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*Deep Focus*

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## CARLEE NATHANIEL

### Young Hollywood Catapult

"There is absolutely no element of this collection of poems that I disliked. Each poem is vibrant and captivating, always sparking reflection and soul searching." - Maria Esposito, OnlineBookClub.org  
 Deep Focus is an intimate scrutiny of childhood and youth, husbands and lovers, illness and aging. The opposite of a confessional style, Loth's writing is crisp, objective, detailed, discreet. The intensity of revelation is modulated by a wealth of subject, including film noir, Egyptian architecture, the Amish, Lipizzan stallions. The collection culminates with reflections on nine classic painters whom the author loves. Because some of these poems are formatted in a new way, we recommend reading them in the paperback book, not in Kindle or a tablet, where some lines wrap around and do not appear as written.

[Space and Beyond](#) They Live A Novel Approach to Cinema

Read the Wall Street Journal Bestseller for "cultivating intense focus" for fast, powerful performance results for achieving success and true meaning in one's professional life (Adam Grant, author of Give and Take). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep—spending their days instead in a frantic blur of e-mail and social media, not even realizing there's a better way. In Deep Work, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media 4. Drain the

Shallows A mix of cultural criticism and actionable advice, Deep Work takes the reader on a journey through memorable stories—from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air—and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. Deep Work is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ

[Deep Focus](#) Greenwood Publishing Group

Satyajit Ray is acknowledged as one of the world's finest film-makers. His films changed the way the world looked at Indian cinema. But Ray was not only a film-maker. He was also a bestselling writer of novels and short stories, and possibly the only Indian film-maker who wrote prolifically on cinema. This book brings together, for the first time in one volume, some of his most cerebral writings on film. With the economy and precision that marked his films, Ray writes on the art and

craft of cinema, pens an ode to silent cinema, discusses the problems in adapting literary works to film, pays tributes to contemporaries like Godard and Uttam Kumar, and even gives us a peek into his experiences at film festivals, both as a jury member and as a contestant. Published in association with the Society for the Preservation of Satyajit Ray Films, and including fascinating photographs by and of the master, *Deep Focus* not only reveals Ray's engagement with cinema but also provides an invaluable insight into the mind of a genius.

[Reflection On Indian Cinema](#) Baker Academic

Rewire your brain by building a laser-focused mindset

[Practical Reiki](#) Tyndale House Publishers, Inc.

Oliver Tate roared into my life like wildfire. He was a blaze that consumed my soul and burned me to my very core, leaving only dusty embers in his wake. He was handsome and powerful, brilliant and masterful. He intoxicated me and thrilled me with his presence. He was Hollywood royalty, and gave me entrance to a world I'd only imagined in my dreams. But, all that glittered about him came with a price. As seductive as he was, Oliver was haunted by his past and consumed by his craving for power. He led me down a dangerous, emotional path, where love was the ultimate reward. If only I could cast aside my inhibitions and trust him completely... This is Book 1 in the Young Hollywood Series. Book 2 (Young Hollywood 2: Sleeper Hit) is available now, and Book 3 will be out in a few weeks! Book 2: <http://amzn.to/1QYgu2r> Young Hollywood: *Deep Focus* is a steamy contemporary New Adult romance series featuring a new college graduate heroine and a late-20s Billionaire Alpha Male. This book is a full-length novel."

[Empower Your Deep Focus: Win Over Distraction, Master Your Attention, and Train Your Brain to Improve Memory, Concentration, and Cognitive Skil](#) Harlequin

From the best-selling author of *The Wind-Up Bird Chronicle* and *After Dark*, a rich and revelatory memoir about writing and running, and the integral impact both have made on his life. In 1982, having sold his jazz bar to devote himself to writing, Haruki Murakami began running to keep fit. A year later, he'd completed a solo course from Athens to Marathon, and now, after dozens of such races, not to mention triathlons and a slew of critically acclaimed books, he reflects upon the influence the sport has had on his life and—even more important—on his writing. Equal parts training log, travelogue, and reminiscence, this revealing memoir covers his four-month preparation for the 2005 New York City Marathon and includes settings ranging from Tokyo's Jingu Gaien gardens, where he once shared the course with an Olympian, to the Charles River in Boston among young women who outpace him. Through this marvellous lens of sport emerges a cornucopia of memories and insights: the eureka moment when he decided to become a writer, his greatest triumphs and disappointments, his passion for vintage LPs, and the experience, after the age of fifty, of seeing his race times improve and then fall back. By turns funny and sobering, playful and philosophical, *What I Talk About When I Talk About Running* is both for fans of this masterful yet guardedly private writer and for the exploding population of athletes who find similar satisfaction in distance running.

