

A Theory Of Self Esteem

CHAPTER 8 SELF-ESTEEM

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esteem global self-esteem or trait self-esteem, as it is relatively enduring, both across time and situations. CHAPTER 8 SELF-ESTEEM While most research examines self-esteem in terms of self-worth, we suggest three dimensions of self-esteem: worth-based, efficacy-based, and authenticity-based esteem. Each of these dimensions is...

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