushroom Soup, Wild Mushroom Pizza, and Veal Chops with Morel Cream.

Growing Mushrooms Indoor Dillon H. Point

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Growing Mushrooms at Home The Beginner's Guide on Growing Mushrooms Indoors Buy this book so that you can discover exactly how you can take part in the growing trend of mushroom horticulture. Find out how you can grow your very own mushrooms from the comfort of your own home, for your own use and also for profit. This book takes you every step of the way, from the first stages of fungus growth all the way to the market. Learn not only how to grow mushrooms but also how to maintain them and facilitate a proper fungal life cycle. Also, discover in depth the full benefits that these mushrooms can bring you and your household.

Mushrooms for example, are loaded with an abundant amount of vitamins, minerals, and protein. These positive attributes can do wonders when it comes to boosting the immune system, reducing cholesterol buildup in the body, and even in the prevention of cancer. This is the ultimate guide for the budding mushroom enthusiast; buy this book to find out more! In this book you will learn how you can: Grow and maintain your own Mushrooms Know how to fend off Mushroom Pests and Disease Learn how to Market your Mushrooms for Profit Understand different Mushroom Types and Categories And a whole lot more! Download your E book "Growing Mushrooms at Home: The Beginner's Guide on Growing Mushrooms Indoors" by scrolling up and clicking "Buy Now with 1-Click" button!

An Easy Growing Method For Gourmet And Medicinal Mushrooms Mushroom CultivationAn Illustrated Guide to Growing Your Own Mushrooms at Home

Do you want to know how you can harness the healing powers of mushrooms for profit and health? Are you interested in knowing how you can grow mushroom from scratch even if you are a complete beginner? 'Growing Mushrooms' is your comprehensive, go-to guide for understanding how to grow mushrooms at home in an exciting way even if you have no farming or gardening experience. Within the pages of this practical guide, you will discover how mushrooms grow, how to grow mushrooms, the best conditions for growing mushrooms, the types of mushrooms to grow at home, and the exceptional health benefits of consuming some varieties of these fungi. With lots of wrong information about the cultivation of mushrooms out there, it can be hard for beginners to separate fact from fiction. This is where this step-by-step playbook comes in to help. Inside this book, you'll find a beginner-friendly guide to everything there is to know about growing mushrooms and choosing the right medium for its cultivation. Whether your goal is to grow a small quantity of mushrooms at home as a hobby, or start a large-scale mushroom farming business, you find the knowledge you need in this book. Also, this book will give you the practical guidance and extensive information you need to take advantage of the nutritional benefits of mushrooms for yourself or your

family. Within the Pages of This Book, You'll Discover: Easy techniques that show you how to grow magical mushrooms effortlessly in your home Transformational information on the origin and history of mushrooms The nutritional benefits of mushrooms and how you can use it to conquer health problems The various types of mushrooms and ways to grow them for commercial purposes How to consume mushrooms safely And much more... The is not one of those books filled with stories of mushrooms cultivation. It's a straight forward but friendly, no-nonsense approach based on years of documented practical research. Scroll Up and Click The "Buy Now" Button to Get This Book Today!

Growing Mushrooms Createspace Independent Publishing Platform

Getting Your FREE Bonus Download this book, read it to the end and see "BONUS: Your FREE Gift" chapter after the conclusion. Indoor Mushroom Growing: The Beginner's Guide on Growing Mushrooms at Home Buy this book so that you can discover exactly how you can take part in the growing trend of mushroom horticulture. Find out how you can grow your very own mushrooms from the comfort of your own home, for your own use and also for profit. This book takes you every step of the way, from the first stages of fungus growth all the way to the market. Learn not only how to grow mushrooms but also how to maintain them and facilitate a proper fungal life cycle. Also, discover in depth the full benefits that these mushrooms can bring you and your household.

Mushrooms for example, are loaded with an abundant amount of vitamins, minerals, and protein. These positive attributes can do wonders when it comes to boosting the immune system, reducing cholesterol buildup in the body, and even in the prevention of cancer. This is the ultimate guide for the budding mushroom enthusiast; buy this book to find out more! In this book you will learn how you can: Grow and maintain your own Mushrooms Know how to fend off Mushroom Pests and Disease Learn how to Market your Mushrooms for Profit Understand different Mushroom Types and Categories And a whole lot more!

