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# When The Drummers Were Women A Spiritual History Of Rhythm Layne Redmond

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A Female Drummer's Life with Bowie, Blondie and the '70s Rock Scene

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## CUMMINGS VEGA

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The Way of the Pulse Rowman & Littlefield

Many people in today's world are being called by spirit to become shamans. A yearning exists deep within many of us to reconnect to the natural world. It is a call to a life lived in balance with awareness of nature, of spirit, and of self. In his third drum guide, Shamanic Drumming: Calling the Spirits, Michael Drake recounts his journey into shamanic practice and explores what someone should do if they feel the call to become a shaman. Following up on his definitive handbook on shamanic drumming, The Shamanic Drum, the author provides a new series of exercises and lessons that allow for a deeper understanding and utilization of this core shamanic practice. He has written a guide to becoming a shamanic healer that encompasses the power of the drum, of community, and of the accountability inherent in authentic shamanic practice.

**A Spiritual History of Rhythm** Alfred Music

With its dynamic choreographies and booming drumbeats, taiko has gained worldwide popularity since its emergence in 1950s Japan. Harnessed by Japanese Americans in the late 1960s, taiko's sonic largesse and buoyant energy challenged stereotypical images of Asians in America as either model minorities or sinister foreigners. While the majority of North American taiko players are Asian American, over 400 groups now exist across the US and Canada, and players come from a range of backgrounds. Using ethnographic and historical approaches, combined with in-depth performance description and analysis, this book explores the connections between taiko and Asian American cultural politics. Based on original and archival interviews, as well as the author's extensive experience as a taiko player, this book highlights the Midwest as a site for Asian American cultural production and makes embodied experience central to inquiries about identity, including race, gender, and sexuality. The book builds on insights from the fields of dance

studies, ethnomusicology, performance studies, queer and feminist theory, and Asian American studies to argue that taiko players from a variety of identity positions perform Asian America on stage, as well as in rehearsals, festivals, schools, and through interactions with audiences. While many taiko players play simply for the love of its dynamism and physicality, this book demonstrates that politics are built into even the most mundane aspects of rehearsing and performing.

**Drum Dream Girl** Harper San Francisco

"This vibrant book of wonders speaks true and dreams deep. Writing with blazing honesty she tells of her hard-won knowledge of many of the world's spiritual and healing traditions, while hold the Sacred Hoop of Natie Amreicanwisdom. This magnificent teacher becomes for us a new embodiment of White Buffalo Woman." Jean Houston Author of THE SEARCH FOR THE BELOVED BUFFALO WOMAN COMES SINGING explores fascinating uses of traditions like the Medicine Wheel; healing through ritual action; dreamtime; and the moon lodge -- the woman's place of retreat and visioning. These powerful personal tools integrate ancient wisdom with contemporary experience, as Buffalo Woman calls each spiritual warrior to her own true place in the dance of life.

Women Drummers Echo Point Books & Media

Follows a girl in the 1920s as she strives to become a drummer, despite being continually reminded that only boys play the drums, and that there has never been a female drummer in Cuba. Includes note about Millo Castro Zaldarriaga, who inspired the story, and Anacaona, the all-girl dance band she formed with her sisters.

Memoirs of a Jazz Drummer John Wiley & Sons

In Rhythm Makers: The Legendary Drummers of Nashville in Their Own Words, Tony Artimisi documents through extensive interviews the work of some of the most influential drum kit players in popular music today, opening a window onto one of the most vibrant music scenes in modern American history.

**The Girl in the Back** Harper San Francisco

When The Drummers Were Women: A Spiritual History of Rhythm Echo Point Books & Media, LLC

**Drummer Jokes and Funny Tips for Beginners to Pros**

Oxford University Press, USA

The Go-Go's were the first all-female rock group in history to write their own songs, play their own instruments, and reach the top of the Billboard charts with their #1 album, Beauty and the Beat. Made In Hollywood is drummer Gina Schock's personal account of the band, which includes a treasure trove of photographs and memorabilia collected over the course of her 40-year career. The Go-Go's debut album, Beauty and the Beat, rose to the top of the charts in 1981 and their hit songs "We Got the Beat", "Our Lips Are Sealed", "Vacation", and "Head Over Heels" (to name a few) served as a soundtrack to our lives in the '80s. Now, after the release of their Critics Choice Award-winning Showtime documentary, and in anticipation of their forthcoming induction into the Rock & Roll Hall of Fame and their 2021 West Coast shows, Gina takes fans behind the scenes for a rare look at her personal images documenting the band's wild journey to the heights of fame and stardom. Featuring posters, photographs, Polaroids, and other memorabilia from her archives, Made In Hollywood also includes stories from each member of the Go-Go's, along with other cultural luminaries like Kate Pierson, Jodie Foster, Dave Stewart, Martha Quinn, and Paul Reubens. With a style as bold and distinctive as any Go-Go's album, Made In Hollywood is the perfect tribute to one of the world's most iconic groups.

