Lazarus Folkman 1984 Book

Evidence-Based Practice for Physiotherapists and Occupational Therapists
Stress and Coping
Dyadic Coping: A Collection of Recent Studies
The Stress of Life
From Self to Social Relationships
The Handbook of Stress and Health
Work, Effort and Control
Behavior Therapy and Beyond
Stigma and Group Inequality
A New Synthesis
Passion and Reason
Psychological Aspects of Stress
Handbook of Health Psychology
Emotion and Adaptation
Problem Behavior and Normal Youth Development
The Denial of Stress
Societies Under Threat
Rheumatology E-Book
Environment and Aging
Work Life After Failure?
An Introduction to Motivation
Stress and Emotion
Psychological Stress and the Coping Process
Stress and Coping: an Anthology
Social Psychological Perspectives
Future Shock
An Introduction to Applying Social Work Theories and Methods
The Scope of Social Psychology
Stress Management
A Guide to Research and Practice
The Psychology of Fatigue
Theory and Applications (A Festschrift for Wolfgang Stroebe)
An Essentially Relational Perspective on Social Motivation
Ideas and Realities of Emotion
The Social Context of Coping
A Pluri-Disciplinary Approach
Handbook of Multicultural Perspectives on Stress and Coping
Job Stress Interventions

The Cambridge Handbook of Acculturation Psychology
Development as Action in Context

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Evidence-Based Practice for Physiotherapists and Occupational Therapists Springer Science & Business Media
Adolescents and young adults are the main users of social media. This has sparked interest among researchers regarding the effects of social media on normative development. There exists a need for an edited collection that will provide readers with both breadth and depth on the impacts of social media on normative development and social media as an amplifier of positive and negative behaviors. The Psychology and Dynamics Behind Social Media Interactions is an essential reference book that focuses on current social media research and provides insight into the benefits and detriments of social media through the lens of psychological theories. It enhances the understanding of current research regarding the antecedents to social media use and problematic use, effects of use for identity formation, mental and physical health, and relationships (friendships and romantic and family relationships) in addition to implications for education and support groups. Intended to aid in collaborative research opportunities, this book is ideal for clinicians, educators, researchers, councilors, psychologists, and social workers.
Stress and Coping Elsevier Health Sciences
Work Life after Failure? brings together knowledge from three distinct concepts: resilience, learning, and recovery. Encompassing both conceptual and empirical work from experts in these fields, this book also sheds light on the classification of failures and setbacks and develops a measure of the setback severity.
Dyadic Coping: A Collection of Recent Studies Springer Science & Business Media
It was our privilege, some twenty years ago, to assemble a group of Canadian and American investigators to examine the status of research in the then newly burgeoning field of psychological stress (Appley & Trumbull, 1967). As noted, in Chapter 1 of the present volume, there has been rapid development of the area since then. The conference on which the current volume is based was designed to do three things: 1. to further update the field, 2. to bring European and other perspectives to the subject, and 3. to focus on the status of theory of stress. We believe the reader will agree that all three objectives were accom plished, though in so vast and active a field, one can never be totally satisfied. The authors included in this volume are among the leading inves tigators in the field. They represent active research centers and programs in Austria, East and West Germany, Great Britain, Israel, Sweden, and the United States. Their chapters make contributions to stress theory and methodology, inform us meaningfully of the perspectives of the various research programs they represent, and provide, collectively, a description of the dynamics of the stress process as currently emerging.
The Stress of Life Springer Publishing Company
Evaluated are stress causes and its effects, both physical and emotional. Also studied are coping and stress management techniques.
From Self to Social Relationships Routledge
The Oxford Handbook of Stress, Health, and Coping is an essential reference work for students, practitioners, and researchers across the fields of health psychology, medicine, and palliative care. Featuring 22 topic-based chapters -- including two by Folkman -- this volume offers unprecedented coverage of the two primary research topics related to stress and coping: mitigating stress-related harms and sustaining well-being in the face of stress. Both topics are addressed within their relevant contexts, including chronic illness, calamity, bereavement, and social hardship. This handbook is sure to serve as the benchmark publication in this growing field for years to come.
The Handbook of Stress and Health International Universities PressInc
A clear and concise overview of state-of-the-art reasearch into emotion focusing on cognitive appraisal, bodily changes, action tendencies and expressive displays.
Work, Effort and Control Stress, Appraisal, and Coping
This open access book is a thorough update and expansion of the 2017 edition of The Handbook of Salutogenesis, responding to the rapidly growing salutogenesis research and application arena. Revised and updated from the first edition are background and historical chapters that trace the development of the salutogenic model of health and flesh out the central concepts, most notably generalized resistance resources and the sense of coherence that differentiate salutogenesis from pathogenesis. From there, experts describe a range of real-world applications within and outside health contexts. Many new chapters emphasize intervention research findings. Readers will find numerous practical examples of how to implement salutogenesis to enhance the health and well-being of families, infants and young children, adolescents, unemployed young people, pre-retirement adults, and older people. A dedicated section addresses how salutogenesis helps tackle vulnerability, with chapters on at-risk children, migrants, prisoners, emergency workers, and disaster-stricken communities. Wide-ranging coverage includes new topics beyond health, like intergroup conflict, politics and policy-making, and architecture. The book also focuses on applying salutogenesis in birth and neonatal care clinics, hospitals and primary care, schools and universities, workplaces, and towns and cities. A special section focuses on developments in salutogenesis methods and theory. With its comprehensive coverage, The Handbook of Salutogenesis, 2nd Edition, is the standard reference for researchers, practitioners, and health policy-makers who wish to have a thorough grounding in the topic. It is also written to support post-graduate education courses and self-study in public health, nursing, psychology, medicine, and social sciences.
Behavior Therapy and Beyond Springer Nature
Social psychology attempts to understand, explain, predict and, when needed, change people's thoughts, feelings and behaviours. For a relatively young discipline it has already made great strides toward this awe-inspiring goal. Pioneers such as Lewin, Asch, Kelley and Festinger began groundwork in the 1940s and 1950s, but it was only in the late 1960s that social psychology came of age. Since then it has blossomed, both in investigating the basics of the discipline and in applying