The Grower's Guide to Psilocybin Mushroom: A Beginner's Handbook for Easy Indoor and Outdoor Cultivation Storey Publishing

This book is a comprehensive manual on the bulk cultivation of psilocybin mushrooms, using do-it-yourself equipment made of common materials wherever possible. It walks you through every step of the procedure, providing easy-to-follow instructions, essential information, and useful advice about growing these magical fungi using a simple and economical methodology. This book provides hundreds of photos and diagrams to help you understand the process--also offering helpful resources for sourcing equipment and materials. Advanced procedures are also presented, allowing for rapid progression from the basics to more sophisticated methods of cloning and growing with agar.

A Practical Guide to Growing Mushrooms at Home Rockridge Press

INTERNATIONAL BESTSELLER • "Merlin Sheldrake's marvelous tour of these diverse and extraordinary life forms is eye-opening on why humans should consider fungi among the greatest of earth's marvels. . . . Wondrous."—Time A mind-bending journey into the hidden universe of fungi, "one of those rare books that can truly change the way you see the world around you" (Helen Macdonald, author of *H Is for Hawk*). WINNER OF THE ROYAL SOCIETY SCIENCE BOOK PRIZE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Time • BBC Science Focus • The Daily Mail • Geographical • The Times • The Telegraph • New Statesman • London Evening Standard • Science

Friday When we think of fungi, we likely think of mushrooms. But mushrooms are only fruiting bodies, analogous to apples on a tree. Most fungi live out of sight, yet make up a massively diverse kingdom of organisms that supports and sustains nearly all living systems. Fungi provide a key to understanding the planet on which we live, and the ways we think, feel, and behave. In *Entangled Life*, the brilliant young biologist Merlin Sheldrake shows us the world from a fungal point of view, providing an exhilarating change of perspective. Sheldrake's vivid exploration takes us from yeast to psychedelics, to the fungi that range for miles underground and are the largest organisms on the planet, to those that link plants together in complex networks known as the "Wood Wide Web," to those that infiltrate and manipulate insect bodies with devastating precision. Fungi throw our concepts of individuality and even intelligence into question. They are metabolic masters, earth makers, and key players in most of life's processes. They can change our minds, heal our bodies, and even help us remediate environmental disaster. By examining fungi on their own terms, Sheldrake reveals how these extraordinary organisms—and our relationships with them—are changing our understanding of how life works. SHORTLISTED FOR THE BRITISH BOOK AWARD • LONGLISTED FOR THE RATHBONES FOLIO PRIZE "Entangled Life is a gorgeous book of literary nature writing in the tradition of [Robert] Macfarlane and John Fowles, ripe with insight and erudition. . . . Food for the soul."—Eugenia Bone, Wall Street Journal "[An] ebullient and ambitious exploration . . . This book may not be a psychedelic—and unlike Sheldrake, I haven't dared to consume my copy (yet)—but reading it left me not just moved but altered, eager to disseminate its message of what fungi can do."—Jennifer Szalai, The New York Times

Magic Mushroom Cultivation. Easy Growers Guide Book Independently Published

GROW YOUR OWN MUSHROOMS AT HOME - Oyster, Shiitake, Button, Enokitake, Lion's Mane, Wine Cap, Maitake and many more Over 20,000 varieties of mushrooms are known in the world today, with more being discovered all the time, and with each kind having its own taste and structure. Finding a wide variety of mushrooms in the supermarket can be a challenge though. Most grocery stores only stock common species such as button mushrooms. Cultivating mushrooms at home can be a great way to source the mushrooms you want and save additional money. A lot of people don't realize how easy it is to cultivate mushrooms at home. Loving shady spots, under a deck or porch, they grow in places other plants wouldn't naturally thrive, thus making them the perfect addition to any gardener's growing plan. Whatever your reason to start growing mushrooms at home, this book is the perfect companion on your journey. *Mushroom Cultivation: 12 Ways to become the MayGyver of Mushrooms* is the one-stop guide for every mushroom enthusiast. After reading this book, you will be able to identify the type of mushroom you want to grow, choose a suitable growing method and keep your harvest fruitful. Ideally suited for beginners, the book provides a comprehensive overview of how to start your mushroom adventure. In detail, this book allows you to... Select the mushrooms you can easily grow at home and to taste the pleasure of your homegrown fungi Understand the characteristics of each type of mushroom Learn everything about mushroom structure and their life cycle Decide which type of mushroom you want to grow Get a comprehensive overview of the cultivation process and gain the confidence to embark upon your own project Learn everything about the different stages of mushroom cultivation Understand the growing process in detail - from preparation to harvesting Learn about 12 different growing methods for indoor and outdoor