**The Drumming Legends of Nashville in Their Own Words**  
Penguin

Whether they're self-taught bashers or technical wizards, drummers are the thrashing, crashing heart of our favorite punk bands. In Forbidden Beat, some of today's most respected writers and musicians explore the history of punk percussion with personal essays, interviews and lists featuring their favorite players and biggest influences. From 60s garage rock and proto-punk to 70s New York and London, 80s hardcore and D-beat to 90s pop punk and beyond, Forbidden Beat is an uptempo ode to six decades of punk rock drumming. Featuring Ira Elliot, Curt Weiss, John Robb, Hudley Flipside, Bon Von Wheelie, Joey Shithead, Matt Diehl, D.H. Peligro, Mike Watt, Lynn Perko-Truell, Pete Finestone, Laura Bethita Neptuna, Jan Radder, Jim Ruland,

Eric Beetner, Jon Wurster, Lori Barbero, Joey Cape, Marko DeSantis, Mindy Abovitz, Steven McDonald, Kye Smith, Ian Winwood, Phanie Diaz, Benny Horowitz, Shari Page, Urian Hackney, and Rat Scabies.

**Drumming at the Edge of Magic** Ginger Scott

The concept of the Pulse signifies the movement of life.

Drumming—with your hands, feet, or a drumset—is a therapeutic modality that enhances awareness of how the Pulse actually feels. After teaching you to consider (while drumming) how this practice represents the movement of life, this book explains how to apply these feelings to various areas of your life. This releases the healing power within, and allows you to flow with events in a spirit of acceptance and gratitude.

*Calling the Spirits* Sterling Publishing Company, Inc.

Chronicles the history of architecture through the styles and movements throughout the centuries and around the world, including famous buildings and well-known architects such as Frank Gehry and Zaha Hadid.

**Natsumi!** Harper Collins  
instruments/drums

**When Women Were Warriors Book II** Houghton Mifflin Harcourt

In *The Healing Power of the Drum* psychotherapist and drum facilitator, Robert Lawrence Friedman weaves an extraordinary tapestry of personal experience, fascinating anecdotes, and compelling research, demonstrating the hand drum's capacity to provide significant health benefits for everyone. This breakthrough book examines the use of hand drums in treating at-risk adolescents, stress-out employees, veterans, Alzheimer's disease, Parkinson's disease, Multiple Sclerosis, Autism and more. Find joy and self-expression in *The Healing Power of the Drum*.

**A Journey of the Heart** Saint-Paul

The Best Gift Book for Drummers is one of the best gifts for drummers of all ages and abilities, from grade school beginners to working professionals. It makes shopping for gifts for drummers easy. You don't have to worry about choosing the wrong drum book or buying an expensive percussion instrument. This gift for drummers has forty pages of funny quips. These include off-beat (pun intended) tips for learning how to play drums, how to turn pro and the best drummer jokes. Here are some samples: As you learn to play a drum set, you'll learn about independence-- four

limbs playing four different rhythms on four different instruments at the same time. And mastering it will be more impressive than learning calculus. Be prepared for encores. It's easy. No matter whether you're performing jazz, rock or musical theater, there will always be someone at the end of a gig who shouts, "Free Bird." What's the difference between an amateur drummer and a professional drummer? An amateur drummer plays gigs on weekends and has a day job. A professional drummer plays gigs on weekends and has a wife who has a day job. This gift is sure to bring a smile to the face of the drummer in your life. The Best Gift Book for Drummers is based on author David Aron's twenty-five years of playing drum sets with rock bands, jazz ensembles and musical theater productions.

**A History from Rock and Jazz to Blues and Country** Sounds True

Explorations of the tambourine and rig. This unique video effectively combines in-depth instructions on practical hand drumming techniques with primal and contemporary metaphysical concerns on drumming and rhythm. Layne Redmond and her women's drumming ensemble, The Mob of Angels, demonstrate how drumming and chanting can create ritual-based experiences. (75 min.)