the insights from fundamental social psychology to different fields related to the area. This volume is devoted to the development of understanding in the field of social psychology over the last four decades, focusing on both basic and applied social psychology. Contributions are gathered under five main areas: attitudes and attitude change; social cognition and emotions; interpersonal and group processes; health behavior; and bereavement and coping. These five domains not only illustrate the scope of social psychology, but also pay tribute to one of the key figures in modern social psychology, Wolfgang Stroebe. Remarkably, he has made significant contributions across all five of these areas, and his research achievements exemplify the progress, prospects and problems faced by modern social psychology over the last 40 years. This volume includes contributions from some of the most distinguished names in the field, and all authors provide an overview or critical look at their specific area of expertise, tracing historical developments where appropriate. The Scope of Social Psychology provides a broad-ranging, illustrative review of the field of modern social psychology.

Stigma and Group Inequality Columbia University Press

Rheumatology is an indispensable resource for physiotherapists, occupational therapists and other health professionals, offering practical approaches to the treatment and management of rheumatic musculoskeletal conditions. The text focuses on applying evidence-based understanding of these conditions to clinical context. The specific disease chapters cover: incidence and prevalence of the condition; clinical presentation and diagnosis; red flags; clinical assessment; important first treatments, early intermediate and long term management; prognosis and long term outcomes. Supporting case histories of increasing complexity and study activities illustrate the clinical relevance of the treatment and management approaches. • Multidisciplinary team approach • Practical solutions to management of conditions supported by the latest research • Case histories of increasing complexity consolidate understanding and develop clinical reasoning • Highlighted boxes throughout contain study tasks and key messages