cultivation Identify potential problems and learn how to overcome them Identify pests and diseases Understand common problems such as incorrect moisture levels, contamination, and bad spawn Learn everything about correct processing - from drying to freezing Take the first step to your mushroom adventure. To get started, scroll up and grab your copy.

Indoor Mushroom Growing Ten Speed Press

Mushrooms are just like many other plants that grow naturally on their own from dead and decaying woods laying the ground of bushes and forests. Some of these mushrooms are edible and un-harmful to the health of man. Research has it that mushrooms are very good source of vitamin D. And also, do you know that Mushrooms are a joy to grow-for food, as a garden feature, or just for fun-and it's easier than you think!This book is a comprehensive manual on the cultivation of mushrooms, using DIY equipments and tools made of common materials wherever possible. Mushrooms will thrive in your garden, on your windowsill, and even in your basement. The key is to pick the right growing medium for your mushroom For Example;a log, a bale of hay, or a simple pot of dirt and give it a little shade.This book will guide you on all you just need to know about the growing and harvesting of the mushroom plant, as well as the benefits of it's cultivation. *Growing Mushrooms at Home for Food, Medicine, and Soil* Createspace Independent Publishing Platform

Shiitake mushrooms may boost heart health. For example, they have three compounds that help lower cholesterol Eritadenine. This compound inhibits an enzyme involved in producing cholesterol.Sterols. These molecules help block cholesterol absorption in your gut.Beta glucans. This type of fiber can lower cholesterol.One study in rats with high blood pressure found that shiitake powder prevented an increase in blood pressure A study in lab rats fed a high-fat diet demonstrated that those given shiitake developed less fat in their livers, less plaque on their artery walls, and lower cholesterol levels than those that didn't eat any mushroomsStill, these effects need to be confirmed in human studies before any solid conclusions can be made.May boost your immune systemShiitake may also help strengthen your immune system.One study gave people two dried shiitake daily. After one month, their immune markers improved and their inflammation levels droppedThis immune effect might be partly due to one of the polysaccharides in shiitake mushroomsWhile people's immune systems tend to weaken with age, a mouse study found that a supplement derived from shiitake helped reverse some age-related decline in immune function .Contain compounds with potential anticancer activityPolysaccharides in shiitake mushrooms may also have an anticancer effect For example, the polysaccharide lentinan helps fight tumors by activating your immune system Lentinan has been shown to inhibit the growth and spread of leukemia cellsIn China and Japan, an injectable form of lentinan is used alongside chemotherapy and other major cancer treatments to improve immune function and quality of life in people with gastric cancer However, evidence is insufficient to determine whether eating shiitake mushrooms has any effect on cancer.

The Beginner's Guide to Mushrooms Random House

... The best source of information on growing mushrooms at home (back cover.).

The Ultimate Guide To Cultivation And Safe Use Of Mushrooms: Psilocybin Mushroom Growing Chelsea Green Publishing

This book is aimed at giving you (the reader) enough information that you need to start growing magic mushrooms right at home. While we may not go in depth in detailing a lot of things, the step-by-step format of this book will help you to get started on the mushroom growing venture in no time. Through this book, you will get to understand that growing magic mushrooms is not as difficult as you thought. You can grow them both indoors and outside in your garden. Moreover, we use an almost foolproof method of mushroom cultivation, known as the Psilocybe fanaticus technique, or simply the PF TEK method.

