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WikipediaBrain Age: Train Your Brain in Minutes a Day!, also known as Dr. Kawashima's Brain Training: How Old Is Your Brain? in PAL regions, and Daily DS Brain Training in South Korea, is an entertainment puzzle video game. It was developed and published by Nintendo for the Nintendo DS. Nintendo has stated that it is an "entertainment product 'inspired' by Ryuta Kawashima's work in the neurosciences. Brain Age: Train Your Brain in Minutes a Day! - WikipediaAmazon.in - Buy Train Your Brain book online at best prices in India on Amazon.in. Read Train Your Brain book reviews & author details and more at Amazon.in. Free delivery on qualified orders. Buy Train Your Brain Book Online at Low Prices in India ... Dr. Ryuta Kawashima is the player's mental instructor in the Brain Age series of games seen on Nintendo DS, DSiWare, and Nintendo 3DS. Dr. Kawashima was born on May 23, 1959. He studies the brain at Kawashima Laboratories. In the 1970s, he enrolled at Tohoku University. He has written various books on his studies, and is very well known in Japan. Dr. Ryuta Kawashima (character) | Nintendo | Fandom Dr. Ryuta Kawashima is a Japanese neuroscientist and a Professor at the Tohoku University. He is mostly known for his collaborations with Nintendo on the Brain Age series. Dr. Kawashima was born on May 23, 1959. In the 1970s, he enrolled at Tohoku University and graduated with an M.D. at the... Dr. Ryuta Kawashima (person) | Nintendo | Fandom Brain Age: Train Your Brain in Minutes a Day!, JPN also known as Dr. Kawashima's Brain Training: How Old Is Your Brain? in PAL regions, is an entertainment video game that employs puzzles. Train Your Brain: 60 Days to a Better Brain is an English-language version of a Japanese book written by Ryuta Kawashima. The

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Description : Like the body, the brain needs exercise. And Dr Ryuta Kawashima, world-renowned professor of neuroscience and the expert behind the bestselling computer game Dr Kawashima's Brain Training, will give you the tools to make your brain work better. Follow his advanced programme of carefully chosen, yet deceptively simple activities.

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Dr. Ryuta Kawashima is the player's mental instructor in the Brain Age series of games seen on Nintendo DS, DSiWare, and Nintendo 3DS. Dr. Kawashima was born on May 23, 1959. He studies the brain at Kawashima Laboratories. In the 1970s, he enrolled at Tohoku University. He has written various books on his studies, and is very well known in Japan.

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On Nintendo's website, Japanese neuroscientist Ryuta Kawashima, who developed Brain Training, claims that "the more you use your brain in a challenging way, the better it can work".

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Train Your Brain by Ryuta Kawashima It was an easy read. No heavy scientific terms except for essential brain parts such as prefrontal cortex, cerebrum, cerebellum, etc. The target readers are mostly students especially the younger ones, though adults can also find some interesting stuff here.

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In 2003, Kawashima authored Train Your Brain: 60 Days to a Better Brain, which was a great success in Japan. When released worldwide, it sold more than 2.5 million copies. A handheld stand-alone unit, Brain Trainer, was later developed, and became Brain Age: Train Your Brain in Minutes a Day! for the Nintendo

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