A New Synthesis Oxford University Press

A comprehensive work that brings together and explores state-of-the-art research on the link between stress and health outcomes. Offers the most authoritative resource available, discussing a range of stress theories as well as theories on preventative stress management and how to enhance well-being Timely given that stress is linked to seven of the ten leading causes of death in developed nations, yet paradoxically successful adaptation to stress can enable individuals to flourish Contributors are an international panel of authoritative researchers and practitioners in the various specialty subjects addressed within the work

Passion and Reason Oxford University Press

A physician explains the general-adaptation-syndrome concept of stress and discusses the laboratory research that led to its evolution

Psychological Aspects of Stress Amer Psychological Assn

NEW YORK TIMES BESTSELLER • The classic work that predicted the anxieties of a world upended by rapidly emerging technologies—and now provides a road map to solving many of our most pressing crises. “Explosive . . . brilliantly formulated.” —The Wall Street Journal Future Shock is the classic that changed our view of tomorrow. Its startling insights into accelerating change led a president to ask his advisers for a special report, inspired composers to write symphonies and rock music, gave a powerful new concept to social science, and added a phrase to our language. Published in over fifty countries, Future Shock is the most important study of change and adaptation in our time. In many ways, Future Shock is about the present. It is about what is happening today to people and groups who are overwhelmed by change. Change affects our products, communities, organizations—even our patterns of friendship and love. But Future Shock also illuminates the world of tomorrow by exploding countless clichés about today. It vividly describes the emerging global civilization: the rise of new businesses, subcultures, lifestyles, and human relationships—all of them temporary. Future Shock will intrigue, provoke, frighten, encourage, and, above all, change everyone who reads it.

Handbook of Health Psychology Psychology Press

I am very pleased to have been asked to do abrief foreword to this second CRISP volume, The Social Context o[Coping. I know most of the participants and their work, and respect them as first-rate and influen tial research scholars whose research is at the cusp of current concerns in the field of stress and coping. Psychological stress is central to human adaptation. It is difficult to visualize the study of adaptation, health, illness, personal soundness, and psychopathology without recognizing their dependence on how weil people cope with the stresses of living. Since the editor, John Eckenrode, has portrayed the themes of each of the chapters in his introduction, I can limit myself to a few general comments about stress and coping. Stress research began, as unexplored fields often do, with very sim ple-should I say simplistic?-ideas about how to define the concept. Early approaches were unidimensional and input-output in outlook, modeled implicitly on Hooke's late-17th-century engineering analysis in which external load was an environmental stressor, stress was the area over wh ich the load acted, and strain was the deformation of the struc tu re such as a bridge or building.

Emotion and Adaptation Emerald Group Publishing

Dyadic coping is a concept that has reached increased attention in psychological science within the last 20 years. Dyadic coping conceptualizes the way couples cope with stress together in sharing appraisals of demands, planning together how to deal with the stressors and engage in supportive or joint dyadic coping. Among the different theories of dyadic coping, the Systemic Transactional Model (STM; Bodenmann, 1995, 1997, 2005) has been applied to many studies on couples’ coping with stress. While a recent meta-analysis shows that dyadiccoping is a robust and consistent predictor of relationship satisfaction and couple’s functioning in community samples, some studies also reveal the significance of dyadic coping in dealing with psychological disorders (e.g., depression, anxiety) or severe illness (e.g., cancer, diabetes, COPD, etc.). Researchers all over the world build their research on this or other concepts of dyadic coping and many typically use the Dyadic Coping Inventory (DCI) for assessing dyadic coping. So far, research on dyadic coping has been systematically presented in two books, one written by Revenson, Kayser, & Bodenmann in 2005, focussing on emerging perspectives on couples’ coping, the other by Falconier, Randall, & Bodenmann more recently in 2016, addressing intercultural aspects of dyadic coping in African, American, Asian and European couples. This eBook gives an insight into recent dyadic coping research in different areas and countries.