Psilocybin Mushrooms for Beginners Urban Homesteader Hacks

How to grow Psilocybin Mushrooms better than anyone else even if you don't have any experience! A Psilocybin Mushroom is also known as a "Magic mushroom" or a psychedelic mushroom and is one of a polyphyletic group of fungi that contain psilocybin and psilocin. When you cultivate Magic Mushrooms, you will do so indoors. But have you ever considered developing outdoor mycelium too? This can have a number of advantages when growing mushrooms in your backyard or a similar area outdoors. You could expand the supply of shrooms for an entire year, and it'll be less costly! It isn't particularly difficult to grow magic mushrooms, especially if you grow your shrooms with a fully equipped grow kit. But if you want to grow shrooms from spores, there can be a learning curve, and a little more research may be needed. If you cultivate mushrooms, one of the main concerns is to prevent mold contamination. With a decent outdoor patch for growing in your greenhouse or backyard, you don't need to think about this and can look forward to good yields. You don't even need to have your own greenhouse if you want to cultivate magic mushrooms outdoors. You could also find a nice secluded spot in a wood. This give to you the benefit of free spreading your mushroom spores in the field, creating a "magic spot" where your shrooms can naturally grow over time! In this book of Mushroom Bible, you will learn: How to Successfully Grow Psychedelic Mushrooms The best place of mushroom Equipment and Supplies Needed for Mushroom Cultivation The Sterile Culture Technique for Mushroom Cultivation The PF TEK How to Work with Agar The Skill of Fruiting and Harvesting The Chemistry of Psilocybin Mushrooms Legal Status of Psilocybin Mushrooms Rewarding Experience: If you have ever grown your own food, then you will be aware of the sense of satisfaction after tasting that. A Hallucinogenic mushrooms cultivation is more than physical fruits; it's a spiritual experience that can induce incredible changes. How It's Used: Hallucinogenic mushrooms can be used either in fresh or dried form. People also eat them by mixing them with their food They can also be added to brew them in a tea for drinking. Do mushrooms show up in drug test? Hallucinogenic mushrooms will not show in routine drug test, but certain special tests might be conducted to detect them. How this book will help me? Magic mushrooms are simple to grow without having any experience in the field of agriculture, they only need few specific parameters to be checked along with little patience. To experience a real sense of satisfaction by growing your mushrooms, read this book and improve your wonderful sensations. If you want to start growing Psilocybin Mushrooms and get all the answers of your queries, simply scroll up and click "Add to Cart" Button!

Psilocybin, Magic Mushroom Grower's Guide Independently Published

As we know, magic mushrooms naturally occur, which are usually dried raw or dried and drunk in tea or coffee, and which have hallucinological effects. There are many different types and varieties

of magic mushroom with different strengths. This guide on psilocybin mushrooms simplifies the cultivation process and gives some suggestions for making safe use of them. You will come across interesting chapters: The Potential Benefits of Psilocybin Step-By-Step Process of Growing Psilocybin Mushrooms Cultivating Psilocybe Cubensis in Locations Where It's Legal Common Problems in Growing Magic Mushrooms Magic Mushrooms Chemical Composition Variability Psilocybin Mushrooms Use And lots more... And also, This book is a comprehensive manual on the bulk cultivation of psilocybin mushrooms, using do-it-yourself equipment made of common materials wherever possible. It walks you through every step of the procedure, providing easy-to-follow instructions, essential information, and useful advice about growing these magical fungi using a simple and economical methodology