*The Blissful Sleep, Greater Focus, Limitless Presence, and Deep Connection Awaiting Us All on the Other Side of Alcohol* Cambridge University Press

Satyajit Ray is acknowledged to be one of the world's finest film-makers. This book brings together some of his most cerebral writings on film. With the economy and precision that marked his films, Ray writes on the art and craft of cinema, pens an ode to silent cinema, discusses the problems in adapting literary works to film, pays tribute to contemporaries like Godard and Uttam Kumar, and even gives us a peek into his experiences at film festivals, both as a jury member and as a contestant. Including fascinating photographs by and of the master, *Deep Focus* not only reveals Ray's engagement with cinema but also provides an invaluable insight into the mind of a genius. *They Live* Univ of California Press

Although the exploration of space has long preoccupied authors and filmmakers, the development of an actual space program, discoveries about the true nature of space, and critical reconsiderations of America's frontier experiences have challenged and complicated conventional portrayals of humans in space. This volume reexamines the themes of space and the frontier in

science fiction in light of recent scientific and literary developments. Included are the observations of noted science fiction writers such as Arthur C. Clarke, Gregory Benford, James Gunn, and Jack Williamson, along with contributions from leading scholars in the field.

**Digital Minimalism** Harlequin

*Deep Focus* is a series of film books with a fresh approach. Take the smartest, liveliest writers in contemporary letters and let them loose on the most vital and popular corners of cinema history: midnight movies, the New Hollywood of the sixties and seventies, film noir, screwball comedies, international cult classics, and more. Passionate and idiosyncratic, each volume of *Deep Focus* is long-form criticism that's relentlessly provocative and entertaining. Christopher Sorrentino's examination of *Death Wish* is the second entry in the series. The fourth collabora.

[Source Processes of Three Complex Deep Focus Earthquakes](#) Penguin

Bazin's impact on film art, as theorist and critic, is considered to be greater than that of any single director, actor, or producer. He is credited with almost single-handedly establishing the study of film as an accepted intellectual pursuit, as well as with being the spiritual father of the French New Wave. *Bazin at Work* is the first English collection of disparate Bazin writings since the appearance of the second volume of *What Is Cinema?* in 1971. It includes work from Cahiers le cinema (which he founded and which is the most influential single critical periodical in the history of the cinema) and *Esprit*. He addresses filmmakers including Rossellini, Eisenstein, Pagnol, and Capra and well-known films including *La Strada*, *Citizen Kane*, *Scarface*, and *The Bridge on the River Kwai*.

*Sober Curious* Psychology Press

Scandal. Intrigue. Heat. Can you handle Hot Hollywood? Scarlett arrives in Hollywood with a screenplay and the dream of getting her script made into a movie. She pitches her idea all over town, but no one's biting. A chance meeting thrusts her into the lap of movie studio billionaire, Oliver Tate, the most powerful man in Hollywood. He is exquisitely handsome, seductive, and full of secrets. Oliver agrees to produce Scarlett's movie, but for a price. Will their love be the ultimate reward or the biggest mistake of her life? Compulsively readable, *Deep Focus* is an emotionally intense, sexy love story you won't want to miss. Scroll up and Buy It Now!

[Film and Theology in Dialogue](#) Createspace Independent Publishing Platform

Zöe is nervous and excited to begin her first year at the exclusive university tucked away in a tiny forest town. Her new boss, Dean, is a handsome older man with captivating blue eyes, and an understanding smile. Everyone comes to him for counsel, even the townsfolk down the hill, because Dean always knows exactly what they should do. At Dean's suggestion, it seems only natural that Zöe should submit to her classmate Trevor's commanding advances when he comes to Dean for grief counseling after a bad breakup. Why shouldn't they put on erotic plays for Counselor Dean whenever he pleases? It no big deal - they'll only forget again when they leave, to focus on more important things like school work. Only when Zöe is gifted with an ancient talisman that protects her from Dean's hypnotic gaze does she finally discover the horrible truth... (M/F, M/F/M)

[Deep focus](#) Createspace Independent Publishing Platform

Fifty theoretical essays by distinctively original and influential film critics and filmmakers are grouped in categories having to do with general considerations, structuralism-semiology, political factors, genre, feminism, auteur theory, and mise-en-scene

