

Suicide In Adolescence

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Treating Depressed and Suicidal Adolescents Jessica Kingsley Publishers

Even the most skilled therapist may underestimate suicide potential. Careful assessment and competent psychiatric intervention cannot always predict the suicidality of a particular person. Adolescent Suicide (GAP Report 140) presents techniques that allow psychiatrists and all those caring for the health and welfare of adolescents to respond to signals of distress with timely therapeutic intervention. It also suggests measures of anticipatory prevention. Adolescent Suicide presents an overview of adolescent suicidal behavior. It explores risk factors, the identification and evaluation of the suicidal adolescent, and approaches to therapy. It offers both historical and cross-cultural perspectives, the relevance of suicide to adolescent development, mental health training needs regarding suicidality, and related issues such as public health policies and medicolegal concerns. The risk of suicide presents a unique crisis in adolescent development. For this reason, all mental health professionals will find this report an indispensable tool in the treatment of adolescents at risk for suicide. Drawing from years of combined experience, this committee has applied its expertise on adolescent development to the sobering problem of suicide.

Suicidal Children and Adolescents Guilford Press

First published in 1988. Routledge is an imprint of Taylor & Francis, an informa company.

[Hello Cruel World](#) John Wiley & Sons

Though the reduction of suicide-related deaths has been a national priority for over a decade (U.S. Department of Health and Human Services, 2001) and over \$22 million per year (National Institutes of Health, 2015) have been invested to prevent suicide, rates of suicide have not declined (CDC, 2012). In fact, for some groups of adolescents, these rates seem to be on the rise (Wasserman, Cheng, & Jiang, 2005). The ineffectiveness in reducing deaths by suicide despite increased funding and coordinated efforts suggests the need for a new perspective on examining why and how adolescents begin to desire and attempt suicide and how to stop new attempts from occurring. Using an individual-level system dynamics model (Forrester, 1994; Sterman, 2000), this study answers the following research questions: 1. Is there a feedback relationship governing the experience of suicide attempts for adolescents into adulthood? 2. What types of interventions can be used to decrease suicidality across the lifespan? The goal of this study was to understand whether Thomas Joiners interpersonal theory of suicide (IPTS) (Joiner, 2005; Van Orden et al., 2010), when mathematically defined as a system dynamics model, could accurately simulate and predict suicide attempts across time. The model was specified with nationally representative data from the National Longitudinal Survey for Adolescent and Adult Health (Add Health) and tested for applicability in understanding differences in suicide attempts by gender and racial subgroups. Modifications to the structure of the model were made leading to a modified theory, the developmental systems model of the interpersonal theory of suicide. Results from experiments on the developmental systems model of IPTS suggest that reducing the duration of depression or increasing the time it takes to build capability to attempt suicide for adolescents can minimize attempts across adolescence and adulthood. Implications for research, policy, and practice are outlined, with an emphasis on future directions for suicide research.

Child and Adolescent Suicide Springer Science & Business Media

This title was first published in 2002: Why are rates of suicidal behaviour in Chinese adolescents so high? What factors in school, community, family and interpersonal relationships cause this tragedy? Using key new research from leading researchers and social workers with first hand knowledge of these problems in Hong Kong, this enthralling study examines those most at risk and signposts the most effective interventions in therapy and strategic prevention programmes. The result is a highly original and readable account which will be compulsive reading for social workers and academics

around the world.

Depression and Attempted Suicide in Adolescence Guilford Publications

My brother took his own life on his thirtieth birthday. My life has never been the same. Thirty plus years after publishing the first edition of *Dead Serious*, this second completely revised and updated edition covers new ground: bullying, social media, LGBTQ teens, suicide prevention programs, and more. Scores of teens share their stories that are often filled with hurt, disappointment, shame—yet often hope. Written for teens, adults and educators, *Dead Serious: Breaking the Cycle of Teen Suicide* explores the current cultural and social landscape and how the pressure-filled lives of teens today can lead to anxiety, depression—suicide. Leder's own journey of discovery after her brother's suicide informs her goal of helping to prevent teen suicide by empowering teens who are suffering and teens who can serve as peer leaders and connectors to trusted adults. The skyrocketing number of teens who take their own lives makes *Dead Serious: Breaking the Cycle of Teen Suicide* more relevant and important than ever. "Talking about suicide does not make matters worse. What makes matters worse is not talking."