Psilocybin Mushrooms Celestial Arts

Table of Contents Introduction Benefits of Mushrooms Health Benefits of Mushrooms Other Beneficial Uses of Mushrooms How Mushrooms Grow Places One Can Grow Mushrooms Outdoor mushroom growing Preparation of logs and stumps in your Courtyard Medium for fungal preparation Stump drilling Spawn run Courtyard Preparation Procedures Courtyard Garden Patch Preparation of a chip bed Inoculation Watering Harvesting Spore Harvesting From Mushrooms Spore Harvesting From Mushrooms Spore Collection Techniques Spore syringe Poisonous, Toxic & Psychoactive Mushrooms Toxic/Poisonous mushrooms Psychoactive Mushrooms Myths about Mushroom Picking Family features of Different Mushroom Species Miscellaneous Information on Mushrooms Conclusion Author Bio Publisher Introduction Thank you for acquiring this book. It is the hope of the author that with this gardening guide, readers will be equipped with the necessary knowledge and information to establish and manage a courtyard mushroom plot. Truth be told, not everyone you will meet, will appreciate the value of mushrooms the way you do. Also, this isn't just because of ignorance; the truth is that most people do not know or have not yet heard of the countless benefits of mushrooms- For example; do you know that there are certain species of mushrooms that can produce dyes? Being a fungus, not all mushrooms are edible; furthermore, the different species of mushrooms that are edible also produce different effects in the human body after consumption. Nowadays mushrooms are utilized extensively by chefs all over the world when preparing cuisines or dishes. Mushrooms are also becoming a commodity of interest in most groceries as well as supermarkets and farmer's markets. Poisonous and toxic varieties of mushrooms have been discussed in order to educate the reader on the dangers that they pose if eaten. Moreover, those with psychoactive properties have also been discussed. In view of the last statement, please note that some jurisdictions do not allow the cultivation of certain mushroom species, so if you are interested in growing a particular species, make sure that you verify with the local administration. Lastly, this mushroom farming guide has been written to enlighten both the readers who just seek for information as well as those who actually want to practice mushroom farming. It has been written in a casual yet decent manner in order to keep the reader entertained as well as informed. Enjoy!

A 100% Guide for Beginners. Benefits of Mushroom Grower's Kit Independently Published

Change Your Life with the Power of Magic Mushrooms

A psychedelic trip is not something to take lightly. You have to prepare for it and be open to wherever the experience takes you. Yes, psychedelic trips can change your entire outlook on life. But how do you tap into such a powerful experience? And, is it even legal? This book gives you the complete guide to sourcing, measuring and using magic mushrooms. Magic mushrooms are a safe and trusted way to consume psilocybin, the ingredient that induces psychedelic trips. Artist Harry Styles claims they changed the direction of his music. The best part is that a smaller dose of magic mushrooms can help you become more productive and focused. It is not always necessary to go on a full psilocybin trip. Psilocybin mushrooms are on the path to becoming legal in coming years. Your doctor may even recommend them for depression or anxiety. Read this book and learn all you need to know about magic mushrooms, including: The pros and cons of using mushrooms How to safely trip and microdose How to grow your own supply You will also learn the best practices when using magic mushrooms, the legality of magic mushrooms, how to get the most out of psilocybin and so much more.

THE FUTURE IS PSILOCYBIN AND MAGIC MUSHROOMS ARE THE SOURCE.

The Beginner's Guide on Growing Mushrooms Indoors: (Mushroom Growing, How to Grow Mushrooms) Mendon Cottage Books

The simple and clear message caused a lasting impression. First of all the fact that biological waste is rich in fiber. It should never be allowed to rot in a landfill, which becomes a substrate for mushroom cultivation. Instead of the decomposing wastes that generate methane, fungi produce food that emits only carbon. This was a breakthrough in the preparation of the global agreement on climate change. Second, mushrooms provide a wealth and breadth of essential amino acids in such abundance that if we compare them dry base with meat, could compete. It gave me a very new vision, because I was just familiar with the white mushroom and never considered how nutritious it is. The speech of the day was not about this *Agaricus bisporus*, but about the richness and diversity of Chinese mushrooms they have been grown for centuries, including shiitake. Mushrooms are not just healthy food, mushrooms hold the potential of transforming our modern day society into an entrepreneurial world, where we succeed in building up a more resilient community first and foremost because we transform biomass into food, and the waste of this food is most of the time a great feed for animals, cascading nutrition, matter and energy. It allows our economies to grow without expecting our Earth to produce more, we learn with the mushrooms how to do more with what the Earth already produces. This is the secret of a successful production, but what is this term, successful production, imply? Is it the ability to create successful bodies in a substrate under controlled conditions! GET THIS BOOK TODAY