Problem Behavior and Normal Youth Development Jason Aronson

Stress, Appraisal, and CopingSpringer Publishing Company

The Denial of Stress SAGE
Fatigue can have a major impact on an individual's performance and well-being, yet is poorly understood, even within the scientific community. There is no developed theory of its origins or functions, and different types of fatigue (mental, physical, sleepiness) are routinely confused. The widespread interpretation of fatigue as a negative consequence of work may be true only for externally imposed goals; meaningful or self-initiated work is rarely tiring and often invigorating. In the first book dedicated to the systematic treatment of fatigue for over sixty years, Robert Hockey examines its many aspects - social history, neuroscience, energetics, exercise physiology, sleep and clinical implications - and develops a new motivational control theory, in which fatigue is treated as an emotion having a fundamental adaptive role in the management of goals. He then uses this new perspective to explore the role of fatigue in relation to individual motivation, working life and well-being.
Societies Under Threat Cambridge University Press
The only book currently available that focuses and multicultural, cross-cultural and international perspectives of stress and coping A very comprehensive resource book on the subject matter Contains many groundbreaking ideas and findings in stress and coping research Contributors are international scholars, both well-established authors as well as younger scholars with new ideas Appeals to managers, missionaries, and other professions which require working closely with people from other cultures
Rheumatology E-Book Routledge
When Oxford published Emotion and Adaptation, the landmark 1991 book on the psychology of emotion by internationally acclaimed stress and coping expert Richard Lazarus, Contemporary Psychology welcomed it as "a brightly shining star in the galaxy of such volumes." Psychiatrists, psychologists and researchers hailed it as a masterpiece, a major breakthrough in our understanding of the emotional process and its central role in our adaptation as individuals and as a species. What was still needed, however, was a book for general readers and health care practitioners that would dispel the myths still surrounding cultural beliefs about emotion and systematically explain the relevance of the new research to the emotional dramas of our everyday lives. Now, in Passion and Reason, Lazarus draws on his four decades of pioneering research to bring readers the first book to move beyond both clinical jargon and "feel-good" popular psychology to really explain, in plain, accessible language, how emotions are aroused, how they are managed, and how they critically shape our views of ourselves and the world around us. With his co-author writer Bernice Lazarus, Dr. Lazarus explores the latest findings on the short and long-term causes and effects of various emotions, including the often conflicting research on stress management and links between negative emotions and heart disease, cancer, and other aspects of physical and psychological health. Lazarus makes a strong case that contrary to common assumption, emotions are not irrational--our emotions and our analytical thought processes are inextricably linked. While not a "how-to" book, Passion and Reason does describe how readers can interpret what lies behind their own emotions and those of their families, friends, and co-workers, and how to manage them more effectively. Exploring fifteen emotions in depth, from love to jealousy, the authors show how the personal meaning we give to the events and conditions of our lives trigger such emotions as anger, anxiety, guilt, and pride. They provide fascinating vignettes to frame a "biography" of each emotion. Some are composite case histories drawn from Dr. Lazarus's long career, but most are stories of people the Lazaruses have known over the years--people whose emotional fears, conflicts, and desires mirror readers' own. The Lazaruses also offer a special chapter on the diverse strategies of coping people use in managing their emotions, and another, "When Coping Fails," on psychotherapy and its approaches to emotional stress and dysfunction, from traditional Freudian psychoanalysis to continuing research into relaxation techniques, meditation, hypnosis, and biofeedback. Packed with insight and compellingly readable, Passion and Reason will enrich all readers fascinated by our emotional lives.
Environment and Aging John Wiley & Sons
Downsizing, reorganization, global competition, and constantly changing technology are some of the sources for job stress in the US workforce. Here, 27 empirical studies present models for intervening both at the individual level and the organizational and policy level. They investigate topics including stress management training, the promotion of coping strategies among unemployed workers, post-traumatic stress, and policy and legislation issues such as workers' compensation claims. This is the third of three books derived from a 1992 national conference titled Stress in the '90s: A Changing Workforce in a Changing Workplace. Annotation copyright by Book News, Inc., Portland, OR
Work Life After Failure? Bantam
A student-friendly introduction to social work theories and methods, drawing on current social work research.

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