Suicide in Adolescence Routledge

Each year, approximately 15% of Latina adolescents in the United States attempt suicide (Center for Disease Control [CDC], 2012). Rates of suicide attempts among Latina adolescents have been historically higher than those of their non-Latina counterparts (CDC, 1996, 2000, 2002, 2004, 2006, 2008, 2010, 2012; Substance Abuse and Mental Health Services Administration [SAMHSA], 2003). Familial, cultural and developmental issues have been cited as critical aspects to understand Latina adolescents' suicidal behavior (Zayas, Lester, Cabassa, & Fortuna, 2005). Prior research explaining the high incidence of suicide attempts among Latina teens has focused primarily on familial processes and parent-daughter conflicts (Gulbas, Nolle, Hausmann-Stabile, Kuhlberg, Peña ... Baumann, 2011; Peña, Kuhlberg, Zayas, Bauman, Gulbas ... Nolle, 2011; Zayas, Gulbas, Fedoravicius, & Cabassa, 2010; Zayas, Hausmann-Stabile & Kuhlberg, 2011), and on Latino cultural values that shape the girls' suicidal behavior (Nolle, Gulbas, Kuhlberg, & Zayas, 2012; Zayas & Gulbas, 2012). Although this literature has increased the understanding of this phenomenon, it has not differentiated Latina adolescent suicide attempters from non-attempters. Thus, the question of why so many Latina teens attempt suicide remains unanswered. Acculturation and development have been suggested to be at the core of the adaptation problems of Latina adolescents (Cervantes & Cordova, 2011), and acculturation is a hypothesized precursor of some of their behavioral and mental health problems (De la Rosa, 2002; Gonzales, Knight, Morgan-Lopez, Saenz, & Sirilli, 2002; Rogler, Cortes, & Malgady, 1991). Even though adolescent development and acculturation are hypothesized to be related to the suicide attempts of Latina adolescents (Zayas et al., 2005), the process by which these factors impact suicidal behavior has not been empirically explored. This research project is focused on understanding the role played by adolescent development and acculturation in Latina teens' suicide attempts, illustrating this process and their integration, and the role they play in the girls' suicidal behavior. The conceptual model informing this project is anchored in minority youth development theories suggesting that in addition to the normative developmental challenges that all adolescents face, children of immigrant backgrounds must acculturate to the host society (Phinney, 1990; Smolowski & Bacallao, 2011). This has led researchers (Sam, 2006; Sam & Oppendal, 2003) to theorize that children of immigrant backgrounds' development and acculturation in fact constitute parts of one interdependent process and should be studied simultaneously. Ideally, the study of Latina adolescent suicide attempters' developmental and cultural processes calls for longitudinal research. However, longitudinal studies with suicidal participants are challenging due to the difficulties in engaging and retaining this population (Gibbons, Stirman, Brown, & Beck, 2010). This dissertation attempts a novel solution to this problem by applying an innovative approach used previously in quantitative surveys that compares the personal narratives of teens with and without a history of suicide attempts over time using cross-sectional data. Participants are grouped by age in

statistically matched cohorts (early adolescence, middle adolescence, late adolescence), presumably allowing for the analyses of the process of change over time across cohorts. To date, this is the first known attempt to apply this approach to qualitative data. This dissertation is an exploratory secondary analysis of 55 in-depth interviews of adolescent Latinas between the ages of 11 and 19 who attempted suicide compared to 49 interviews of Latina adolescents without a history of suicide attempts. Data for this dissertation were collected between 2005 and 2009 via a grant from the National Institute of Mental Health R01 MH070689 (Zayas, PI). This secondary analysis goes beyond the original grant's aims by shifting the analytic focus from interpersonal dynamics to intrapersonal developmental and acculturation processes, and their relationship to the girls' suicide attempts. By increasing our understanding of the role played by adolescent developmental and acculturative factors on Latinas' suicidal behavior, this dissertation responds to calls by the United Nations (1996), the World Health Organization (2012), the Surgeon General (U.S. Department of Health and Human Services [DHHS], 2012), and by the Healthy People 2020 program (DHHS, 2010) to develop research that can help reduce suicide attempts. In addition, it responds to the calls from scientists who ask for theoretical models that integrate the developmental and acculturation changes that children of immigrant backgrounds undergo during adolescence (Garcia Coll & Magnuson, 1997; Laosa, 1997; Sam, 2006; Sam & Oppedal, 2003).