**A Book of Poems** Routledge

Would life be better without alcohol? It's the nagging question more and more of us are finding harder to ignore, whether we have a "problem" with alcohol or not. After all, we yoga. We green juice. We meditate. We self-care. And yet, come the end of a long work day, the start of a weekend, an awkward social situation, we drink. One glass of wine turns into two turns into a bottle. In the face of how we care for ourselves otherwise, it's hard to avoid how alcohol really makes us feel... terrible. How different would our lives be if we stopped drinking on autopilot? If we stopped drinking altogether? Really different, it turns out. Really better. Frank, funny, and always judgment free, *Sober Curious* is a bold guide to choosing to live hangover-free, from Ruby Warrington, one of the leading voices of the new sobriety movement. Drawing on research, expert interviews, and personal narrative, *Sober Curious* is a radical take down of the myths that keep so

many of us drinking. Inspiring, timely, and blame free, *Sober Curious* is both conversation starter and handbook—essential reading that empowers readers to transform their relationship with alcohol, so we can lead our most fulfilling lives.

[Devotions for Living the Word](#) Vintage Canada

"Forbidden City, USA: Chinatown Nightclubs, 1936-1970" captures the magic and glamour of the Chinese American nightclub scene, which peaked in San Francisco during World War II. Previously unpublished personal stories, along with over four hundred stunning images and rare artifacts, are presented in this sexy and insightful chronicle of Asian American performers who defied racial and cultural barriers to pursue their showbiz dreams. It was the mid-1930s: Prohibition was repealed and the Great Depression was waning. With a global conflict on the rise, people were out to drink, dine, dance, and see a show to forget their woes—and what a surprise for the world to behold an emerging generation of Chinese American entertainers commanding the stage in their own nightclubs. "Forbidden City, USA: Chinatown Nightclubs, 1936-1970" reveals the sassy, daring, and sometimes heartbreaking memories of the dancers, singers, and producers who lived this story, and it weaves in a fascinating collection of photos, postcards, menus, programs, and yes, even souvenir chopsticks. Together they recreate a forgotten era, treating readers to a dazzling night on the town. "Forbidden City, USA: Chinatown Nightclubs, 1936-1970" is the culmination of filmmaker and writer Arthur Dong's nearly thirty-year devotion to the topic, originally inspired by the author's research for his documentary of the same name. "Forbidden City, USA: Chinatown Nightclubs, 1936-1970" was previously published in paperback under the title: "Fobidden City, USA: Chinese American Nightclubs, 1936-1970."

[Deep Focus](#) HarperCollins

Her rebound resolution This is so not the romantic vacation she planned! Instead of a let's-rekindle-this-relationship getaway, PR rep Melanie Ambrose is en route to Cancún with a Dear Jane letter and Hunter Ryan, her smoking-hot new bodyguard. To make matters worse, there's only one available room at the hotel she booked...with one bed! The truth is, Melanie has been so career-focused that she's ignored what she wants. And faced with sun, sand and an incredibly sexy companion, a deliciously hot and naughty fling seems the exact thing to help her reset her focus. But as the days pass, Melanie wants to change their arrangement so this doesn't end when they get back on the plane...

[Deep focus](#) Deep Focus

Action, adventure, and mystery abound when filmmakers attempt to shoot a movie in paradise... and everything goes wrong.

**Cinema Studies** Harper

What's your damage? In 1989, Michael Lehmann's black comedy *Heathers* drew a line in the sand, rebuffing the sweetness and optimism of John Hughes' more popular fare with darkness and death. Launching the careers of Winona Ryder and Christian Slater, *Heathers* became a cult classic, ranking #5 on Entertainment Weekly's list of the 50 Best High School Movies and inspiring hoards of teen films that vastly overshadow its fame but lack its acid wit, moral complexity, and undeniable emotional punch. For the latest installment of *Deep Focus*, John Ross Bowie blends captivating memoir with astute analysis, tracing the rebel-teen mythology that links *Columbine*, heavy metal, and *The Catcher in the Rye*. With help from Lehmann, screenwriter Daniel Waters, and members of the cast, Bowie thoroughly unpacks the film's peculiar resonance. Brilliant riffs on the etymology of its teen slang, the implications of its title, and its visual debt to Stanley Kubrick show how *Heathers*—for all its audacious absurdity—speaks volumes about the realities of high school and of life itself.

[Reel Spirituality](#) HarperCollins

A comprehensive, topical, historical, and geographical summary of deep earthquakes and related phenomena.

[Deep Focus](#) Routledge

Guides the serious Christian moviegoer into theological conversation with the movies. This second edition cites an additional 200 movies and includes new film photos.

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