*30 Powerful Stories* When The Drummers Were Women: A Spiritual History of Rhythm

Proficiency as a drummer has always come from great hand dexterity. However, with the introduction of modern drumming techniques, it has become increasingly necessary to gain complete independence of both the hands and feet. With various rhythmic exercises in easy-to-read notation, *4-Way Coordination* is designed to guide the drummer from simple patterns to advanced polyrhythms. Through the study of this method book, the student will gain invaluable listening skills and techniques that will provide insight to drumming in all styles.

**Spirit Drumming** University of Illinois Press

Dottie Dodgion is a jazz drummer who played with the best. A survivor, she lived an entire lifetime before she was seventeen. Undeterred by hardships she defied the odds and earned a seat as a woman in the exclusive men's club of jazz. Her dues-paying path as a musician took her from early work with Charles Mingus to being hired by Benny Goodman at Basin Street East on her first day in New York. From there she broke new ground as a woman

who played a "man's instrument" in first-string, all-male New York City jazz bands. Her inspiring memoir talks frankly about her music and the challenges she faced, and shines a light into the jazz world of the 1960s and 1970s. Vivid and always entertaining, *The Lady Swings* tells Dottie Dodgion's story with the same verve and straight-ahead honesty that powered her playing.

*Drummer Girl* Alfred Music

Examines feminine and goddess traditions to chronicle the role of women and drums in history, ritual, and religion

*The Once and Future Goddess* Ballantine Books

*Steel Drums and Steelbands: A History* is a vivid account of the events that led to the "accidental" invention of the steel drum: the only acoustic musical instrument invented in the 20th century. Angela Smith walks readers through the evolution of the steel drum from an object of scorn and tool of violence to one of the most studied, performed, and appreciated musical instruments today. Smith explores the development of the modern steelband, from its roots in African slavery in early Trinidad to the vast array of experiments in technological innovation and to the current explosion of steelbands in American schools. The book offers insights directly from major contributors of the steelband movement with sections devoted exclusively to pioneers and innovators. Drawing on seven years of research, repeated trips to the birthplace of the steel drum, Trinidad, and interviews with steelband pioneers, Smith takes readers far beyond the sunny associations of the steel drum with island vacations, cruise ships, and multiple encores of "Yellow Bird." Digging deep into Trinidad's history—a tale of indigenous extermination and African slavery, of French settlement and Spanish and British colonialism before mid-century independence—Smith weaves an unforgettable narrative of talking drums, kalinda stick fights, tamboo bamboo bands, iron bands, calypso, Carnival, and the U. S. military. Together, all played major roles in the evolution of today's steelband and in the panman's journey from renegade to hero in the steelband's move from the panyards of Trinidad's poorest neighborhoods to the world's most prestigious concert halls. The reader will discover how an instrument created by teenage boys, descendants of African slaves, became a world musical phenomena. *Steel Drums and Steelbands* is the ideal introduction to the steel drum, steelbands, and their history.

When the Drummers Were Women Scarecrow Press

Edie Falco, Sheryl Crow, Athena Jones, and other breast cancer survivors and “previvors” tell their powerful, inspiring stories in this collection. Drawing from first-hand interviews of successful, high-profile women from myriad industries and perspectives, award-winning journalist Ali Rogin brings together an all-star support and recovery team to inspire anyone confronting a cancer diagnosis, along with their loved ones. Learn how preeminent

actresses, musicians, politicians, journalists, and entrepreneurs faced a formidable disease and put it in its place. In their own words, the women of *Beat Breast Cancer Like a Boss* inform and encourage other women by sharing their experiences and advice. Learn how they told loved ones about their diagnoses, navigated treatment options, and managed the work/life/cancer balance. Rogin, too, faced great uncertainty when she tested positively for the BRCA1 genetic mutation at age twenty. She found answers in the vibrant community of breast cancer survivors and “previvors”

who also stared down the odds. With her brave decision to undergo a prophylactic bilateral mastectomy before even graduating college, Rogin joined this diverse sisterhood of women confronting breast cancer in its many forms with dignity, strength, and humor.

**When the Drummers Were Women** Canongate Books

Explores the role of drums, rattles, and gongs in human societies revealing the primal hypnotic power of these instruments

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