Facing it Out International Universities Press Inc

This book highlights the current epidemiology of suicide among children and adolescents, as well as identifying important risk factors and evidence-based treatment options. To accomplish this, this book is organized into two major sections: (1) contributing factors to the emergence of child and adolescent suicide, and (2) evidence-based treatment of child and adolescent suicide. Across studies, researchers discuss risk factors of anxiety, sleep problems, child sexual abuse, and violence perpetration, and conclude with treatment considerations including the Collaborative Assessment and Management of Suicidality (CAMS) and safety planning. From this body of work, it is clear that there is an urgent need to better understand and effectively treat child and adolescent suicide. The book will be a great resource for academics, researchers, and advanced students of Psychology, Psychiatry, Medicine, Sociology, Social Work and Youth Studies. The chapters in this book were originally published as a special issue of *Children's Health Care*.

Suicide Attempts from Adolescence Into Young Adulthood Publish, Inc.

First published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

Dead Serious Seven Stories Press

First published in 1987. Routledge is an imprint of Taylor & Francis, an informa company.

Teens Talk About Suicide, Death, and Grieving Guilford Press

As our knowledge of the change and turmoil of adolescence grows, so the number of issues on which psychotherapeutic techniques can shed light increases: this monograph focuses on one of the most urgent. It provides not only practical insights into dealing with suicidal or potentially suicidal adolescents - with an emphasis on prevention of the problem as early as possible - but also a model of the way in which adolescents may find themselves becoming suicidal. Suicide attempts are rare in childhood; they are generally triggered after puberty by the adolescent's reaction to changes in his newly sexually mature body. It is the body that is perceived as the enemy, and sometimes the death of the body seems the only recourse. The adolescent who actually attempts to kill himself no longer doubts his actions or his solutions on his mental creations. At the time of his decision to kill himself, he is taken over by his need for peace more than by the fact of his own death.

Suicide in Children and Adolescents Routledge

Celebrated transsexual trailblazer Kate Bornstein has, with more humor and spunk than any other, ushered us into a world of limitless possibility through a daring re-envisionment of the gender system as we know it. Here, Bornstein bravely and wittily shares personal and unorthodox methods of survival in an often cruel world. A one-of-a-kind guide to staying alive outside the box, *Hello, Cruel World* is a much-needed unconventional approach to life for those who want to stay on the edge, but alive. *Hello, Cruel World* features a catalog of 101 alternatives to suicide that range from the playful (moisturize!), to the irreverent (shatter some family values), to the highly controversial. Designed to encourage readers to give themselves permission to unleash their hearts' harmless desires, the book has only one directive: "Don't be mean." It is this guiding principle that brings its reader on a self-validating journey, which forges wholly new paths toward a resounding decision to choose life. Tenderly intimate and unapologetically edgy, Kate Bornstein is the radical role model, the affectionate best friend, and the guiding mentor all in one.

Suicide in Children and Adolescents Routledge

As a teenager, DeQuincy Lezine nearly ended his own life, believing it was the only way to escape the emotional pain that was overwhelming him. Instead, Lezine was able to find expert psychiatric care, and went on to found the first university campus-based chapter of the Suicide Prevention Action Network USA. Now a researcher at the University of Rochester's Center for the Study and Prevention of Suicide, Lezine has devoted his life to preventing suicide in adolescents, and he brings the wealth of his personal and professional experience to bear in *Eight Stories Up*. He starts by describing his deteriorating state of mind in college, using his own email archive to retell the episode that would nearly claim his life. He then offers hard-earned wisdom and practical advice to other young people who may be considering suicide. In straightforword, easy-to-understand language, and drawing on the psychiatric expertise of David Brent, MD, Lezine discusses the potential causes of suicide in adolescents, how to seek psychiatric treatment, and how to get the most out of professional help. He also surveys some of the therapies used to prevent suicide, how to talk to loved ones about suicidal thoughts, and how to stay healthy at home and at school. The result is both a remarkable memoir and a useful guide that will ease the isolation and hopelessness caused by thoughts of suicide, helping young people to overcome their troubles in a safe and healthy way. Part of the Adolescent Mental Health Initiative series of books written specifically for

teens and young adults, *Eight Stories Up* offers hope to young people who are at risk of suicide, extending a lifeline of support and guidance that can save their lives.