Psilocybin Growing Bible New Society Publishers

Discover the Easiest and Most Convenient Way to Cultivate Mushrooms With This Practical Guide to Growing Mushrooms at Home Would you like to discover the easiest way to grow mushrooms at your home? Do you want that process to be stress- and hassle-free? If you are reading this, you are obviously interested in cultivating your own mushrooms from the comfort of your home, but you have a lot of questions about the process, and you are not quite sure how to do that. Right? You don't have to worry, because this guide will show you everything you need to know about growing mushrooms. It will guide you, step-by-step, through the learning and growing process. That way, you'll mitigate all mistakes that beginners make. With this guide in your hands, you'll become an expert mushroom grower in no time. Forget about failure and frustrations because this book will free you from all of that. You will discover the science behind the mushrooms and their growth; you'll learn how to prepare the best soil for them and to manage the nutrients they need. You will find out proven and tested mushroom cultivation techniques that yield the best results.

The Complete Beginners Guide to Indoor Cultivation The Experiment

A practical introduction to growing and enjoying mushrooms at home Cultivating your own mushrooms is simple and satisfying once you've mastered a few basics. Growing Mushrooms for Beginners is full of advice, techniques, and step-by-step instructions for growing a range of edible and medicinal mushrooms at home, whether you have a sprawling backyard, a tiny balcony, or no outdoor space at all. Cultivation at a glance--Get started with a straightforward guide to the basics of the cultivation process, and explore simple setups that require minimal space and investment. A variety of growing mediums--Learn everything you need to know to successfully grow mushrooms on logs, straw, sawdust and woodchips, compost, and in mason jars. Project-specific pointers--Find troubleshooting tips for every growing project, plus instructions for freezing, drying, and cooking with your harvest. Popular mushroom profiles--Explore detailed profiles of 7 novice-friendly mushroom types, like oyster and lion's mane, including their unique characteristics, flavors, health benefits, and specific growing requirements. 30 culinary and medicinal recipes--Discover delicious recipes to showcase your mushroom harvest, from Cordyceps Tea to Tri-Mushroom Curry. Learn how to grow and utilize a wide variety of mushrooms at home with help from this beginner-friendly guide.

A Handbook for Psilocybin Enthusiasts Quarry Books

Here is a practical step-by-step guide to cultivating four species of psilocybin-containing mushrooms, indoors and outside. Anyone with a clean kitchen, some basic equipment, and a closet shelf or shady flowerbed will be able to grow a bumper crop. In this Mushrooms Cultivation Book, you will discover:

- An introduction on mushrooms - Which mushrooms to grow - The cultivation process - The tools you need to get started - Simple and effective cultivation techniques (such as growing oyster mushrooms in a roll of toilet paper!)
- How to grow your first mushroom - What mistakes to avoid - How to build an incubator in a simple way - How to store the mushrooms at the end of the growing process - The science of psilocybin mushrooms and how it works - Modern research surrounding psilocybin mushrooms - Mental and physical effects of psilocybin mushrooms - Different types of psilocybin mushrooms and the different uses for them - Using psilocybin mushrooms to treat mental illness And so much more! Get your copy today!

Psilocybin Mushroom Handbook Independently Published

A detailed and comprehensive guide for growing and using gourmet and medicinal mushrooms

commercially or at home. “Absolutely the best book in the world on how to grow diverse and delicious mushrooms.”—David Arora, author of *Mushrooms Demystified* With precise growth parameters for thirty-one mushroom species, this bible of mushroom cultivation includes gardening tips, state-of-the-art production techniques, realistic advice for laboratory and growing room construction, tasty mushroom recipes, and an invaluable troubleshooting guide. More than 500

photographs, illustrations, and charts clearly identify each stage of cultivation, and a twenty-four-page color insert spotlights the intense beauty of various mushroom species. Whether you’re an ecologist, a chef, a forager, a pharmacologist, a commercial grower, or a home gardener—this indispensable handbook will get you started, help your garden succeed, and make your mycological landscapes the envy of the neighborhood.

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