Depression and Attempted Suicide in Adolescents Cambridge University Press

Filling a tremendous need, this highly practical book adapts the proven techniques of dialectical behavior therapy (DBT) to treatment of multiproblem adolescents at highest risk for suicidal behavior and self-injury. The authors are master clinicians who take the reader step by step through understanding and assessing severe emotional dysregulation in teens and implementing individual, family, and group-based interventions. Insightful guidance on everything from orientation to termination is enlivened by case illustrations and sample dialogues. Appendices feature 30 mindfulness exercises as well as lecture notes and 12 reproducible handouts for "Walking the Middle Path," a DBT skills training module for adolescents and their families. Purchasers get access to a Web page where they can download and print these handouts and several other tools from the book in a convenient 8 1/2" x 11" size. See also Rathus and Miller's *DBT? Skills Manual for Adolescents*, packed with tools for implementing DBT skills training with adolescents with a wide range of problems.ÿ

Evaluating and Treating Adolescent Suicide Attempters Routledge

A Parent's Guide for Suicidal and Depressed Teens

A Parent's Guide for Suicidal and Depressed Teens American Psychiatric Pub

Measuring Suicidal Behavior and Risk in Children and Adolescents offers practitioners and researchers practical, up-to-date information on a wide range of instruments used to evaluate suicidal behaviors in children and adolescents. In this critical and comprehensive reference book, the author first describes conceptual, definitional, and psychometric issues important in evaluating and comparing various assessment instruments and then focuses on available instruments that can be used for screening purposes or as adjuncts in detecting, describing, or estimating the risk of suicidal behavior. Among the types of instruments reviewed are psychiatric diagnostic interviews, self-report inventories, and survey screening items developed for several specific populations such as Native American youths, runaway and homeless youths, and gay, lesbian, and bisexual youths. The author also discusses clinical considerations in the choice of instruments and offers a set of decision rules to help readers choose those instruments that meet their specific needs.

The Suicidal Adolescent Routledge

In an epoch when rates of death and illness among the young have steadily decreased in the face of medical progress, the persistently high rates of youth suicide and suicide attempts around the world remain a tragic irony and a challenge to both our clinical practice and theoretical understanding.

How can these deaths be prevented? Can they be anticipated? Are there perceptible patterns of risk and vulnerability? What role do families, gender, culture, and biology play? What are the treatments for and outcomes of suicide attempters? To address these questions, experts from around the world in all areas of psychiatry, from epidemiology, neurobiology, genetics and psychotherapy, have brought together their current findings in *Suicide in Children and Adolescents*.

Suicide Among Gifted Children and Adolescents The Rosen Publishing Group, Inc

Self-harm in adolescence and late teens is known to be increasing, though it is difficult to detect and inconsistently recorded. This thorough, practical and evidence-based book provides guidance for professionals and parents caring for children and young people at risk of self-harm and suicide.

Claudine Fox and Keith Hawton discuss risk factors for self-harm, including depression, substance abuse and antisocial behaviour, and critically examine key screening instruments that can be used to assess risk. They describe how suicidal behaviour can be managed and prevented, and look at the effectiveness of aftercare treatment for those who self-harm, including school-based suicide-prevention programs and family therapy. Also addressed are common myths about self-harm and the problem of varying definitions in this field. *Deliberate Self-Harm in Adolescence* clearly summarizes and evaluates current research into suicidal behaviour - it is essential reading for social workers, mental health professionals, GPs, teachers and parents.

Suicide in Adolescence CRC Press

"Research and clinical experience suggest that issues related to suicide and depression in adolescence can negatively affect interpersonal relationships, including romantic relationships, in later life. To date, few large-scale studies have followed adolescents into early adulthood to examine relationship outcomes. To address this gap, Child Trends analyzed data from heterosexual young adults participating in Add Health (the National Longitudinal Study of Adolescent Health). The sample consisted of young adults who were ages 12 to 17 during Wave I of the Add Health survey, had reported having been in sexual relationships with members of the opposite sex at Wave III, and had participated in all three waves of the survey. We relied on adolescents' self-reports of moderate-to-severe depressive symptoms and suicidal thoughts or attempts. Unhealthy relationship outcomes of interest included the presence of infidelity and the presence of violence, in each case by either the respondent or their partner."--Page [1].

Suicide Among Children, Adolescents, and Students, 1980-1984 Suicide in Adolescence

Losing a loved one is devastating at any age, but it can be especially trying for those going through the changes that adolescence brings. These engrossing stories offer first-person narratives of young adults coping with the death of someone close to them. As these teens work through their grief, they find strength within themselves while they struggle to move on from these tragedies. One teen finds solace in writing, while another deals with his loss by focusing on how precious life can be. Told in unflinching prose, this book offers comfort to teens going through this wrenching process.

Dialectical Behavior Therapy with Suicidal Adolescents Macmillan Publishing Company

Provides practitioners with a description of depression, an explanation of factors that contribute to mood disorders and guidance on assessment and treatment in adolescence. It includes a framework for the assessment and management of adolescents who have threatened or attempted suicide.

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